

MONDAY

Dissecting the Novel: Lonesome Dove by Larry McMurtry

Instructor: June Converse **Wks:** 7
Dates: 1/11/2027-3/8/2027 **Method:** Classroom
Times: 9:30 AM-11:00 AM **DOW:** Monday
What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality? Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader, and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers, and any story lover will enjoy this class.

Chair Yoga Monday

Instructor: Nutan Ahuja **Wks:** 6
Dates: 1/11/2027-2/22/2027 **Method:** Online
Times: 10:00 AM-11:00 AM **DOW:** Monday
Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace.

Jazz History: A Listener's Guide, Part 7

Instructor: James Rozzi **Wks:** 7
Dates: 1/11/2027-3/1/2027 **Method:** Classroom
Times: 10:00 AM-12:00 PM **DOW:** Monday
At just over 100 years old, jazz has changed dramatically from its earliest roots in blues and New Orleans music to reflect the most tumultuous centuries in history. Jazz is the most substantial of American art forms, our gift to the world. The aim of this course is to entertain while increasing understanding and accessibility. Please join us as we listen and discuss the evolution of this multi-faceted musical genre. Please note: This is Part 7 with a prerequisite of Part 6.

It's Your Story, Write On!

Instructor: Georgia Lee **Wks:** 7
Dates: 1/11/2027-3/1/2027 **Method:** Classroom
Times: 1:30 PM-3:00 PM **DOW:** Monday
From fun writing prompts and exercises, micro-memoirs and storytelling, we'll work on writing, whether to publish, leave a legacy for family and friends, or just for you. Writing a memoir, through long or short pieces, doesn't have to be overwhelming. We'll de-mystify it, through simple lectures, devices and techniques that make your story, action, character, settings and themes resonate with readers. Through writing, you'll make readers feel your pain and celebrate your joy. Even If you wish to simply leave a treasured legacy journal, you'll never regret recording the stories of your life. Prior writing experience is not necessary. In-class readings or critiques of your material are encouraged but not required. The only requirement is a willingness to learn and explore the nuances of the events of your life.

TUESDAY

Italian Intermediate 2

Instructor: Alessandra Brisotto **Wks:** 7
Dates: 1/12/2027-2/23/2027 **Method:** Hybrid
Times: 9:30 AM-11:00 AM **DOW:** Tuesday
Embark on your journey into the beautiful Italian language! This course uses Italian Now! Level 1: L'Italiano d'oggi! (Barron's Foreign Language Guides, by Marcel Danesi) as the required textbook and is designed for those with little or no prior experience. Through lively instruction, guided practice, and cultural context, students will develop a foundation in Italian vocabulary, pronunciation, and grammar. In this class, students will start learning how to use verbs. They will learn to create sentences to communicate with people. They will learn the present tense of regular verbs and some irregular verbs of common

use. After this class, students can understand and use familiar everyday expressions and basic phrases aimed at the satisfaction of needs of a concrete type. Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help. Each week builds on the previous lessons, with the goal of mastering essential communication skills.

The Human Mind in an AI World

Instructor: Hamaria Crockett **Wks:** 4
Dates: 1/12/2027-2/2/2027 **Method:** Classroom
Times: 10:00 AM-11:00 AM **DOW:** Tuesday
Artificial intelligence is changing more than how we use technology. It is influencing how we think, make decisions, communicate, form relationships, and understand what it means to be human. This engaging course explores the fascinating intersection of psychology, human behavior, and artificial intelligence. Why do people trust machines? Can AI influence our beliefs and choices? What happens to human creativity and critical thinking when technology can generate answers in seconds? And how do we distinguish authentic human connection from artificial interaction? Through accessible research, real-world examples, interactive discussions, and thought-provoking activities, participants will examine how AI is reshaping everyday life and what psychology reveals about our responses to these changes. No technical background or previous AI experience is required. This is not a course about learning software. It is an exploration of the human mind in a rapidly changing world.

Banned and Controversial Songs

Instructor: Tom Dell **Wks:** 7
Dates: 1/12/2027-2/23/2027 **Method:** Classroom
Times: 10:00 AM-11:15 AM **DOW:** Tuesday
We will listen to and talk about songs that were banned by various organizations, government and others, in the 1940s, 1950s, and 1960s. For some, the reasons were obvious to most folks; others were banned for obscure and silly reasons. In any event, find out why Bing Crosby couldn't croon one of his tunes and Cole Porter had to change some of his lyrics. Them, The Kingsmen, and The Dave Clark Five didn't fare any better.

Advanced Italian Conversation

Instructor: Antonella Giannasca **Wks:** 6
Dates: 1/12/2027-2/16/2027 **Method:** Classroom
Times: 11:00 AM-12:00 PM **DOW:** Tuesday
This is the highest level of Italian Conversation. This class is designed for students who have completed all six levels of Italian or who are already proficient in conversational Italian. Participants will have the opportunity to discuss and exchange ideas in Italian about past experiences, travel, daily life, and Italian culture. Using videos and audio materials, students will continue to expand their language skills. A good ability to converse in Italian is required. Be prepared to speak Italian!

