

### Osher Lifelong Learning Institute

**Emory Continuing Education** 

# 2023

## January - February

Courses and social opportunities for Adults 50+

No tests, no homework,...just the joy of learning



Website: olli.emory.edu | Email: olli@emory.edu

2635 Century Pkwy NE, Suite 300 Atlanta, 30345 | 404-727-5489

#### Welcome to OLLI at Emory

#### **The Organization**

The Osher Lifelong Learning Institute at Emory University (OLLI at Emory) is a community of seasoned adults who wish to stay mentally alert and physically active through classes and social programs that nourish the mind, body, and soul. OLLI provides educational, cultural, volunteer, and social opportunities designed for individuals 50 years and older, through courses, lectures, seminars, special interest groups, special events, and trips. The educational programming is centered on courses developed and taught by volunteers who share their time, passion, and knowledge. OLLI at Emory is a member driven, community-based program, housed within Emory Continuing Education.

No tests, no grades...just the joy of learning from one another!

#### The Staff

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#### **OLLI Office**

2635 Century Pkwy NE, Suite 300 Atlanta, GA 30345

Phone: 404-727-5489 Email: olli@emory.edu

#### Office Hours: Mon-Fri 9AM-4PM

Please leave a message if we do not answer, your call will be returned as soon as possible.

#### **Membership**

OLLI at Emory is a member only organization. Annual memberships are \$50 for one year, September 1 – August 31.

#### **Course Fees**

Unless indicated otherwise in the course description, the flat fee for every course is \$10 per session when registering with the Early Bird Discount. On occasions, some courses may have an additional fee for instructional or supplies associated with the course.

If registering less than 5 days prior to class, there is a \$10 late enrollment fee added. (example: 4-Week Class \$40 if registering before 5 days before the start of class, \$50 if registering late)

#### Registration

No payments will be processed before the start of registration for in-person seats. **Online registration is preferred.** We cannot guarantee seats for checks sent in the mail. If registering by phone, 404-727-5489, 9AM-4PM.

#### **Course Cancellation Policy**

Courses that do not meet minimum student registration numbers are subject to cancellation. If a course is cancelled, students will be notified by email and issued a refund, in the manner in which you paid.

#### **Refund Policy**

Provided that requests are received in writing before 5:00 PM Eastern time, no fewer than five days prior to the class start date, refunds will be made in the form of the original payment. A \$10 administrative fee will be charged. Failure to attend class or stopping payment on a check or credit card does not constitute grounds for a refund.

#### No Refunds will be Processed after the Start of a Course

A \$35 fee will be charged for returned checks and stop payments

#### **Online Courses**

All OLLI online courses are conducted via Zoom, a web conferencing platform that is used for audio and/or video conferencing. It is free to sign-up to use Zoom for attending courses. If you have not already done so, you can create a free account at www.zoom.us. After setting up an account you simply login using the credentials you registered with and click on a Zoom link sent for any courses registered.

#### **Online Course Zoom Links**

All Zoom links are sent the evening or afternoon before the scheduled start date of a course. The same link is used for the entirely of the course. Although, the OLLI Office does try to send reminders each week, please save and keep your original email handy to access the course.

#### **IMPORTANT COVID POLICY INFORMATION**

#### **Policy**

Participants in **all in-person classes at OLLI -** Emory Continuing Education are required upon entry to the ECE Suite to show proof of COVID vaccination or a negative COVID test taken within 48 hours of class.

Participants must have completed a COVID-19 vaccine series with a vaccine authorized by the FDA or for emergency use by the World Health Organization (WHO). You will be required to provide information prior to attending class.

Unvaccinated participants will be required to complete a negative PCR or antigen test within 48 hours before accessing campus. Home tests are not permitted.

#### **Testing cadence**

In addition to testing within 48 hours of accessing campus, unvaccinated participants must conduct a test every 7 days throughout the duration of the course/program.

#### **Masks**

Masks are optional; however, they are encouraged for our student population. There may be occasions where an instructor prefers for students to masked while attending their class. Please help us with the health safety of everyone.

