

MARCH 2023 COURSES

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MONDAY

Chair Yoga

Instructor: Nutan Ahuja

Day: Monday **Format:** Online

Date: 3/11/2024 - 3/25/2024

Time: 10:00 AM - 11:00 AM

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace. These classes are a GREAT entry point for students OF ALL AGES AND ALL LEVELS.

Music of the Seasons: Spring

Instructor: Judith Costello

Day: Monday **Format:** Online

Date: 3/4/2024 - 3/25/2024

Time: 1:30 PM - 3:00 PM

Welcome the beauty and new life of the Vernal Equinox through music. Drawing from a dozen countries over five centuries — from the concert hall, the theatre stage, and the jazz club — this short course offers a variety of musical selections designed to celebrate the heady promise of the season.

TUESDAY

The American Civil War West of Mississippi River

Instructor: Charles Richards

Day: Tuesday **Format:** Hyflex

Date: 3/5/2024 - 3/26/2024

Time: 10:00 AM - 11:00 AM

This course will study the major campaigns and battles of the American Civil War in the large geographical area west of the Mississippi River. Civil War military history tends to focus almost exclusively on campaigns and battles east of the Mississippi River. Yet the Confederacy also included a vast region west of the Mississippi. The Confederate Trans-Mississippi Department encompassed approximately 600,000 square miles of territory, hundreds of miles of coastline on the Gulf of Mexico, and a long land border with the nation of Mexico. Of a total white population in the Confederacy of 6.51 million, approximately 2.1 million of them, nearly 33 percent, lived in the Trans-Mississippi. Although poor in infrastructure, the Trans-Mississippi was rich in natural resources, including cotton, sugar, grain, beef, salt, and gold. There were over 130 named Civil War battles and skirmishes fought west of the Mississippi, from the earliest days of the war until the bitter end of fighting. Although usually involving smaller numbers of combatants than battles east of the Mississippi, battles in the Trans-Mississippi were important strategically and politically. Understanding the importance of these battles, when, where and why they were fought, and their outcomes, provides insight not just into the course of the Civil War, but also into the social and political fabric of the contemporary southwestern states of our nation.

Queen Victoria: Up Close and Personal

Instructor: Peter Edward Campos

Day: Tuesday **Format:** Hyflex

Date: 3/12/2024 - 4/2/2024

Time: 11:30 AM - 1:00 PM

Until Queen Elizabeth II, her great-great-grandmother Victoria was the longest reigning monarch in British history. But what was Victoria like? How did this barely adult young woman arise to the pinnacle of British power? What were her greatest challenges and how did she overcome them if she did? Who were the major influences in her life? We will examine these and other questions in four phases of Victoria's life: Before she became Queen; as a young Queen; as a married Queen; and as a widowed Queen and Empress. We will look at

her relationships with strong male figures who held her in thrall; her views about women and class; and how she struggled to balance her roles as Queen, a reluctant mother, and a devoted wife. This course will focus on Victoria the person, not the Victorian era or associated domestic or international events, except those that did affect the Queen personally.

Random Writing

Instructor: Susan Soper

Day: Tuesday **Format:** Online

Date: 3/5/2024 - 3/26/2024

Time: 1:30 PM - 3:00 PM

Stretch your skills by tackling a variety of assignments: fiction, nonfiction, reporting, memoir, profile, interviewing, a nature piece and more. Assignments will be given weekly to be read in class the following week. Deadlines and word count are in play!

Researching the American Civil War

Instructor: Michael K. Shaffer

Day: Tuesday **Format:** Online

Date: 3/5/2024 - 3/26/2024

Time: 1:30 PM - 3:00 PM

When beginning to research the American Civil War, one can face a daunting task if unsure of the various sources available - both primary and secondary accounts - and how to use them. During this course, we will explore basic research methods; investigate memoirs, regimental histories, and auto-biographies; and look at the websites offering information ranging from period newspapers to soldier service records.

WEDNESDAY

Band of Brothers

Instructor: COL (Ret) Larry Saul

Day: Wednesday **Format:** Classroom

Date: 2/22/2024 - 3/21/2024

Time: 10 AM - 1:00 PM

June 6, 1944, was one of the most monumental days of the 20th century. After five years of war, and four years of German occupation of France, the Allies finally take the war to the European continent. D-Day was perhaps the most significant military undertaking, ever - the largest amphibious and airborne operation launched, heretofore. In this 5-session, 15-hour course we will focus on the American portion of that day. We will take an in-depth look at the US operations, beginning with the airborne landings by the 82nd and 101st Airborne

Divisions. Additionally, Utah and Omaha Beaches and the daring assault by the Rangers, scaling the cliffs of Pointe du Hoc are examined in detail. From the highest-ranking generals to the youngest draftee private, we will meet the soldiers, sailors, and airmen who were the heroes of the day.

