

EMORY 2023 Winter Session Jan. - Feb.

Osher Lifelong Learning Institute

Emory Continuing Education

Courses and social opportunities for Adults 50+

No tests, no homework,...just the joy of learning

Discover, learn, and thrive at Emory OLLI!

Website: olli.emory.edu | Email: olli@emory.edu

2635 Century Pkwy NE, Suite 300 Atlanta, 30345 | 404-727-5489

Welcome to OLLI at Emory University

The Organization

The Osher Lifelong Learning Institute at Emory University (OLLI at Emory) is a community of seasoned adults who wish to stay mentally alert and physically active through classes and social programs that nourish the mind, body, and soul. OLLI provides volunteer, educational, cultural, and social opportunities designed for individuals 50 years and older, through courses, lectures, seminars, special interest groups, special events, and trips. The educational programming is centered on courses developed and taught by volunteers who share their time, passion, and knowledge. OLLI at Emory is a member driven, community-based program, housed within Emory Continuing Education.

No tests, no grades...just the joy of learning from one another!

The Staff

Stephanie Tarpley, MS - Program Manager stephanie.tarpley@emory.edu

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How to get in touch with us:

OLLI Office 2635 Century Pkwy NE, Suite 300 Atlanta, GA 30345 Office Hours: Mon-Fri 9AM-4PM Directions

Phone: 404-727-5489

Please leave a message if we do not answer, your call will be returned as soon as possible.

Email: olli@emory.edu

Membership

OLLI at Emory is a member only organization. Annual memberships are \$50 for one year, September 1 – August 31.

Course Fees

Unless indicated otherwise in the course description, the flat fee for every course is \$10 per session when registering. On occasions, some courses may have an additional fee for instructional or supply fees associated with the course.

Course Cancellation Policy

Courses that do not meet minimum student registration numbers are subject to cancellation. If a course is cancelled, students will be notified via email.

Registration

No payments will be processed before the start of registration for in-person seats. **Online registration is preferred.** We cannot guarantee seats for checks sent in the mail. If registering by phone, 404-727-5489, 9AM-4PM.

Late Registration

Please do not wait to register, some courses are canceled due to low registrations. If registration is still open and you register less than 5 days prior to the start of a course, there is a \$10 late enrollment fee added. (Example: 4-Week Class \$40 if registering before 5 days before the start of class, \$50 if registering late)

Refund Policy

Provided that requests are received in writing before 5:00 PM Eastern time, no fewer than five business days prior to the class start date, refunds will be made in the form of the original payment. A \$10 administrative fee will be charged. Failure to attend class or stopping payment on a check or credit card does not constitute grounds for a refund.

No Refunds will be Processed after the Start of a Course

A \$35 fee will be charged for returned checks and stop payments

Online Courses

All OLLI online courses are conducted via Zoom, a web conferencing platform that is used for audio and/or video conferencing. It is free to sign-up to use Zoom for attending courses. If you have not already done so, you can create a free account at www.zoom.us. After setting up an account you simply login using the credentials you registered with and click on a Zoom link sent for any courses registered.

Online Course Zoom Links

All Zoom links are sent the evening or afternoon before the scheduled start date of a course. The same link is used for the entirely of the course. Although, the OLLI Office does try to send reminders each week, please save and keep your original email handy to access the course.

Communications

All students will be emailed regarding any communications needed while enrolled in an OLLI course. Please make sure to keep in touch and informed throughout your course by checking your email. All instructors will also be able to email students through their instructor portals to inform students of information to read or that they would like to inform their class regarding.

IMPORTANT COVID POLICY INFORMATION

Emory University COVID Policy Information

REGISTRATION

How to register

OLLI at Emory is offering Online (Zoom) and In-Classroom course options. Each course will note what format the course is offered. If a course is listed as Hyflex, you will have two separate section options, either in- classroom or online. Students will register in the course section of their preferred choice, please look carefully when registering online. Also, keep in mind, all classroom seats are first come first serve. Zoom sections generally do not have an enrollment max, unless the instructor prefers to limit the number of enrollments.

EXAMPLE:

Dissecting The Novel With June Converse

Delivery Options: Online (Instructor-led) and Classroom

Course Description

Instructor: June Converse

Book Selection for April 2022 - The Lincoln Highway by Amor Towles ISBN-13 : 978-0735222359

Students purchase their own book and DO NOT read ahead. Instructor will give instructions on how to read each week.

The Lincoln Highway: A Novel: Towles, Amor: 9780735222359: Amazon.com: Books

What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to fird that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers and any story love will enjoy this class.