House Seats: Great Broadway Musicals and How They Were Created

Instructor: Bill Nigut **Wks:** 4
Dates: 1/12/2027-2/2/2027 **Method:** Hyflex
Times: 11:30 AM-1:00 PM **DOW:** Tuesday
Using audio and video highlights, we''ll explore the evolution of the Broadway musical , from Jerome Kern to Rodgers and Hammerstein to Stephen Sondheim and beyond. We'll go behind the scenes to discuss how a great musical is created,, and how one song can make the difference between a flop and a hit. And we'll look at how one generation of composers and lyricists informed the next, in a thread that runs from Showboat to Oklahoma to Rent, Into the Woods, Hamilton and more.

An Introduction to Evolution

Instructor: Ed Stephenson **Wks:** 7
Dates: 1/12/2027-2/23/2027 **Method:** Classroom
Times: 11:30 AM-1:00 PM **DOW:** Tuesday
In this four-part course, we will trace the career of Alfred Hitchcock by discussing one or two films a week. We will examine each film in the context of other films of the time, the growth of Hitchcock as a filmmaker, and the influence each film had on future directors.

Italian Beginner 1

Instructor: Alessandra Brisotto **Wks:** 7
Dates: 1/12/2027-2/23/2027 **Method:** Hybrid
Times: 11:30 AM-1:00 PM **DOW:** Tuesday
Embark on your journey into the beautiful Italian language! This introductory course uses Italian Now! Level 1: L'Italiano d'oggi! (Barron's Foreign Language Guides, by Marcel Danesi) as the required textbook and is designed for those with little or no prior experience. Through lively instruction, guided practice, and cultural context, students will develop a foundation in Italian vocabulary, pronunciation, and grammar. Each week builds on the previous lessons, with the goal of mastering essential communication skills.

Introduction to Italian 2

Instructor: Antonella Giannasca **Wks:** 6
Dates: 1/12/2027-2/16/2027 **Method:** Hybrid
Times: 12:15 PM-1:30 PM **DOW:** Tuesday
Offered as Hybrid. However, your best experience is in the classroom. Max 15 students in total. This class is perfect for those students who participated in Italian for beginners or for those students who have a basic knowledge of the language. In this class, we will continue to study the way to interact with people in Italian and to create a more comfortable way to speak using verbs and new Vocabulary. See you all in class! Required Book

WEDNESDAY

Hamlet and Othello

Instructor: Ross Friedman **Wks:** 7
Dates: 1/13/2027-2/24/2027 **Method:** Classroom
Times: 9:30 AM-11:15 AM **DOW:** Wednesday
Join us for enjoyable, thoughtful, and entertaining explorations of two of Shakespeare's most famous works, "Hamlet" and "Othello." Whether you are discovering the plays for the first time or revisiting old favorites, this seven-week course will bring Shakespeare's unforgettable characters, powerful speeches, and remarkable artistry to life. We will read much of the plays aloud in class. Class participation is highly encouraged though never required (my classes usually have many eager and talented readers), and I look forward to playing many of the parts myself. Swords will not be provided. It is always a good time to study a great work of art. No prior knowledge of Shakespeare is necessary, and I hope you will consider this course, especially if you've never taken a class from me, and even more so if Shakespeare was never your thing: I'm a very good teacher, and I promise a good time. All are welcome.

Why Do Humans?? The Science Behind Our Most Human Behaviors

Instructor: Elton Bowen **Wks:** 6
Dates: 1/13/2027-2/17/2027 **Method:** Hyflex
Times: 10:00 AM-11:00 AM **DOW:** Wednesday
Why do we dream? Why do we laugh until we cry? Why does music move us? Why do we kiss, hug, fall in love, and tell stories? These everyday experiences feel deeply personal, yet they are shared by people in every culture around the world. Together, we'll explore these fascinating questions through remarkable true stories, surprising scientific discoveries, memorable film clips, and examples from everyday life. Along the way, we'll discover what neuroscience, psychology, evolutionary biology, anthropology, and history reveal about the behaviors that make us uniquely human. Rather than focusing on disease or medical treatment, we'll investigate the science behind the moments that connect us to one another. Designed for a general audience with no scientific background, this course invites participants to see familiar experiences through a new lens and perhaps leave with a deeper understanding of themselves and the people around them.

Chair Yoga and Resistance Bands

Instructor: Nutan Ahuja **Wks:** 7
Dates: 1/13/2027-2/24/2027 **Method:** Online
Times: 10:00 AM-11:00 AM **DOW:** Wednesday
Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes wellbeing through breathing correctly and stretching in ways that will open up your body on the path to peace. Resistance bands, help to do any type of strength training without the need for heavy weights. These bands engage multiple muscles simultaneously, so your entire body gets a workout in a short period of time. These classes are a great entry point for students of all ages and all levels.

The Winner's Curse and Other Anomalies

Instructor: Shai Robkin **Wks:** 7
Dates: 1/13/2027-2/24/2027 **Method:** Hyflex
Times: 11:30 AM-12:30 PM **DOW:** Wednesday
Many trace the fascination to what we now call behavioral economics to a series of articles first published four decades ago entitled “Anomalies” by economist Richard Thaler (Nobel prize 2017). Those articles became the basis of the 1992 book “The Winner’s Curse,” which was updated this year by Thaler and fellow economist Alex Imas. Anomalies, in this context, come about as a result of real world empirical evidence that defies traditional economic theories. They occur when human nature confounds the rational assumptions upon which those theories were based and when powerful psychology forces interrupt what should be straightforward cost/benefit analyses. Why do people cooperate with one another when they have no obvious motivation to do so? Why do we hold on to possessions of little value? And why is the winner of an auction so often disappointed? We’ll explore these and other anomalies while examining their implications for public policy. No previous knowledge of economics or reading homework is required to understand and enjoy the class.