Don't Hate. Collaborate!

Instructor: Fred Glassman

Day: Wednesday **Format:** Classroom

Date: 3/6/2024 - 3/27/2024

Time: 9:30 AM - 11:00 AM

This course will open your eyes to a new and less stressful state-of-the-art method for settling disputes you, or your relatives and friends, may have encountered. Reflect upon arguing over a common fence with your neighbor; or disagreeing with the terms for buying or selling a house; or the planning or breakup of a marriage; or about snags in a business transaction; or children fighting over the estate of their deceased parent; or even co-workers not getting along with the supervisor. The course is designed to inform and educate you about collaborative law, the latest consensual way to resolve such disputes. We will explore how collaborative law differs from litigation, arbitration and mediation, the more commonly known process options. The course will demonstrate the re-defined roles for attorneys, financial advisors, mental health professionals, and other experts as needed, who form interdisciplinary teams to guide people through controlling their own destiny while at the same time respecting the competing interests of the other party.

19th Century America: The Century that Defined our Nation

Instructor: Wendy Venet

Day: Wednesday **Format:** Hyflex

Date: 3/6/2024 - 3/27/2024

Time: 10:00 AM - 11:00 AM

This course considers significant changes in America from 1800-1900 that transformed our country politically, economically, and socially. Themes include the evolution of the political party system, the growth in power and prestige of the presidency, the development of the market economy, the impact of wars, and major social changes that led to a more pluralistic society. Each class will be framed chronologically around four major turning points which show the development of the nation we know today.

Chair Yoga and Resistance Bands

Instructor: Nutan Ahuja

Day: Wednesday **Format:** Online

Date: 3/6/2024 - 3/27/2024

Time: 10:00 AM - 11:00 AM

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes wellbeing through breathing correctly and stretching in ways that will open up your body on the path to peace. Resistance bands, help to do any type of strength training without the need for heavy weights. These bands engage multiple muscles simultaneously, so your entire body gets a workout in a short period of time. These classes are a great entry point for students of all ages and all levels.

Two Great American Plays

Instructor: Jim Mengert

Day: Wednesday **Format:** Hyflex

Date: 3/6/2024 - 3/27/2024

Time: 11:30 AM - 12:30 PM

In the 1940's, American drama reached the level of literature and could claim to have at last joined the company of the likes of Sophocles and Shakespeare. Two of those plays who can make that claim were Tennessee Williams' "Streetcar Named Desire" and Eugene O'Neill's "Long Day's Journey Into Night." Both plays, in remarkably different ways, treat similar themes--about family, the past, and America in transition. Each opened new vistas for actors and for playwrights--and created higher expectations for audiences.

Senior Singles - Advanced Class

Instructor: Gillian Royes

Day: Wednesday **Format:** Classroom

Date: 3/6/2024 - 3/27/2024

Time: 11:30 AM - 12:30 PM

Based loosely on Dr. John Gray's famous book 'Men are from Mars and Women are from Venus,' this four-week class will go through the stages of senior dating. (Class 1) Stage One: Introduction and Research. (Class 2) Stage Two: Uncertainty and Decision-Making. (Class 3) Stage Three: Exclusivity and Meeting the Families. (Class 4) Stage Four: Commitment and Investment

The Irrational and More

Instructor: Shai Robkin

Day: Wednesday **Format:** Hyflex

Date: 3/6/2024 - 3/27/2024

Time: 11:30 AM - 12:30 PM

This course explores many of the ideas featured in the new NBC show (also available for free on Peacock) "The Irrational." We will also examine some of the new and emerging research into the underlying forces, many unknown to our conscious minds, which drive individual and collective societal behaviors, focusing on the work of behavioral economists, social psychologists and neuroscientists. Where applicable, we'll see what behavioral scientists have to say about some of the most important and often divisive issues of the day and their possible implications for public policy.

A Place to Call Home: A Survey of British Royal Residences

Instructor: Michael McDavid

Day: Wednesday **Format:** Hyflex

Date: 3/6/2024 - 3/27/2024

Time: 1:30 PM - 3:00 PM

From the days of William the Conqueror the British monarchs have been avid builders. Over the centuries they constructed many different residences for their courts. Most were in or around London until the 19th century. Over time these castles, palaces, and houses became ever more grand, reflecting both the fortunes of the builder and the nation. In this 4-week course we will survey some of the more memorable and historically significant of these seats of royal power. After a survey of the older residences, we will focus on those still in use today, like Windsor Castle, Kensington Palace, Holyrood House, Balmoral, and Hampton Court. In addition to the historical background, the course will focus on the architecture, contents, and ways the current royals use their various "homes" today.