Enroll Now - Select a section below			
2040 - 004	Apr 05, 2022	Classroom	+
Expand to view schedule Future Offering (Opens Mar 07, 2022)		\$90.00	,
2040 - 005	Apr 05, 2022	Online (Instructor-led)	+
Expand to view schedule Available		\$90.00	

All seats are first come, first serve. Online registration is preferred on our <u>website</u> or you can register by phone at **404-727-5489.**

Login to your account before registration opens to make sure you have no problems. You can reset your password on the website and through your email. After you reset your password, be sure to close your browser completely and reopen to attempt a new login.

Website: oll.emory.edu

MONDAY

Chair Yoga

Instructor: Nutan Ahuja Dates: 1/8/2024 - 3/4/2024 Times: 10:00 AM - 11:00 AM Day: Monday Method: Zoom

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace. These classes are a GREAT entry point for students OF ALL AGES AND ALL LEVELS.

Dissecting the Novel Author Margaret Atwood

Instructor: June Converse Dates: 1/8/2024 - 2/26/2024 Times: 10:00 AM - 12:00 PM Day: Monday Method: Classroom or

Dates: 1/8/2024 - 2/26/2024 Times: 1:00 PM - 3:00 PM Day: Monday Method: Zoom

We will be doing our normal dissection + analyzing an author's writing improvement over a 20+ year timespan. (Links to purchase online included) Margaret Atwood's The Handmaid's Tale and The Testaments Students purchase their own book and DO NOT read ahead. Instructor will give instructions on how to read each week.What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader, and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers, and any story love will enjoy this class. This course will be offered at 10AM for in-classroom section and 1PM for Zoom section. Please be careful when registering and register in your preferred format.

Jazz History: A Listener's Guide, Part 1

Instructor: James Rozzi Dates: 1/8/2024 - 2/26/2024 Times: 10:00 AM - 12:00 PM Day: Monday Method: Classroom

At just over 100 years old, jazz has changed dramatically from its earliest roots in blues and New Orleans music to reflect the most tumultuous century in history. In Part 1, we will explore jazz's beginnings through 1940s big band and bebop—via recordings, written histories, photos, and videos. Part 2 will be offered in a later session, concluding our coverage with current trends in jazz, including its fusing with rock and various world music. Jazz is the most substantial of American art forms, our gift to the world. The aim of this course is to entertain while increasing understanding and accessibility. Please join us as we listen and discuss the evolution of this multi-faceted musical genre.

BROADWAY MUSICALS - A Fascinating History

Instructor: Emanuel Abramovits Dates: 1/8/2024 - 2/26/2024 Times: 11:15 AM - 12:15 PM Day: Monday Method: Zoom

Musicals have been a major part of American theater, from the Tin Pan Alley-driven comedy works of the early part of the 20th century, to the integrated musicals that flourished in the heyday years of midcentury America. We'll also explore book musicals, concept musicals, and the arrival of European mega-productions late in the century. We'll profile some of the theater world's leading composers, lyricists, writers, choreographers, directors, performers and will study some of the most unforgettable shows, like Oklahoma, My Fair Lady, Showboat, Guys and Dolls, Company, Hair, Cabaret, Rent, Wicked, Hamilton and many more.

It's Your Story. Write On!

Instructor: Georgia Lee Dates: 1/22/2024 - 2/26/2024 Times: 1:00 PM - 2:30 PM Day: Monday Method: Classroom

"You should write a book!" Ever heard that from anyone? Writing the stories and memories of our lives doesn't have to be a daunting task, but the time to start is now. Through fun writing prompts, exercises, micromemoirs and storytelling, we'll demystify the writing process, one story at a time. Whether you want to leave a legacy for your family and friends or just for yourself, this class will help your writing and communication skills. We'll include some literary trivia contests, with prizes for more fun. No prior writing experience required in this intimidation-free zone. Reading aloud is encouraged, but optional.

Finding Heritage to Make a More Perfect Union

Instructor: Althea Sumpter Dates: 1/08/2024 - 2/19/2024 Times: 1:30 PM - 3:00 PM Day: Monday Method: Zoom The United States is a concept based on a collection of laws bringing together ethnic identities from everywhere on the planet. The larger population now overlays the nations of indigenous peoples on this continent for over 20 thousand years. To form a more perfect union, we each carry the stories of our ethnic identities within the genealogy of family and community. This 6-week course explores the origin stories of family in order to build cohesion towards understanding what makes the United States "We the People." A combination of discussion and workshop will be used to help each student connect to their past.