Five Brilliant Women Artists of the Dutch Golden Age

Instructor: Jane Herzig **Wks:** 4
Dates: 1/13/2027-2/3/2027 **Method:** Hyflex
Times: 11:30 AM-1:00 PM **DOW:** Wednesday
Discover the remarkable women artists of the Dutch Golden Age whose contributions to art history have often been overlooked. This four-week course explores the lives and works of Judith Leyster, Clara Peeters, Maria van Oosterwyck, Maria Sibylla Merian, and Rachel Ruysch. Through portraits, still lifes, botanical illustrations, and other extraordinary works, participants will gain a deeper appreciation for these talented women and their artistic achievements.

THURSDAY

American Predators: Wolves, Coywolves, Cougars and Jaguars

Instructor: John McDonald **Wks:** 4
Dates: 1/14/2027-2/4/2027 **Method:** Classroom
Times: 10:00 AM-11:25 AM **DOW:** Thursday
Learn about the evolution of wolves, coywolves, cougars and jaguars, their history, their similarities and differences. Wolves are the only species of Canis that have a range encompassing the old and new worlds as an apex predator. Coywolves, a hybrid continue to expand their territory from Canada down through Virginia. Cougars, ranging from the Canadian Yukon to the Andes of South America are the most widespread of a terrestrial mammal in the western hemisphere. Jaguars are the only members of the Panthera genus (lions, tigers and leopards) in the Americas: unfortunately they have become extinct in the U.S. These animals play a key role in keeping an ecosystem healthy. The extermination of wolves and cougars east of the Mississippi resulted in the preponderance of coyotes in that geography. We will examine the human vs. animal conflicts along with the vilification and political influences which have resulted in the total or near extinction of these animals in United States.

Basics of Geochronology: How Do Scientists Date Earth's Past?

Instructor: Ajoy Baksi **Wks:** 3
Dates: 1/14/2027-1/28/2027 **Method:** Classroom
Times: 11:30 AM-1:00 PM **DOW:** Thursday
How do scientists determine the age of rocks and uncover the timeline of Earth's history? Geochronology is the science of placing numerical constraints on the timing and duration of geological events, playing an essential role in understanding Earth's past. This course will introduce the fundamentals of radiometric dating and explore how scientists use different techniques to determine when geological events occurred. We will examine the principles and applications of uranium-lead (U-Pb), argon-argon ($^{40}Ar/^{39}Ar$), and radiocarbon dating methods. Through these scientific approaches, participants will gain a better understanding of how researchers establish geological timelines and piece together the history of our planet.

Alfred Hitchcock Part 3: Hitting His Stride

Instructor: Colin Mackey **Wks:** 7
Dates: 1/14/2027-2/25/2027 **Method:** Classroom
Times: 11:30 AM-1:00 PM **DOW:** Thursday
Alfred Hitchcock is known to many as the Master of Suspense, but this sells his importance as a filmmaker short. Starting his film career in the silent era and working through the 1970's, Alfred Hitchcock was a groundbreaking innovator who helped develop the language of film and the narrative techniques that are standard today. Full details in online description.

Holocaust Childhood – Wounds That Never Heal

Instructor: Robert Ratonyi **Wks:** 4
Dates: 1/14/2027-2/4/2027 **Method:** Classroom
Times: 1:30 PM-3:00 PM **DOW:** Thursday
Holocaust Childhood – Wounds That Never Heal is a 55-minute, three-part presentation that uses Robert's lived experience as a Jewish child in Budapest to illuminate the larger moral lessons of the Holocaust. The Introduction places the Holocaust within the wider history of 20th century genocides and connects its origins to contemporary events, including October 7, 2023. The central narrative, drawn from Chapter 1 in his published book From Darkness into Light – My Journey from Nazism, Fascism, and Communism to Freedom, recounts Robert's survival from 1938 to 1945 through bombings, starvation, the Arrow Cross terror, the ghettos, and the loss of fourteen family members. The Conclusion returns to the questions posed at the beginning: how genocide becomes possible, and how future genocides might be prevented. Robert reflects on human nature, the thin line between good and evil, the danger of apathy, the necessity of strictly enforced laws, and the unique role of America's founding documents in safeguarding liberty.

The Dynamic Relationship Between Music and Visual Art

Instructor: Emanuel Abramovits **Wks:** 6
Dates: 1/14/2027-2/18/2027 **Method:** Online
Times: 1:30 PM-3:00 PM **DOW:** Thursday
Discover the dynamic relationship between music and visual art throughout history, exploring their shared elements of rhythm, harmony, and emotion. Through audiovisual presentations, anecdotes, and humor, participants will journey from the Renaissance through Romanticism and into the multimedia experiments of the modern era. The course examines how music has influenced artistic innovation, from Vermeer to Picasso, and how digital technology continues to create immersive audiovisual experiences.