Should health indicators change, or heightened risks emerge, indoor masking requirements may be reinstated. Emory University's masking policy can be found <a href="here.">here.</a>

#### **Noncompliance**

Participants that fail to provide the required documentation on the day of class or are otherwise noncompliant with the COVID-19 policy will not be eligible for a refund.

#### How to register

OLLI at Emory is offering Online (Zoom) and In-Classroom course options. Each course will note what format the course is offered. If a course is listed as Hyflex, you will have two separate section options, either in- classroom or online. Students will register in the course section of their preferred choice, please look carefully when registering online. Also, keep in mind, all classroom seats are first come first serve. Zoom sections generally do not have an enrollment max, unless the instructor prefers to limit the number of enrollments.

#### **EXAMPLE:**

#### Dissecting The Novel With June Converse

Delivery Options: Online (Instructor-led) and Classroom

#### **Course Description**

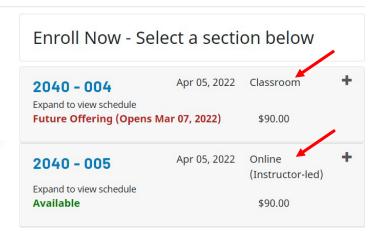
Instructor: June Converse

Book Selection for April 2022 - The Lincoln Highway by Amor Towles ISBN-13: 978-0735222359

**Students purchase their own book** and **DO NOT read ahead**. Instructor will give instructions on how to read each week.

The Lincoln Highway: A Novel: Towles, Amor: 9780735222359: Amazon.com: Books

What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers and any story love will enjoy this class.



#### REGISTRATION

Registration will open on Monday, November 28, 2022 at 9am. All seats are first come, first serve. Online registration is preferred on our website or you can register by phone at 404- 727-5489.

Login to your account before registration opens to make sure you have no problems. You can reset your password on the website and through your email. After you reset your password, be sure to close your browser completely and reopen to attempt a new login.

Reminder: Any person registering in an in-classroom seat, will be required to follow the ECE COVID policy.

January courses begin January 9<sup>th</sup> – February 28<sup>th</sup>. Register early to reserve your seat. Please keep in mind the University is closed for winter break, December 23, 2022 - January 2, 2023.

#### **MONDAY**

#### **Dissecting the Novel –**

Format: Classroom

#### The Rose Code by Kate Quinn

**Instructor:** June Converse **Dates:** 1/9/2023 - 2/27/2023 **Time:** 10:00am - 11:30am

What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers and any story

#### **Chair Yoga**

Instructor: Nutan Ahuja Dates: 1/9/2023 - 2/27/2023 Time: 10:00am - 11:00am

love will enjoy this class.

Format: Zoom

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace. Resistance bands help you do any type of strength training without the need for heavy weights. These bands engage multiple muscles simultaneously, so your entire body gets a workout in a short period of time. Â These classes are a GREAT entry point for students OF ALL AGES AND ALL LEVELS.

#### **Hollywood Scores: A Fertile Land for Jews**

Instructor: Emanuel Abramovits
Dates: 1/9/2023 - 2/20/2023
Time: 1:20pm 2:00pm

**Time:** 1:30pm - 3:00pm

Format: Zoom

As doors were closing in Europe in the 30s, they were opening in America, despite the Great Depression. Together we will discover how immigrants, some of them escaping the Nazi regime, created the Hollywood music that we have all loved since childhood. We'll explore how that migration changed the landscape of American culture and with strong audiovisual support, we'll learn how famous scores, like those of Citizen Kane, Gone with the Wind, Casablanca, Ben-Hur, or Psycho were written and performed. Anecdotes and stories, combined with musical examples will help us know how some composers analyzed the protagonists' psyche, the director's intentions and then enhanced the final product and the filmgoing experience.

#### <u>Dissecting the Novel - The Rose Code by Kate</u> Quinn

**Instructor:** June Converse **Dates:** 1/9/2023 - 2/27/2023 **Time:** 1:00pm - 2:30pm

Format: Zoom

What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader and publisher. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers and any story love will enjoy this class.