Dissident & Assimilationist Films of the 70s

Instructor: Robin Bernat **Dates:** 1/8/2024 - 2/26/2024 **Times:** 3:00 PM - 4:00 PM **Day:** Monday **Method:** Zoom

In this series, we'll be watching (on our own time) Dissident, Absurdist and Assimilationist films. In each of the films in the series, filmmakers and screenwriters question the status quo or press against outdated societal norms or present outré characters taking on heroic roles in the mainstream. In other films, directors and screenwriters harness the tools and gloss of old Hollywood to present stories about anti-heroes. "New Hollywood" cinema ushered in an era of more experimental, less resolute filmmaking and marked the beginning of some of the most prominent American Filmmakers. (film rentals on Amazon, etc.)

TUESDAY

Buddhist Art and Architecture of S and SE East Asia

Instructor: Sayyid Tirmizi Dates: 1/9/2024 - 1/30/2024 Times: 10:00 AM - 11:00 AM

Day: Tuesday Method: Classroom

For over 2000 years, Buddhism and Buddhist -Art of South and South East Asia has made a significant contribution to the world of art, architecture, sculpture, and paintings. It has excited art historians, tourists, and common people around the world because of its diversity and richness. This course will cover topics like the ancient caves of Ajanta and Ellora, iconic images of Buddha, Bodhisattvas, and the Tanka painting of Tibet to pagodas in Southeast Asia and Angkor Wat.

Intro to Italian 2

Instructor: Antonella Giannasca Dates: 1/9/2024 - 2/20/2024 Times: 10:00 AM - 11:30 AM Day: Tuesday Method: Zoom

This class is perfect for those students who participated in Italian for beginners or for those students who have a basic knowledge of the language. In this class, we will continue to study the way to interact with people in Italian and to create a more comfortable way to speak using verbs and new Vocabulary. See you all in class! Required Book: Italian now (already used in Italian 1)

New Ikebana: Japanese art of flower arrangement

Instructor: Nutan Ahuja Dates: 1/9/2024 - 1/30/2024 Times: 11:00 AM - 12:30 PM Day: Tuesday Method: Zoom Ikebana, is an ancient Japanese art of flower arranging, guided by the desire to create harmony between flowers and their surroundings. More than merely 'decoration', the Ikebana way of flower arranging encourages to fully express by infusing each arrangement with a sense of space, motion, season, rhythm and emotion. Students need to bring a tall vase (approx. 8-12 inch tall), Shears and any fresh leaves with 2-3 stems .Fresh Flowers will be provided.

Valentine Ikebana: Japanese flower arrangement

Instructor: Nutan Ahuja **Dates:** 2/6/2024 - 2/27/2024 **Times:** 11:00 AM - 12:30 PM **Day:** Tuesday **Method:** Zoom

Ikebana, is an ancient Japanese art of flower arranging, guided by the desire to create harmony between flowers and their surroundings. More than merely 'decoration,' the Ikebana way of flower arranging encourages to fully express by infusing each arrangement with a sense of space, motion, season, rhythm and emotion. Students need to bring a tall vase (approx. 8-12 inch tall), Shears and any fresh leaves with 2-3 stems .Fresh Flowers will be provided.

How to Develop Your Story Intelligence to Lead a Richer Life

Instructor: Richard Stone Dates: 1/9/2024 - 2/20/2024 Times: 11:15 AM - 12:45 PM Day: Tuesday Method: Classroom

Over the eight weeks of the course we'll journey together into the world of story, exploring a facet of your intelligence that you may never have considered— Story Intelligence. As far as we can tell, "story" has been around as long as humans have walked this earth. Our evolution is intimately intertwined with story. In a stairstep fashion, our brains have evolved to be powerful simulation machines, attuned to using the structure of story to make sense of our world, learn, envision possibilities, and even heal old psychic and spiritual wounds. Did our brains evolve to the point that they invented stories, or did telling stories impact how our brains grew and changed?

Ballroom Dancing For Fun and Health

Instructor: John Kors Dates: 1/9/2024 - 2/20/2024 Times: 11:15 AM - 12:15 PM Day: Tuesday Method: Classroom Dive into the world of ballroom dance in this OLLI course designed for beginners. Explore Waltz, Foxtrot, Tango, Rumba, Cha-Cha, and Swing, learning fundamental techniques. Gain confidence on the dance floor. Join us for a fun, inclusive experience—no prior dance experience or partner necessary.