VIVO 8 Week Course: Strength and Independence Exercise

Instructor: Impactive Inc. **Wks:** 8
Dates: 1/19/2027-3/9/2027 **Method:** Online
Times: 9:00 AM-11:00 AM **DOW:** Tuesday
Maintaining muscle strength and balance is essential for preserving health and independence as we age. Without strength training, older adults often experience a decline in muscle tone, which can affect mobility and balance. Vivo is an interactive, live online strength-building course tailored to your individual fitness level, designed to help you improve physical fitness through a focus on strength, balance, and cognitive exercises. Classes are small, ensuring personalized attention, and are led by certified personal trainers with expertise in working with older adults. These trainers provide modified exercises to accommodate each participant's specific fitness needs. Vivo offers two 45-minute sessions per week and includes one-on-one assessments before the course starts to establish a baseline of your abilities. At the end of the program, a final assessment will track your progress and results. Whether you're new to exercise or already have an established routine, Vivo is designed to help you achieve your fitness goals and enhance your overall well-being. Vivo is an online program, where you will pick the class day and time that works best for your schedule.

Let's Discuss Topics We Disagree On Four Week Course

Instructor: Alice Huang **Wks:** 4
Dates: 1/21/2027-2/11/2027 **Method:** Classroom
Times: 1:30 PM-3:00 PM **DOW:** Thursday
This course is for those who have already participated in any of the previous courses Alice Huang has led for OLLI and are familiar with the approach introduced in "How Can We Discuss Topics We Disagree On?". These discussion workshops used to be packaged in series of four, but are now being offered as separate one-day courses, to make it more convenient for you to register for however many you wish to participate in, on whichever dates work for you. Each week, we will try to engage constructively on a different topic, to gain insights from those we disagree with, and to build our understanding and skills for having these conversations. Topics we've tackled in the past include questions related to current events, immigration,

social services, and AI. (Send an email to suggest any topics you would especially like to discuss with people who disagree with you!)

Watercolor, Basics & Beyond

Instructor: Jean Khoshbin **Wks:** 6
Dates: 1/28/2027-3/4/2027 **Method:** Classroom
Times: 10:30 AM-12:30 PM **DOW:** Thursday
Join JP for this six-session course that begins with a quick review of watercolor fundamentals, while focusing on techniques for creating atmospheric watercolor paintings. Participants will also explore learning from the master's by creating their own watercolor interpretations of classic works.

All Abroad: Trains and Railroads in Music

Instructor: Judith Costello **Wks:** 4
Dates: 2/1/2027-2/22/2027 **Method:** Online
Times: 1:30 PM-3:00 PM **DOW:** Monday
This four-week course is a lighthearted excursion through both popular and classical music depicting train travel. Join us as we “Take the ‘A’ Train,” or board the “Chattanooga Choo-Choo.” Come along on a “Sentimental Journey” or a “Night Train.”

Murals and Maize: An Introduction to the World of the Maya

Instructor: Michael McDavid **Wks:** 4
Dates: 2/2/2027-2/23/2027 **Method:** Hyflex
Times: 1:30 PM-3:00 PM **DOW:** Tuesday
Discover the fascinating history of the Maya, one of the most advanced civilizations of the ancient Americas. Emerging nearly 4,000 years ago in what is now southern Mexico and Guatemala, Maya civilization developed remarkable achievements in architecture, writing, agriculture, and transportation. In this four-week course, we will explore the origins and development of Maya civilization, from its impressive ceremonial centers and towering stone temples to its sophisticated writing system and agricultural innovations. We will examine the cultural and technological achievements that distinguished the Maya from neighboring Mesoamerican societies and consider the factors that contributed to the decline of the Classic Maya civilization during the 10th century. We will also explore the arrival of the Spanish in the 16th century, and the profound changes brought by conquest. Through this historical journey, participants will gain a deeper understanding of the achievements, challenges, and enduring legacy of the Maya people.

The Psychology of Fiction

Instructor: Marshall Duke **Wks:** 4
Dates: 2/3/2027-2/24/2027 **Method:** Classroom
Times: 11:30 AM-12:45 PM **DOW:** Wednesday
Good fiction offers something unique: access to the private thoughts, feelings, motives, and reactions of other people. In real life, we usually must guess about these things using what psychologists call our "Theory of Mind." Fiction serves as a "flight simulator" for developing these important mind-reading skills. In this four-week course, we'll dive deeply into Margaret Atwood's fascinating novel, Alias Grace, exploring its rich plot and complex characters. We'll learn about real people by studying fictional people, applying psychoanalytic (Freud) theory, cognitive-behavioral theory, and other psychological perspectives. Along the way, we'll explore the history of psychiatry, the nature of abnormal behavior, and the fascinating connections between psychology and human behavior. By the end, participants will have gained a deeper understanding of both literature and psychology—and we'll have a mighty good time! Required Book: Alias Grace by Margaret Atwood. First reading will be emailed before the start of class, so students can read before the first day of class.

ONE DAY COURSES

VIVO Free Info Session - Staying Strong and Independent

Instructor: **Wks:** 1
Dates: 1/5/2027-1/5/2027 **Method:** Online
Times: 10:00 AM-11:00 AM **DOW:** Tuesday
Staying Strong and Independent: What the Science Shows (and What to Do About It) Summer Info Session "Staying Strong and Independent: What the Science Shows (and What to Do About It)" This session explores the growing body of research on strength training and its role in supporting healthy aging. Participants will learn how strength impacts mobility, balance, metabolic health, and overall independence, along with practical ways to incorporate it into daily life. We will also examine what happens to the body as we age, including the natural loss of muscle mass (sarcopenia), and discuss simple, research-backed strategies to address it—particularly through strength training and nutrition. Free Webinar for more information about the program