### Show Me the Data! How to sort credible science from alternate truths.

**Instructor:** Karen Steinberg **Dates:** 1/9/2023 - 2/20/2023 **Time:** 10:00am - 11:00am

Format: Hyflex

What are we to make of constantly changing or conflicting healthcare messages? Is herd immunity an alternative to vaccines in a pandemic? Should I have a PSA or mammogram after a certain age? We'll start with an explanation of what kind of evidence we need to accept a prevention or treatment for disease: the quality and kinds of studies we can accept. PLEASE NOTE: instructor requests those attending in person be masked.

#### <u>Democratic Party's Flawed Foundation 1896-</u> 1966

Instructor: David Slavin
Dates: 1/9/2023 - 2/27/2023
Time: 1:30pm - 2:30pm
Format: Classroom

Rethinking the Democratic Party, 1896-1966: white supremacy and the "New Deal Order". Coalescing around a symbiotic relationship between the Southern, Dixiecrat ruling elite and the big-city party machines in the Northeast and Midwest, this tandem duopoly determined policies of the New Deal and Great Society and shaped how the Democrats responded to the two great mass upheavals of the era that challenged the power of capital: the labor organizing drives of the Great Depression and WW2 era and the Civil Rights revolution of 1955-1968.

#### **TUESDAY**

#### **Let's Travel to Italy**

**Instructor:** Antonella Giannasca **Dates:** 1/10/2023 - 2/21/2023 **Time:** 10:00am - 11:30am

Format: Hyflex

Are you finally planning a trip to Italy after Covid? Do you want to learn the expressions and the words that will help you interact with locals? Do you want to learn how to order food, ask for directions, etc.? This is the class for you! Let's travel together to this beautiful country and discover the traditions and the culture of Italy. No grammar, no rules just practical sentences and suggestions. Get ready for your trip! Buon Viaggio.

### What did the 2022 Midterm Elections say for the Future? Session 1

**Instructor:** Multiple Presenters **Dates:** 1/10/2023 - 1/31/2023 **Time:** 10:00am - 11:00am

Format: Hyflex

Last November's Mid Term elections were one of the most consequential elections in our history. We will hear from leading academics in political science, nationally recognized journalists, and political consultants. Each week a different expert will analyze the results for Georgia and the nation. Topics will include effective/ineffective political strategies; the impact of the media; polling accuracy and other topics relating to the election results as well as thoughts on what the results will mean for our future. More information online.

### What did the 2022 Midterm Elections say for the Future? Session 2

**Instructor:** Multiple Presenters **Dates:** 2/7/2023 - 2/28/2023 **Time:** 10:00am - 11:00am

Format: Hyflex

Session 2, New Presenters. Last November's Mid Term elections were one of the most consequential elections in our history. We will hear from leading academics in political science, nationally recognized journalists, and political consultants.....

### An Actor Prepares: An Artistic Exploration of Alliance Theatre's Hot Wing King

**Instructor:** Alliance Theater **Dates:** 1/10/2023 - 2/14/2023 **Time:** 11:00am - 12:30pm

Format: Zoom

In this course you will: (1) Dive into character research through the lens of a professional actor. Using a dramaturgical lens, you will explore themes and setting of the piece, develop character backstories, and analyze the script to unlock a deeper understanding of the world of the show. (2) Analyze the text and participate in script readings. (3) Explore the rehearsal process from day one of rehearsal to opening night. (4) Go as a class to see a performance of Hot Wing King at Alliance Theatre 2/28/23 at 7:30pm

#### How to Develop Your Story Intelligence to Lead a Richer Life

Instructor: Rick Stone

**Dates:** 1/10/2023 - 2/21/2023 **Time:** 11:15am - 12:45pm

Format: Classroom

Over the seven weeks of the course we'll journey together into the world of story, exploring a facet of your intelligence that you may never have considered—Story Intelligence. As far as we can tell, "story" has been around as long as humans have walked this earth. Our evolution is intimately intertwined with story. In a stair-step fashion, our brains have evolved to be powerful simulation machines, attuned to using the structure of story to make sense of our world, learn, envision possibilities, and even heal old psychic and spiritual wounds. Did our brains evolve to the point that they invented stories, or did telling stories impact how our brains grew and changed?