A View Into Western Civilization through its

Architecture

Instructor: Jerry Cooper **Dates:** 1/9/2024 - 2/27/2024 **Times:** 11:15 AM - 12:15 PM **Day:** Tuesday **Method:** Hyflex

Architect Jerome (Jerry) Cooper, FAIA Founding Principal of the nationally recognized firm Cooper Carry, will lead us in an exploration of the profiles that societies have left down through the ages reflecting the political structures of those societies, their values reflecting the laws they lived under and the Gods they worshipped. We will also discuss the technology that was available to these societies, and the buildings that were built to serve them reflecting these qualities. We will cover many areas, beginning with Ancient Egypt through Ancient Greece to the Roman Empire up to the present day with a view of Romanesque, Gothic, Renaissance and Modern structures. Discussion will center on the evolution of technology, the changing values and religious perspectives as well as the changes governing societal structures and the impact of these on their architecture. The class will conclude with a discussion of what buildings might look like today and why.

Intermediate Italian 2

Instructor: Alessandra Brisotto Dates: 1/9/2024 - 2/20/2024 Times: 12:00 PM - 1:30 PM Day: Tuesday Method: Hyflex In this class, students will be able to understand the main points of a conversation about everyday life, using the basic past tenses. Students will enrich their vocabulary and improve their understanding of the language through the use of videos and audios.

Mythologies of the Modern West

Instructor: James Pagliasotti Dates: 1/9/2024 - 2/13/2024 Times: 1:30 PM - 3:00 PM Day: Tuesday Method: Zoom

Growing up in the American West is a venture steeped in mythology, the gilded lore of cowboys and Indians, the rugged individualist, taming the wilderness, prying a living from the land. That's the legacy. The modern West though is a study in conflict between that romantic notion and the practical outcomes of "settling" the region. This class is about dwelling in both worlds and making the best of it, my experience living with the Blackfeet Indians, buying movie star Gary Cooper's home, and the people, ordinary and extraordinary both, met along the way. It's the story of a city boy finding his way in the contemporary West that is presented via lecture and multi-media with discussion.

Adventures in Wire Wrapping

Instructor: Virginia Milner Dates: 1/9/2024 - 1/30/2024 Times: 1:00 PM - 3:00 PM Day: Tuesday Method: Classroom This will be a progressive introduction to wire wrapping. Each class will provide hands on step-by-step instructions to make wire jewelry designs. We will use solderless wire linking techniques to make unique chainmail, one-of-a-kind pendants, bracelets, necklaces, and rings. The students will learn how to use wire to create beautiful freeform and spiral accents. Each student will be provided with a selection of drilled and undrilled pendants and stones, wire, crystals, and beads to choose from to complete their pieces, the cost of which is included in the class.

Introduction To Spanish 1 (Beginner)

Instructor: Marci Wieland Dates: 1/2/2024 - 1/23/2024 Times: 2:00 PM - 3:30 PM Day: Tuesday Method: Classroom In this class, students will learn basics of the Spanish language: greetings, the alphabet, days of the week and months, telling time, family, and fundamental grammar rules. After this class, students will be able to use single words, memorized phrases and expressions to introduce themselves, ask and answer basic questions, and state preferences. Students will purchase their own book: No Nonsense Spanish Workbook by Cata Cuneo (Author) ISBN 9781533326720

WEDNESDAY

Controversies and Progress in Medicine:

The Hype and the Hope

Instructor: Karen Steinberg Dates: 1/10/2024 - 2/21/2024 Times: 9:45 AM - 11:14 AM Day: Wednesday Method: Hyflex

What are we to make of constantly changing healthcare messages, messages that directly impact us? Should I get a PSA or a mammogram? Can herd immunity be an alternative to vaccines during a pandemic? When do doctors predict a cure for cancer? To begin, we'll explain the different types of studies that provide doctors with the necessary information to make screening and treatment recommendations as well as to prevent disease. We'll then examine three examples of studies that led to important advances in preventing the biggest killers: infectious diseases, heart disease, and cancer. Next, we'll explore examples of recommendations that continue to change and the reasons behind these changes, including PSA testing and mammography, as well as the evolving messages for prescribing medications to healthy people for disease prevention including statin therapy.We'll delve into the idea of personalized medicine and separate realistic expectations from exaggerated claims. We'll discuss pandemics, including Covid-19, which epidemiologists say was not "the big one." What exactly is this "big one" known as x-disease? Lastly, we'll discuss the problem of the politicization of healthcare.

Chair Yoga and Resistance Bands

Instructor: Nutan Ahuja Dates: 1/10/2024 - 2/21/2024 Times: 10:00 AM - 11:00 AM Day: Wednesday Method: Zoom Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes wellbeing through breathing correctly and stretching in ways that will open up your body on the path to peace. Resistance bands, help to do any type of strength training without the need for heavy weights. These bands engage multiple muscles simultaneously, so your entire body gets a workout in a short period of time. These classes are a great entry point for students of all ages and all levels.