Special Interest Group - War and Peace

Instructor: **Wks:** TBD
Dates: 1/8/2027-1/8/2027 **Method:** Classroom
Times: 11:00 AM-12:00 PM **DOW:** Friday
Have you ever wanted to tackle a great literary classic? Join fellow OLLI at Emory members for a six-month reading journey through War and Peace by Leo Tolstoy! This Special Interest Group will meet once a month (TBD) to discuss the book, share insights, explore its memorable characters and themes, and enjoy lively conversations along the way. Whether you've read this classic before or are discovering it for the first time, this is a wonderful opportunity to dive into one of literature's most celebrated works with fellow book lovers. "Tolstoy's epic about Russia during the Napoleonic Wars is one of the greatest studies of human psyche and society ever written." British historian Dan Jones

Pearl Party: Discover Your Hidden Treasure

Instructor: Virginia Milner **Wks:** 1
Dates: 1/11/2027-1/11/2027 **Method:** Classroom
Times: 11:00 AM-1:00 PM **DOW:** Monday
The excitement begins when you choose and open your very own oyster to reveal the pearl hidden inside! Then, turn your little treasure into a beautiful pearl cage pendant to take home. Come for the thrill of discovery and leave with a unique piece of costume jewelry featuring your very own pearl. Who knows what treasure awaits you?

How Events Shape Us

Instructor: Emory Medical Students **Wks:** 1
Dates: 1/11/2027-1/11/2027 **Method:** Hyflex
Times: 1:30 PM-3:30 PM **DOW:** Monday
Discover how major historical events, cultural milestones, and personal experiences have influenced different generations. Through storytelling and group discussions, participants will explore how shared and individual experiences shape our values, perspectives, and identities.

Ikebana: Japanese Art of Flower Arrangement

Instructor: Nutan Ahuja **Wks:** 1
Dates: 1/14/2027-1/14/2027 **Method:** Classroom
Times: 1:00 PM-3:00 PM **DOW:** Thursday
Ikebana is an ancient Japanese art of flower arranging, guided by the desire to create harmony between flowers and their surroundings. More than merely decoration, the Ikebana way of flower arranging encourages one to fully express by infusing each arrangement with a sense of space, motion, season, rhythm and emotion. Students need to bring a tall vase (approx. 8-12 inch tall), shears, and any fresh leaves with 2-3 stems. Fresh Flowers will be provided.

Discussing Topics We Disagree On - One-Day Workshop

Instructor: Alice Huang **Wks:** 1
Dates: 1/14/2027-1/14/2027 **Method:** Classroom
Times: 1:30 PM-3:00 PM **DOW:** Thursday **OR**

Dates: 1/14/2027-1/14/2027 **Method:** Classroom
Times: 1:30 PM-3:00 PM **DOW:** Thursday
Are you bothered that it feels like your relationships may be at risk whenever the conversation turns to topics you are passionate about, and especially if you're talking with someone who passionately disagrees with you? This one-day workshop is an introductory exploration of some ideas that might help. We will consider (1) the value of learning about the perspectives of people who disagree with us, (2) the need to explore the nuances of what we agree and disagree on, (3) the effects of the common tendency to push people into mutually exclusive us-vs-them categories, and (4) the challenge of trying to learn from those we think are wrong. Then, we'll identify a topic we disagree about and try out some of these ideas. This course prepares you to participate in deeper discussions of topics we disagree on, offered as separate 4-week courses, "Let's Discuss Topics We Disagree On".

National Safety Council Defensive Driving

Instructor: Jim Spano **Wks:** 1
Dates: 1/15/2027-1/15/2027 **Method:** Classroom
Times: 9:30 AM-2:00 PM **DOW:** Friday
National Safety Council Defensive Driving Course: This course emphasizes the importance of personal responsibility in safe driving. Participants will learn the mental strategies and knowledge necessary to become defensive drivers. The class will cover the seven most common driving mistakes and strategies to avoid them, as well as the five key conditions that impact driving skills and reaction time. Completing the course may qualify participants for a discount on their auto insurance.

Jane Austen & You

Instructor: John King **Wks:** 1
Dates: 1/21/2027-1/21/2027 **Method:** Classroom
Times: 10:00 AM-11:00 AM **DOW:** Thursday
In English literature, Jane Austen is often ranked second only to Shakespeare. Her rich and unique contributions are both artistic and technical. Today, it is likely no writer has more ardent devotees worldwide. What inspires this acclaim, constant stream of film adaptations, fan fiction, and genuine personal affection? To better understand the phenomenon that is Austen, we will 1) look at the impact her family and the Regency era had on her works, 2) overview the works themselves, 3) explore multiple ways to further develop your own lifelong relationship with this very welcoming, warm, and comic genius.

Climate Change, Health, and Food

Instructor: Marilyn Radke **Wks:** 1
Dates: 1/22/2027-1/22/2027 **Method:** Classroom
Times: 11:00 AM-12:00 PM **DOW:** Friday
Our food choices play a major role in both climate change and our health. Some foods require enormous amounts of energy, land, and water, resulting in a large climate footprint, while others use fewer resources and leave a much smaller carbon footprint. If we hope to stay within climate change target temperatures, our food choices must be a serious part of the conversation about mitigating climate change. Certain foods increase our risk for obesity, type 2 diabetes, heart disease, stroke, cancer, and dementia, while others have been shown to decrease these risks. Learn how our food choices can help fight climate change and reduce the risk of chronic diseases, and discover why 16% of people may be willing to change their diet for the sake of the planet and their health.