THURSDAY

[The Power of the Pen: Persian Drawings 1300-1700](#)

Instructor: Bill Fletcher

Day: Thursday **Format:** Classroom

Date: 3/7/2024 – 3/28/2024

Time: 10:00 AM - 11:00 AM

This course serves as a valuable addition to the diverse range of courses on Persian miniature painting, and it's important to note that prior experience in any previous class is not required. Persian miniature painting is a traditional and highly detailed art form that originated in Persia (modern-day Iran) during the medieval period, particularly flourishing from the 13th to the 17th centuries. It is characterized by intricate, small-scale illustrations that often depict scenes from literature, poetry, religious texts, and historical events. Drawing forms, the foundation for all Persian miniature paintings. As one collector aptly puts it, "For the cognoscenti, the elegance of the line compensated for the lack of color; as princes and royal patrons delved into painting, the ink drawing became a prized genre." Many of these intricate drawings were compiled into opulent albums and meticulously framed alongside even more elaborate drawings. These drawings not only differed in style but also featured subjects not commonly found in painting. Moreover, drawing played a pivotal role in the decorative elements of various genres, including carpets, ceramics, metalwork, and book covers.

[Exploring The Mystique of the Southern Short Story](#)

Instructor: Jill and Bert Parks

Day: Thursday **Format:** Hyflex

Date: 2/29/2024 - 4/4/2024

Time: 10:30 AM - 11:45 AM

"Alas, for the South! Her hooks have grown fewer-She never was much given to literature". These words from HL Mencken's famous 1917 essay, "Sahara of the Bozart", are among the most famous lines written about the South in this century. He did see some redeeming qualities in the old South but since the Civil War the culture of the South seemed to have dried up completely. So how do you account for the fact that the South is the most fertile, productive home of the best stories that have been written in the United States? This class will look at the literary heritage of the South through the short story. Its history is one of violence, disenfranchisement and struggle dating back centuries, but it also shows the resilience of the human spirit. We will read and discuss selected stories and look at what is about Southern history that produced writers such as Faulkner, Eudora Welty, Flannery O'Connor, Katherine Anne Porter, Carson McCullers, Zora Neale Hurston and others. Stories will be available on the internet or on YouTube. They can also be found in many anthologies.

[Notable American Cemeteries](#)

Instructor: John Bayne

Day: Thursday **Format:** Online

Date: 3/7/2024 - 3/28/2024

Time: 2:00 PM - 3:00 PM

This short course will present the stories of selected cemeteries. They include Mount Auburn in Cambridge, Massachusetts, the first rural or garden cemetery; Forest Lawn in Glendale, California, the first "memorial park," and the inspiration for Evelyn Waugh's novel "The Loved One," and of course Atlanta's own historic cemeteries such as Oakland, Westview, South-View, and Greenwood.

ONE DAY COURSES/EVENTS

Defensive Driving Course: National Safety Council

Instructor: Jim Spano

Day: Friday **Format:** Classroom

Date: 3/15/2024 - 3/15/2024

Time: 9:30 AM - 2:00 PM

NSC Defensive Driving Courses teach drivers how to recognize and react to immediate and potential hazardous driving situations and conditions. Our instructor-led, classroom courses provide collision prevention strategies and defensive driving techniques that focus on behavior, judgement, decision making and consequences.

Bewitched but not Bothered nor Bewildered!

Instructor: William R Allen

Day: Tuesday **Format:** Hyflex

Date: 3/19/2024 - 3/19/2024

Time: 11:30 AM - 1:00 PM

Similar to our recent course on "Oh! What a Beautiful Morning," we will study another American Songbook classic sung in a quite different vein, Rodgers & Hart's "Bewitched, Bothered, and Bewildered" introduced in the 1940 Broadway musical PAL JOEY and featured in the 1957 Hollywood film of the same name. We will look at its lyrical and thematic content and important recording history. We will also discuss its cultural and social aspects and some possible contemporary criticism. If you join us, we think you will be musically bewitched and not culturally bothered nor intellectually bewildered.

Alliance Theatre Performance: A Tale of Two Cities.

Day: Sunday **Format:** Off-Site

Date: 3/17/2024 - 3/17/2024

Time: 2:30 PM - 4:00 PM

Join fellow OLLI members for an enchanting theatrical experience at the Alliance Theater!

We invite you to register for a special performance of "A Tale of Two Cities," written by Charles Dickens, on Sunday, March 17th, at 2:30 PM. Immerse yourself in the captivating narrative and vibrant atmosphere as we come together to enjoy this timeless classic.