Introduction to Italian 1 (Beginner)

Instructor: Alessandra Brisotto Dates: 1/10/2024 - 2/21/2024 Times: 10:00 AM - 11:30 AM Day: Wednesday Method: Hyflex

In this class, students will learn the very basic rules of Italian language and pronunciation, greetings, how to introduce each other, how to tell times, describe the weather, days of the week and months. Basic vocabulary, gender, and number rules. After this class, the student can recognize familiar words and very basic statements concerning him/herself, the family and immediate concrete surroundings. He /she can use single phrases and sentences in areas of immediate need, can ask and answer simple questions using the informal and formal expression. Can introduce him/herself and others and can ask and answer questions about personal details such as where he/she lives, people he/she knows and things he/she has. Students will purchase their own book: Italian Now!Level 1: L'italiano d'oggi! Second Edition by Marcel Danesi Ph.D. (Autho

Italian Conversation Intermediate Level

Instructor: Antonella Giannasca Dates: 1/10/2024 - 2/14/2024 Times: 10:00 AM - 11:30 AM Day: Wednesday Method: Zoom Benvenuti. In a very comfortable environment you will practice the Italian conversation using your knowledge of communicating with other students.By speaking, reading and listening you will improve your Italian language. Don't be shy and come to class so we can have fun speaking the beautiful language.

I Wanna be Free

Instructor: Denise B Raynor Dates: 1/10/2024 - 2/21/2024 Times: 10:00 AM - 11:00 AM Day: Wednesday Method: Classroom

Fugitive slaves were the first abolitionists, simply by the act of escaping. We will examine how generations of attempts at freedom by enslaved individuals led to the abolitionist movement and eventually influenced Lincoln to write the Emancipation Proclamation. Rather than being given to them, African Americans fought hard for their freedom.

The Irrational and More

Instructor: Shai Robkin Dates: 1/10/2024 - 2/21/2024 Times: 11:15 AM - 12:15 PM Day: Wednesday Method: Hyflex

This course explores many of the ideas featured in the new NBC show (also available for free on Peacock) "The Irrational." We will also examine some of the new and emerging research into the underlying forces, many unknown to our conscious minds, which drive individual and collective societal behaviors, focusing on the work of behavioral economists, social psychologists and neuroscientists. Where applicable, we'll see what behavioral scientists have to say about some of the most important and often divisive issues of the day and their possible implications for public policy.

Hitchcock Films Part I - The Talented Amateur Matures

Instructor: Colin Mackey Dates: 1/10/2024 - 2/21/2024 Times: 11:15 AM - 12:15 PM Day: Wednesday Method: Classroom

Alfred Hitchcock is known to many as the Master of Suspense, but this sells his importance as a filmmaker short. Starting his film career in the silent era and working through the 1970's, Alfred Hitchcock was a groundbreaking innovator who helped develop the language of film and the narrative techniques that are standard today. In this four-part series we will trace the career of Alfred Hitchcock by discussing one or two films a week. We will examine each film in the context of other films of the time, the growth of Hitchcock as a filmmaker, and the influence each film had on future directors. In this Part 1 of the 4 part series, we will begin at the early stages of Hitchcock's career in which he was a self-described "talented amateur" to his emergence as one of the biggest names in cinema. More info online.

Tax Planning and Your Retirement

Instructor: Angie Rehkop Dates: 2/7/2024 - 2/14/2024 Times: 11:30 AM - 1:30 PM Day: Wednesday Method: Hyflex Recent Revisions in the Tax Code, How Taxes Effect Medicare and Social Security, Strategies to Manage Tax Liability in Retirement. 2 week, 2 hours each class.

Four Pillars of Retirement

Instructor: Angela Rehkop Dates: 1/10/2024 - 1/31/2024 Times: 11:30 AM - 12:30 PM Day: Wednesday Method: Hyflex

Maximizing Social Security, developing a retirement income strategy, managing taxes, and developing a legacy planIn the past, retirement often meant switching from a paycheck to a pension check, contacting Social Security to get benefits in motion, and maybe supplementing that income with the proceeds from downsizing a home or renting a property. But times have changed. Retirement can now mean piecing together a big puzzle, composed of a variety of different resources, to ensure you have enough to live on- and maybe have something left to pass on to heirs if that's one of your goals. MORE info online.

Senior Singles and the Dating Game

Instructor: Gillion Royes Dates: 1/10/2024 - 1/31/2024 Times: 11:15 AM - 12:15 PM Day: Wednesday Method: Classroom This class provides guidance for seniors seeking a companion, whether platonic or romantic, and are hesitant to tackle the technology and logistics around dating. Discussion and exercises will also assist participants in making choices about dating vs. living alone or cohabiting with friends or family. The class includes a speed-dating event, as well as information about dating via the internet, avoiding scams and attracting viable companions.