Intergenerational Jeopardy Game

Instructor: Emory Medical Students **Wks:** 1
Dates: 1/25/2027-1/25/2027 **Method:** Classroom
Times: 1:30 PM-3:30 PM **DOW:** Monday
Get ready for a lively game of Jeopardy featuring trivia from different decades and generations! Participants will work in teams to answer questions about history, pop culture, music, technology, and more while learning from one another and enjoying some friendly competition.

We Used to Listen to THAT?!?!?!

Instructor: Jeff Glazer **Wks:** 1
Dates: 1/28/2027-1/28/2027 **Method:** Hyflex
Times: 10:00 AM-11:00 AM **DOW:** Thursday
Peaking in the 50s and 60s, novelty songs are a genre unto themselves. These are (mostly) humorous songs that don't fit into the "normal" song patterns of their time. Remember "Monster Mash?" or "They're Coming to Take Me Away?" How about "Charlie Brown" or "Hello Muddah, Hello Faddah?" The amazing thing about these songs is that almost all the examples I will use made the Billboard Top 20, and many made the Top 10, with some surprise #1 hits tucked in. Look back with a smile or in horror. These songs will bring back memories.

All Things Technology: How to Prompt AI

Instructor: Emory Medical Students **Wks:** 1
Dates: 2/8/2027-2/8/2027 **Method:** Hyflex
Times: 1:30 PM-3:30 PM **DOW:** Monday
Explore the world of artificial intelligence and discover how AI tools can be used in everyday life. Through hands-on demonstrations and interactive activities, participants will learn how to write effective prompts, ask better questions, and use AI creatively, confidently, and responsibly.

Dreams Speak Group Workshop

Instructor: Carolyn Stephens **Wks:** 1
Dates: 2/15/2027-2/15/2027 **Method:** Classroom
Times: 10:00 AM-12:00 PM **DOW:** Monday
Step into the mystical world where dreams serve as whispers from beyond our earthly senses. Across ancient civilizations, dreams were revered as divine messages – and even today, they continue to hold profound significance. Join us as we delve into the timeless wisdom of biblical dreams, unlocking their timeless lessons to enrich our lives. Carolyn will also share her own visionary experiences, offering profound insights into the power of connectivity and personal growth. Don't miss this opportunity to decode the language of your dreams and uncover the hidden messages within. Reserve your seat now and embark on a journey where the subconscious meets the sacred.

The Art of Listening with Kindness and Compassion

Instructor: Michele Berrell **Wks:** 1
Dates: 2/18/2027-2/18/2027 **Method:** Classroom
Times: 11:30 AM-1:00 PM **DOW:** Thursday
Listening with kindness and compassion is more than hearing words. It means being fully present, setting aside distractions, assumptions, and the urge to immediately respond or fix. Compassionate listening creates a safe space where others feel seen, heard, and valued. It invites us to listen not only to what is said, but also to the feelings and needs beneath the words. Through attentive listening, we deepen understanding, strengthen relationships, and foster connection and trust. I'm confident this presentation will give you a new insight into how important Listening with Kindness and Compassion really is.

Crazy Gods and Crazier Rituals of Ancient Rome

Instructor: Victoria Alvear **Wks:** 1
Dates: 2/25/2027-2/25/2027 **Method:** Hyflex
Times: 11:30 AM-1:00 PM **DOW:** Thursday
Beneath ancient Rome's impressive marble façade was a world filled with superstition, unusual gods, and fascinating rituals. From sacred chickens that influenced military decisions to goddesses of the sewers, Roman life blended reason with the wildly irrational. Explore some of the funniest, most surprising, and occasionally disturbing beliefs and traditions of one of history's greatest empires.

ENNEAGRAM COURSES:

Enneagram Part 1 - Introduction & Path to Growth and Happiness

Instructor: Tony Holmes, MA **Wks:** 1
Dates: 2/5/2027-2/5/2027 **Method:** Classroom
Times: 10:00 AM-12:00 PM **DOW:** Friday
This course (Part 1) is a mandatory prerequisite to taking any future Enneagram courses. Part 1 focuses on the core Enneagram elements, and concepts, and provides real-life examples, in-class exercises, and an optional private online test to help determine your "type." Making real improvement in your life begins with self-awareness and understanding others. This requires finding your "true self," and learning how we all see the world through our own distorted lenses. By becoming aware and accepting of your unconscious fears, motivations, desires, and how you respond to stress, you can find your natural path to overcoming the obstacles holding you back from better relationships, decisions, purpose, and happiness. The "secret sauce" to unlocking life-changing personal growth and happiness is the Enneagram, which is a unique, powerful, and practical personality/self-development system that creates awareness of why we each uniquely - yet predictably - think, feel and behave as one of 9 common patterns or "types." Understanding this "why" that is driving your behavior is the critical first step to improving your ability to manage your emotions, behavior, and life. Whether you seek a better relationship with your spouse/family/friends/colleagues, are working through a new life stage, or simply want to find your true self and happiness, this course will introduce the foundational concepts, real-life examples, and practical tools and exercises to find your "type," and of how you can use the Enneagram to energize and transform your life in the way that matters most to you. Included in the course is a brief introduction to additional Enneagram elements (e.g. "wings, arrows, subtypes, levels of development " etc.) for personal growth --- that will be explored in detail in the Part 2 course offered later.