#### **Inside the FBI: How the FBI Protects Us**

**Instructor:** Multiple Presenters **Dates:** 1/10/2023 - 2/21/2023 **Time:** 11:15am - 12:15pm

Format: Hyflex

FBI Special Agents with expertise in 7 different disciplines including: Terrorism; Healthcare Fraud; Trafficking (Guns, Drugs etc.); Weapons of Mass Destruction; Public Corruption (Immigration, Prison Corruption, Police Corruption); Civil Rights (Hate Crimes, Human Rights Abuse etc.); Agent Training and Investigation Methodology.

### What Current Exhibitions at American Museums Tell Us About Ourselves

**Instructor:** Howard Cohen **Dates:** 1/10/2023 - 2/21/2023 **Time:** 1:00pm - 2:30pm

Format: Hyflex

Temporary shows at American museums and galleries offer a window into our current zeitgeist. Armchair travel with Howard as he traverses the U.S. looking at eye-catching and informative current art exhibitions. Permanent collections tell us stories about how our nation, our communities, and how our culture came to be. Current (temporary) shows often express where we are where we hope to be. Art installations reflect the best we have to offer. Our optimism! Expect to view not only major exhibits at major museums but smaller institutions that help us feel regional pride.

#### **Existentialism in Films**

**Instructor:** Robin Bernat **Dates:** 1/10/2023 - 2/21/2023

Time: 2:30pm - 3:45pm

Format: Zoom

Existentialism posits that the meaning of our existence can be derived through our experiences, actions and interactions, faith and disbelief. Essential to the thinking is the primacy of free will. This series of films touch on aspects of these ideas sometimes through the portrayal of love and loss, through pivotal life choices, through ethical action or through the lack of these things. Another aspect of Existentialism is the concept of historicity - we are inextricably wedded to our time in history. Each film says something about the human condition — some use humor while other stories through tragedy.

#### **WEDNESDAY**

#### **Chair Yoga and Resistance Bands**

**Instructor:** Nutan Ahuja **Dates:** 1/11/2023 - 2/22/2023 **Time:** 10:00am - 11:00am

Format: Zoom

Chair yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open your body on the path to peace. Resistance bands are incorporated in chair yoga to challenge your muscles by exerting resistance in multiple directions. Your entire body can get a workout with increased joint mobility and muscular strength. The simple & easy movements are great for people in any condition, to do anytime and anywhere.

#### The Civil War in Atlanta: Gone but not Forgotten

Instructor: Wendy Venet
Dates: 1/11/2023 - 2/22/2023
Time: 10:00am - 11:00am

Format: Hyflex

Margaret Mitchell immortalized one image of Civil War Atlanta in Gone with the Wind. This course examines historical Atlanta: its origins as a transportation and commercial hub, its path from unionism to secessionism, its rise and fall as a Confederate city, and the image of its Phoenix-like rebirth after the war. By telling Atlanta's story through the lives of some of its citizens--elite and nonelite, White and Black--this class presents a compelling human portrait of the city at a pivotal time in its history. One class period will be devoted to Civil War commemoration in Atlanta since 1865.

#### Painting as Process (High Museum)

**Instructor:** Artist Jaffia Royes **Dates:** 1/11/2023 - 2/15/2023 **Time:** 11:00am - 12:30pm

Format: Off Site (High Museum)

Engage with the tradition of painting at the High Museum of Art! Led by Teaching Artist, Jaffia Royes, participants will explore a variety of painting techniques such as underpainting, sgraffito, and glazing and consider elements of art including color theory, composition, form, value, and line. During this six-week class, participants will learn to paint from life and from the imagined, taking inspiration from artworks on view. The first half of the course will emphasize a classical painting approach after which participants may begin to experiment with more abstract concepts. The class will culminate with a final group critique and showcase of participant work. All materials are provided, and no prior experience is needed!

#### Songs by the Beach Boys and the Beatles

**Instructor:** Tom Dell

**Dates:** 1/11/2023 - 2/1/2023 **Time:** 10:00am - 11:00am

Format: Hyflex

The course looks at the songwriting teams that developed the music changing songs we heard in the 60s. Brian, Carl, and Dennis Wilson along with Mike Love changed our perceptions of what a rock and roll song should consist of. Lennon and McCartney changed our perceptions of what music should be. We will listen to songs and learn where and why they originated and what they may have meant to the songwriters at the time of their conception. Mainly we will listen to the music and think back to what we were when the music was introduced.