Religion in America

Instructor: Beth Skinner Dates: 1/10/2024 - 2/14/2024 Times: 11:30 AM - 1:00 PM Day: Wednesday Method: Hyflex Maintaining a narrow focus within the historical foundations which shaped the experience of religion in the United States, students/members will have the opportunity to explore both the antecedents and precedents for the 13 Colonies as well as the rationale for the phrase "separation of church and state." We will examine key religious movements in the U.S. such as the Puritan influence, the Great Awakenings, and the paradox of forced slave religion. Students/members will also have the opportunity to synthesize historic periods within the intersection of today's tensions between religion and politics and society. Please Note Classroom Section: The classroom section of this course will be in a classroom of students with the instructor joining via Zoom to teach.

THURSDAY

The History of Russia: From Rurik to Revolution

Instructor: Susan K Barnard **Dates:** 1/11/2024 - 2/22/2024 **Times:** 9:30 AM - 11:00 AM **Day:** Thursday **Method:** Hyflex

Travel back in time to when the Viking Grand Dukes held claim to the vast land that became Russia. Learn about the Mongol invasions. Discover how the early leaders ruled villages, Christianized a people and consolidated towns and villages into a country ruled by autocrats. Explore the intrigues of Tsars such as the Ivans, Peter the Great, Catherine the Great, the Alexanders and the Nicholases. Our class ends when the leaders of the Revolution forced Nicholas II to abdicate, sealing his and his family's fate, as the Bolsheviks took power and established the Soviet Union.

Intro to American Mahjong

Instructor: Carol Camerino Dates: 1/11/2024 - 2/1/2024 Times: 9:30 AM - 11:00 AM Day: Thursday Method: Classroom Mah Jongg continues to grow in popularity - and for good reason. This tile game - an equal blend of skill, luck, and strategy - is not only fun, but it turns out it's great for our brains and for staying connected. If you've been wanting to learn how to play, now is your chance! (Note: this 4-week class will focus on American Mah Jongg and the rules of the National Mah Jongg League.) More info online.

Readers' Theater - Level 2

Instructor: Jane Shalhoub Dates: 1/11/2024 - 2/1/2024 Times: 9:45 AM - 11:00 AM Day: Thursday Method: Classroom RT Level 2 will enhance our play-reading skills as we come together to share our voices as we read a few more serious 1 + 2 Act play scripts while keeping the joy and interactions with each other as we did with Level 1.

Band of Brothers

Instructor: Lawrence H Saul Dates: 2/22/2024 - 3/21/2024 Times: 10:00 AM - 1:00 PM Day: Thursday Method: Classroom

June 6, 1944, was one of the most monumental days of the 20th century. After five years of war, and four years of German occupation of France, the Allies finally take the war to the European continent. D-Day was perhaps the most significant military undertaking, ever - the largest amphibious and airborne operation launched, heretofore. In this 5-session, 15-hour course we will focus on the American portion of that day. We will take an in-depth look at the US operations, beginning with the airborne landings by the 82nd and 101st Airborne Divisions. Additionally, Utah and Omaha Beaches and the daring assault by the Rangers, scaling the cliffs of Pointe du Hoc are examined in detail. From the highestranking generals to the youngest draftee private, we will meet the soldiers, sailors, and airmen who were the heroes of the day.

<u>Celebrating Her Melody: A Journey Through the</u> Works of Female Composers

Instructor: John O'Shea Dates: 1/11/2024 - 2/22/2024 Times: 11:15 AM - 12:45 PM

Day: Thursday Method: Hyflex

Join us for an enriching exploration of the Female Composers Series, a captivating journey through the lives and works of remarkable women who have left an indelible mark on the world of music. This series spans centuries and genres, showcasing the talent and innovation of female composers who have often been overlooked. Each session, held on Thursdays from January 11 to February 22, 2024, delves into the unique contributions of these composers, offering a glimpse into their lives, inspirations, and lasting impact.*The instructor will be teaching online from home to his audience via Zoom and in the classroom.

Shakespeare: It Needs Saying Regularly. Part 1

Instructor: Ross Friedman Dates: 1/11/2024 - 2/22/2024 Times: 11:15 AM - 12:45 PM Day: Thursday Method: Classroom

Incredibly, it's been over four years since I've trod the boards of the OLLI stage. In this class we will read aloud and discuss in depth several speeches and scenes from over a half-dozen of Shakespeare's plays. No play will be read in its entirety, but I'll provide a plot understanding and context, and I'm sure you'll come to class with a familiarity and opinions on most of the works. While no one will be required to read aloud, (and I will certainly take most of the best parts), scholar-participation will be desired and appreciated for many scenes. Assignments will be announced at least two weeks in advance, and I suppose we'll start, as everything should, with "Hamlet."