Lesser-Known Paris

Instructor: Howard Cohen

Day: Monday **Format:** Hyflex

Date: 3/25/2024 - 3/25/2024

Time: 11:30 AM - 1:00 PM

Discover the hidden treasures of Paris. Explore an atelier-turned-museum dedicated to a significant Modernist sculptor (not Rodin), a unique museum nestled within the Louvre yet distinct from its main galleries. Wander through a landscaped elevated walkway adorned with artist workshops in the lower viaducts, and dine at bouillon restaurants boasting exquisite Art Nouveau interiors (be sure to look up what bouillon restaurants are!). Delve into the captivating history of a luxurious mansion-turned-museum, a tale reminiscent of a Horatio Alger novel. Marvel at a breathtaking viewing deck (not the Eiffel Tower) offering panoramic vistas of the city skyline. Embark on a boat trip that ventures beyond the Seine, immersing yourself in lesser-explored waterways. Escape the tourist crowds as you relax in a picturesque park beloved by locals, and browse the vibrant Saturday market where vendors perform a ballet of commerce. Treat yourself to a night of musical entertainment at an Art Deco theater, and retreat to the perfect hotel to complete your Parisian experience. Join us on this **Virtual journey** to uncover Paris's best-kept secrets, as we unveil gems that most tourists overlook due to time constraints or lack of inclination.

Reimagining Old Jewelry

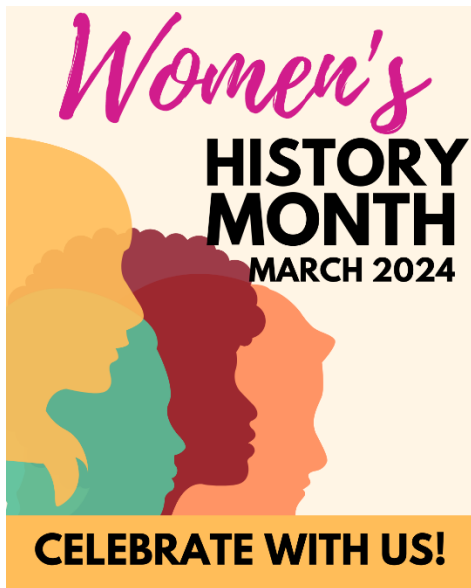
Instructor: Virginia Milner

Day: Thursday **Format:** Online

Date: 2/29/2024 - 2/29/2024

Time: 1:00 PM - 3:00 PM

Why give up on old and/or broken jewelry when all it needs is a little imagination? Do you have beaded necklaces, bracelets or earrings that you're unable to wear because they're in a plastic bag or the bottom of your jewelry box broken into a bazillion pieces? Have a bunch of jewelry laying around that you can't or won't wear because it's out of date? That "one bead" that you want to preserve on an otherwise expendable piece of jewelry? Holding on to one special earring hoping to find the other? Necklace too short or long? Bracelet too big or too small? This class is for you. Upcycle your broken jewelry, beads, and components to create something fabulous and new. This class will cover restringing, wire wrapping, replacing ear wires, adding clasps and redesigning! Bring your own pieces and we will supply the know-how, the beading wire, the jump rings, the earring wire, and the tools.



Aviatrixes in History

Instructor: Jill Parks

Day: Friday **Format:** Hyflex

Date: 3/8/2024 - 3/8/2024

Time: 10:30 AM - 11:45 AM

Join us for this presentation, part of our two-part presentations celebrating Woman's History month and March 8th for International Woman's Day. Offered hyflex. Those attending in person, will also enjoy Tea or Coffee and Breakfast pastries. Women have been part of the history of aviation since as far back as the 1700s when women risked their lives taking off in hot air balloons. Women have been flying powered aircraft since 1908. In celebration of Women's History Month, this class will discuss three daring, fearless, pioneering aviatrixes who made significant gains in the field of aviation in the 20th century. Bessie Coleman, the first African American and Native American to receive a pilot's license in the United States who went on to become a "wing walker". Bessie was also a staunch fighter against segregation. Beryl Markham, an aviation pioneer, was the first person to fly solo across the Atlantic Ocean from east to west in 1936. And finally, you will learn the truth about the mysterious disappearance of Amelia Earhart.

The Stories of Three Fearless Women Who Saved Jews During the Holocaust

Instructor: Jill Parks

Day: Friday **Format:** Hyflex

Date: 3/22/2024 - 3/22/2024

Time: 10:30 AM - 11:45 AM

Join us for this presentation, part of our two-part presentations celebrating Woman's History month. Offered hyflex. Those attending in person, will also enjoy Tea or Coffee and Breakfast pastries. There are many little-known women who rescued Jews, risking their lives, during the Holocaust. Some acted alone and others in cooperation with other family members and colleagues. Some of these courageous women were the initiators of the rescue and acted independently to save Jews. This class will present three of these women. Miep Gies - She risked her life hiding the Frank Family. Mary Jayne Gold - A Socialite who helped Jews escape from Marseille. Irena Sendler - A Polish Catholic woman who saved countless Jewish children.