Enneagram Part 2 Key Elements for Life Success and Happiness

Instructor: Tony Holmes, MA **Wks:** 1
Dates: 2/12/2027-2/12/2027 **Method:** Classroom
Times: 10:00 AM-12:00 PM **DOW:** Friday
This course (Part 2) builds on the prerequisite Part 1 (past attendance at any Part 1 offered during 2024-2027) to provide additional core Enneagram elements that are key for "life success" and happiness. Part 2 details the powerful Enneagram concepts and tools (e.g. wings, arrows, subtypes, levels of development, triads, etc.) that illustrates how to use the knowledge of your Enneagram "type" (identified in the Part 1 course) to improve relationships, manage emotions, find purpose, break "stuck" habits, reach your main goals, and achieve personal growth and happiness. Part 2 is strongly recommended, but not required, for attending any additional Enneagram OLLI courses. Whether you seek a better relationship with your spouse/family/friends/colleagues, are working through a new life stage, or simply want to find your true self and happiness, this course will introduce the foundational concepts, real-life examples, and practical tools to use the Enneagram to energize and transform your life in the way that matters most to you.

Enneagram: Personal Growth & All About Arrows

Instructor: Tony Holmes, MA **Wks:** 1
Dates: 2/19/2027-2/19/2027 **Method:** Classroom
Times: 10:00 AM-12:00 PM **DOW:** Friday
This class builds on the prerequisite Part 1 (offered multiple times during 2024-2027) "Introduction to the Enneagram" class. It moves beyond simply knowing your "type" to using the Enneagram as a practical tool for self-improvement ... across emotional, intellectual, and social dimensions. You'll learn key steps for growth, including expanding self-awareness, addressing ego patterns that keep you "stuck," and making positive changes to realize your potential. In an informal, interactive group setting, you'll explore how to apply core Enneagram elements (type, wings, centers, and levels of development) to create balance, overcome challenges, and strengthen underdeveloped qualities. Importantly, we'll dive deep into how we all can both negatively and positively use our natural path "arrows" or "connected types," while explaining and demystifying common misunderstandings of "arrow" theory. Finally, we'll address type-specific growth traps that block progress toward meeting your needs, values, and purpose.

Osher Online™

Osher Online brings together members from OLLIs across the country in engaging, live Zoom classes. Developed by the **Osher National Resource Center (NRC)** at Northwestern University, these courses are delivered by their program and supported by experienced moderators and technical staff.

Course Format & Details

- **Length:** 6 weeks
- **Session Time:** 1.5 hours per week
- **Format:** Live via Zoom (*sessions are not recorded – live attendance required*)
- **Cost:** $75 per person, per course
- **Membership Requirement:** You must hold an active **OLLI at Emory membership** to enroll.
- **Class Size:** OLLI at Emory is limited to **13 seats per course**.
- **Refund Policy:** No refunds will be issued **within 7 business days** of the course start date.

Monday

Functional Healthspan: Measuring What Matters

Instructor: Scott Fulton Wks: 6
Dates: 1/25/2027-3/1/2027 Method: Online
Times: 11:00 AM-12:30 PM DOW: Monday
Explore how strength, endurance, mobility, flexibility, and cognition contribute to healthy aging and independent living. Through evidence-based instruction and practical self-assessments, participants will identify areas for improvement, understand how physical and cognitive abilities work together, and develop a personalized 12-week plan to support long-term health and independence.
Video: Watch Course Preview

Gilded Age New York

Instructor: Adam Kocurek **Wks:** 6
Dates: 1/25/2027-3/1/2027 Method: Online
Times: 11:00 AM-12:30 PM **DOW:** Monday
Discover the glamour, excess, innovation, and inequality of America's Gilded Age. Beginning with the Civil War era and continuing into the early twentieth century, this course examines the people, scandals, cultural developments, and economic transformations that shaped the nation, with special attention to New York City's influential role.
Video: Watch Course Preview

Funny You Should Mention It: TV Sitcoms in the 21st Century

Instructor: Jim McKairnes Wks: 6
Dates: 1/25/2027-3/1/2027 Method: Online
Times: 3:00 PM-4:30 PM DOW: Monday
Trace the evolution of American television comedy from classic sitcoms to contemporary series. Explore how changing cultural expectations, writing styles, characters, and storytelling techniques transformed the genre. Discussions include mockumentaries, cringe comedy, animated series, and modern programs such as *Abbott Elementary*, *Hacks*, and *Shrinking*. Video: Watch Course Preview

Popular Cultures of the Middle East

Instructor: Nour Hodeib Wks: 6
Dates: 1/25/2027-3/1/2027 Method: Online
Times: 5:00 PM-6:30 PM DOW: Monday
Examine the rich cultural traditions and contemporary expressions of the Arabic-speaking Middle East through music, cinema, literature, and oral traditions. Explore how colonialism, nationalism, globalization, and social movements have influenced cultural identity, including the voices of women, young people, and minority communities.
Video: Watch Course Preview

Tuesday

The American Revolution and the British Empire

Instructor: Rick Bell Wks: 6
Dates: 1/19/2027-2/23/2027 Method: Online
Times: 11:00 AM-12:30 PM DOW: Tuesday
Reconsider the American Revolution from the perspective of the British Empire. Explore British reactions to colonial resistance, the Boston Tea Party, Benedict Arnold, Irish involvement in the war, and the effects of independence on Britain's Caribbean colonies. The course concludes with the Treaty of Paris and the reshaping of the British Empire.
Video: Watch Course Preview