Self-Discovery II Continue your Journey

Instructor: Enid Carlin Dates: 1/11/2024 - 2/8/2024 Times: 11:15 AM - 12:15 PM Day: Thursday Method: Classroom

Continue your journey towards a more profound selfawareness. "Self-Discovery II" is the sequel to our transformative journey into self-awareness. In this dynamic and interactive course, we'll delve deeper into uncovering your thoughts, emotions, goals, and values through engaging group discussions and introspective exercises. Join us for an insightful, fun, and creative exploration of your inner self.

Strategies of Class Struggle: Black Reconstruction and New Deal

Instructor: David Slavin Dates: 1/4/2024 - 1/25/2024 Times: 12:30 PM - 1:30 PM Day: Thursday Method: Zoom

Step into Ted Allen's deep perspective on origin and course of class conflict in US history, as I unveil a previously unpublished master work of his, "The Kernel and Meaning." Allen is widely known for his seminal 2volume study "The Invention of the White Race" (3rd ed. 2021, Verso Press), and his influence extends to many activists and scholars including me, as I will show with my own essay on the Social Security Act of 1935. This course offers a unique, holistic perspective on political strategy, challenging conventional wisdom and assumptions embraced by the main trends of the progressive movement. Navigate uncharted territories through these two essays, with their insights paving the way for provocative discussion of innovative directions in the realm of radical reform. Join me in exploring these unconventional paradigms and discovering the hidden potential for a transformative shift in contemporary political dynamics and a comprehensive re-evaluation of the sweep of US history.

A Guide to self-awareness

Instructor: Enid Carlin Dates: 1/11/2024 - 2/8/2024 Times: 1:00 PM - 2:00 PM Day: Thursday Method: Classroom

This class will enable the students to uncover their thinking processes, emotions, goals and values through a variety of questions presented to the group to discuss. We will also use books and films as s guide to selfawareness. This is a discussion and interactive class, it will be insightful, fun, and creative.

Contemporary Ethics 1

Instructor: David Smith Dates: 2/1/2024 - 2/22/2024 Times: 1:00 PM - 2:00 PM Day: Thursday Method: Zoom An overview of moral theories in circulation today, including relativism, egoism, utilitarianism, deontology, divine command theory, and virtue theory, and application of those theories to contemporary moral issues. Issues include abortion, war, and end of life decisions. The series addresses both ethics and the law and includes discussion.

Goya: The Birth of a Modern Artist

Instructor: Isidra Mencos Dates: 1/11/2024 - 2/15/2024 Times: 2:00 PM - 3:30 PM Day: Thursday Method: Zoom Continue your journey towards a more profound selfawareness. "Self-Discovery II" is the sequel to our transformative journey into self-awareness. In this dynamic and interactive course, we'll delve deeper into uncovering your thoughts, emotions, goals, and values through engaging group discussions and introspective exercises. Join us for an insightful, fun, and creative exploration of your inner self.

Introduction To Spanish 2

Instructor: Marci Wieland Dates: 1/4/2024 - 1/25/2024 Times: 2:00 PM - 3:30 PM Day: Thursday Method: Classroom In this class, students will start learning how to use verbs and new vocabulary to create simple, communicative sentences to talk about what people are like and what they do. They will learn the present tense of regular verbs and some high-frequency irregular verbs. We will practice using the present tense with topics such as food, health, clothing, weather, and hobbies. After this class, students will be able to use memorized verbs, vocabulary and expressions to communicate basic information on common topics. Students will purchase their own book: No Nonsense Spanish Workbook by Cata Cuneo (Author) ISBN 9781533326720

ONE DAY COURSES

First Aid, CPR, AED (National Safety Council)

Instructor: Jim Spano **Dates:** 1/12/2024 - 1/12/2024 **Times:** 9:30 AM - 2:30 PM **Day:** Friday **Method:** Classroom

This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 "C" method of CHECK – CALL - CARE! Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported/ evaluated by medical qualified staff members. Each participant will receive a student book and pocket guide and 2 year certificate. Limited to 15 students per class.

<u>Uncle Billy's Return to Atlanta: The Southern Tour</u> of General William T Sherman in 1879

Instructor: Michael McDavid Dates: 1/17/2024 - 1/17/2024 Times: 1:00 PM - 2:30 PM Day: Wednesday Method: Hyflex

In 1864 in the celebrated – or infamous – March to the Sea, Union General William T Sherman left Atlanta a smoking ruin, devoid of population. By 1879 the city was well into recovery mode as a transportation and economic hub of the South. That year Sherman, as Commanding General of the US Army, undertook a tour of military installations in southern states, including Atlanta. In this one-session course we will look at the events of the tour, especially the general's reception in Atlanta. We will also consider the long-term impact of the March to the Sea and Sherman's eventual demonization among many Southerners.

Defensive Driving Course: National Safety Council

Instructor: Jim Spano Dates: 1/19/2024 - 1/19/2024 Times: 9:30 AM - 2:00 PM Day: Friday Method: Classroom Or Dates: 3/15/2024 - 3/15/2024 Times: 9:30 AM - 2:00 PM NSC Defensive Driving Courses teach drivers how to recognize and react to immediate and potential hazardous driving situations and conditions. Our instructor-led, classroom courses provide collision prevention strategies and defensive driving techniques that focus on behavior, judgement, decision making and consequences.

AI and Photography: Can You Believe Your Lying Eyes?

Instructor: Jeff Milsteen Dates: 1/31/2024 - 1/31/2024 Times: 1:00 PM - 3:00 PM Day: Wednesday Method: Hyflex The use of artificial intelligence in photography has exploded in recent years and shows no sign of abating any time soon. The breadth of its impact will surprise you and, as with most technologies, it can be used for both good and evil. We long ago gave up on the notion that the camera never lies, but AI is making it more and more difficult to tell the real from the fake. And it doesn't even require a camera anymore! Join Jeff Milsteen for this one-day course focused on AI's impact on photography and the images we see all around us.

Volunteers

Volunteers are the backbone of our organization. OLLI at Emory could not function without the dedicated service of the members who volunteer. Volunteering creates a more vibrant learning community and connects you to other OLLI members. It's a great way to make new friends and is personally satisfying and rewarding. Volunteer jobs vary in time, commitment, skills needed and frequency.

2023-2024 Leadership Council

Chair: Peter Campos Co-Chair: Jeff Milsteen Secretary: Sara June McDavid Allan Hing (At-Large) Susan McBrayer (At-Large) Pat Miller (At-Large) Peter Campos (At-Large)

Committee Chair Representatives

Muriel Littman & Alice Weinberg (Events and Hospitality) Eric Bussian (Technology) Vacant (Travel) Vacant (Membership) Jeff Milsteen (Curriculum)

Special Interest Groups

Special Interest Group (SIG) is a group of OLLI members who share a common interest and like to meet outside the normal class environment to discuss and enjoy this mutual interest. Each group is different depending on its focus, and all provide interesting lifelong learning opportunities as well as fun social experiences.

OLLI SIGs are independent and self-managed with members deciding when they will meet and planning how the group will function. Initially, members volunteer to be leaders or co-leaders, and leader roles may rotate. Volunteers also handle administrative and communication details. Most SIGs meet once a month although they may meet more or less often if members wish.

Active Groups

IRAVEL GROUP

If you are interested in travel areas around us in Atlanta, nationally or internationally, join us for fun, conversation and of course learning more about this big world we live in.

OLLI BOOK CLUBS

OLLI has several book clubs that meet on different days, once per month. If you are interested in reading and discussion, please join.

OLLI FILM GROUP

For those individuals that enjoy going to the movies at local theaters. Join us, we schedule meetups every Tuesday around the area. We often also go to a late lunch or early dinner at restaurants after the movie. Join our email list to be included in weekly information.

JOY (JUST OLDER YOUTH) SOCIAL GROUP

A group of individuals who would like to meet-up, make new friends, meet for lunch or dinner, see a movie or other items of interest.

HIKING GROUP

Group of individuals that would like to meet for hiking opportunities locally.

GOLF GROUP

Group of individuals interested in meeting up to play golf around the area together.

PICKELBALL GROUP

Group of individuals interested in meeting up to play pickleball around the area together.

Volunteering

Discover the joy of enriching lives by joining the Osher Lifelong Learning Institute (OLLI) as a volunteer. Your passion and expertise will directly impact our dynamic community of learners, fostering personal growth, meaningful connections, and a vibrant culture of lifelong learning. Whether you're interested in sharing your knowledge, organizing events, or contributing administratively, your involvement matters. Flexible opportunities await—reach out to OLLI at <u>olli@emory.edu</u> or call 404-727-5489to learn more. Be a part of OLLI's journey and help us create an environment where curiosity thrives without limits.