Famous Furniture Makers and Their Fabulous Creations

Instructor: Eleanor Schrader Wks: 6
Dates: 1/19/2027-2/23/2027 Method: Online
Times: 3:00 PM-4:30 PM DOW: Tuesday
Explore the artistry and craftsmanship of furniture makers and decorative artists throughout history. Trace furniture styles in Europe and America from ancient times through the eighteenth century, examining techniques such as marquetry, gilding, lacquering, upholstery, and innovative construction methods. Discover the lives of the artisans and patrons behind these remarkable creations.
Video: Watch Course Preview

John Muir and the American Environmental Movement

Instructor: Mike (Michael) Wurtz Wks: 6
Dates: 1/26/2027-3/2/2027 Method: Online
Times: 11:00 AM-12:30 PM DOW: Tuesday
Explore the life and environmental legacy of naturalist John Muir, whose work helped shape America's national park movement. Using his journals, correspondence, drawings, and manuscripts, participants will examine Muir's observations of the natural world, his efforts to preserve places such as Yosemite, and his lasting influence on conservation.
Video: Watch Course Preview

Women's Suffrage: About More Than the Vote!

Instructor: Diana Carlin Wks: 6
Dates: 1/26/2027-3/2/2027 Method: Online
Times: 3:00 PM-4:30 PM DOW: Tuesday
Explore the history of the women's rights movement in America, from early struggles for property and legal rights to the fight for voting equality. Examine the contributions of prominent and lesser-known advocates, the strategies they employed, and the decades of activism that helped transform women's political and social standing.
Video: Watch Course Preview

Hidden Influences: Lost Gems of the 20th Century

Instructor: Richard Klin Wks: 6
Dates: 1/26/2027-3/2/2027 Method: Online
Times: 5:00 PM-6:30 PM DOW: Tuesday
Rediscover five influential twentieth-century novels that shaped American literature and culture but are less frequently read today. Through discussion of *The Ugly American*, *Peyton Place*, *The Jungle*, *Babbitt*, and *The Man in the Gray Flannel Suit*, participants will explore the historical significance and continuing relevance of these works.
Video: Watch Course Preview

Women, Sainthood, and Power

Instructor: Oliva Espin Wks: 6
Dates: 2/2/2027-3/9/2027 Method: Online
Times: 5:00 PM-6:30 PM DOW: Tuesday
Examine the remarkable lives of female saints through history, psychology, religion, and women's studies. Explore figures such as Joan of Arc, Teresa of Ávila, Rose of Lima, and Frances Cabrini, focusing on how these women challenged expectations, navigated authority, and exercised influence within their societies.
Video: Watch Course Preview

Wednesday

Today's Technology: How Does It Work?

Instructor: Elizabeth Burnette Wks: 6
Dates: 1/20/2027-2/24/2027 Method: Online
Times: 11:00 AM-12:30 PM DOW: Wednesday
Gain an accessible introduction to today's rapidly changing technologies. Topics include the internet, cloud computing, smartphones, social media, robotics, 3-D printing, autonomous vehicles, blockchain, cryptocurrency, and artificial intelligence. Designed for curious learners, this course requires no previous technical knowledge.
Video: Watch Course Preview

The Last 100 Years of Russian Rulers: From Stalin to Putin

Instructor: Asya Pereltsvaig Wks: 6
Dates: 1/27/2027-3/3/2027 Method: Online
Times: 1:00 PM-2:30 PM DOW: Wednesday
Explore a century of Russian history through six influential leaders: Stalin, Khrushchev, Brezhnev, Gorbachev, Yeltsin, and Putin. Examine their backgrounds, rise to power, leadership styles, political decisions, and legacies to understand how their personalities shaped Soviet and post-Soviet Russia.
Video: Watch Course Preview

From Gregorian Chant to Bohemian Rhapsody: The Evolution of Vocal Groups

Instructor: Mike Agron Wks: 6
Dates: 1/27/2027-3/3/2027 Method: Online
Times: 3:00 PM-4:30 PM DOW: Wednesday
Discover nearly a thousand years of vocal music, from sacred Gregorian chant to contemporary popular music. Through multimedia presentations, explore the development of duos, trios, quartets, and larger ensembles across classical, jazz, pop, rock, and R&B traditions. No musical training is required.
Video: Watch Course Preview

Living Off the Laughter: The History of Comedy in America, Part II

Instructor: Eddy Friedfeld Wks: 6
Dates: 1/27/2027-3/3/2027 Method: Online
Times: 5:00 PM-6:30 PM DOW: Wednesday
Explore the evolution of American comedy throughout the twentieth and twenty-first centuries. Examine how comedians and changing social attitudes influenced one another, with discussions of stand-up, sitcoms, political satire, blockbuster films, and influential comedy creators including Mel Brooks, Tyler Perry, and Amy Heckerling.
Video: Watch Course Preview

Thursday

Embodying the Inner Truth: The Films of Denzel Washington

Instructor: Arnold Blumberg Wks: 6
Dates: 1/28/2027-3/4/2027 Method: Online
Times: 3:00 PM-4:30 PM DOW: Thursday
Examine the extraordinary career of Denzel Washington, from his early television roles to his acclaimed work in film and theater. Explore memorable performances in *Glory*, *Malcolm X*, *Training Day*, and *The Equalizer*, along with his achievements as a director and producer and his contributions to adaptations of August Wilson's plays. Video: Watch Course Preview