#### The Unseen Israel Expanded: Part 1

**Instructor:** Tim Gelinas

**Dates:** 1/11/2023 - 2/22/2023 **Time:** 10:00am - 11:00am

Format: Classroom

Pursue an EVEN DEEPER expanded journey through Northern Israel, exploring sites rarely seen on traditional tours. This course is Part 1 of a 5-part series designed to capture your imagination & open your eyes to the spiritual relevance of these physical locations. Allow yourself to be moved by the history & Heart of God as our incredible journey unfolds.

#### **Advanced Italian Conversation**

**Instructor:** Antonella Giannasca **Dates:** 1/11/2023 - 1/11/2023 **Time:** 11:15am - 12:45pm

Format: Hyflex

In this class, students will have a chance to talk and exchange ideas in Italian regarding past experiences, trip, everyday life and Italian culture. Through videos and audios, they will continue growing in their knowledge of the language. Students must be able to carry on a conversation in Italian in order to attend this class. Be ready to speak Italian!!

#### The Origins of Rock and Roll Pt 1

Instructor: Tom Dell

**Dates:** 1/11/2023 - 2/22/2023 **Time:** 11:15am - 12:45pm

Format: Hyflex

The course covers the roots of Rock and Roll from gospel, country, jazz, minstrel and medicine shows, Big Band swing and blues. There is a lot more listening to music and watching videos than there is lecturing. The course looks at the development of rock and roll through the music of Ma Rainey, Bessie Smith, Son House, Charlie Patton, Muddy Waters, Howlin' Wolf, B. B. King, Buddy Holly, Elvis, Jerry Lee Lewis, and many others. We cover the period from around 1900 to 1959 in this section. There are follow up courses covering from 1960 through 1968.

#### **The Symphonic Form**

**Instructor:** Sally Kann

**Dates:** 1/11/2023 - 2/22/2023 **Time:** 11:15am - 12:45pm

Format: Hyflex

The orchestral symphony as a music art form was greatly expanded in the Classical period, through the innovative contributions of Haydn, Mozart and Beethoven. In our listening and discussion, we trace the evolution of not only symphonic composition, but of conducting, orchestral instrumentation, which brought new textures and sonorities to the form, and the role of the symphony in effecting social change. The introductory class will provide background; the following four classes will concentrate on a single movement form, beginning with Movement I. The last two classes in the course explore further development of the symphonic form into the 21st century. Listening and reading guides will be provided for each class.

#### Successful Retirement Strategies, Parts 1 & 2

**Instructor:** Tin Gelinas

Dates: 1/11/2023 - 2/15/2023 **Time:** 11:15am - 12:15pm

Format: Classroom

Unlock the doors to understanding and take control of your retirement. Tim will help you have the proper tools so that you can be confident in your decisions on key matters that affect your retirement. These will include: Investments -Mutual Funds & Annuities, Estate Planning & Taxes, Making your money last, Long Term Care, Asset Management, Proper Diversification and Inflation

#### **Basic Meditation with Cookie**

Instructor: Cookie Rubin Dates: 1/11/2023 - 2/15/2023 Time: 11:15am - 12:15pm

Format: Classroom

The class will include basic explanations of how to begin a meditation practice, encourage the continuation of one already in progress, and will include sitting posture, breath work, notes on the benefits of meditation and simple techniques to establish a practice. I will help participants with selected readings, video clips, and guided meditation. Dress very comfortably.

#### **Intermediate Italian Conversation**

Instructor: Antonella Giannasca Dates: 1/11/2023 - 2/22/2023 Time: 1:00pm - 2:30pm

Format: Hyflex

In this class students will practice speaking skills necessary for maintaining conversations and participating in discussions. Practice will include questions and answers, listening to audios and videos, interacting with each other in class about a specific subject. To participate to this class students must have completed at least 4 levels of Italian classes or must be able to have conversation using the past tense. This class is not for beginners.

#### The Constitution and The Supreme Court: A

**History & Analysis** Instructor: Don Cockrill

Dates: 1/11/2023 - 2/22/2023

Time: 1:30pm - 3:00pm Format: Classroom

We'll take a thorough look at the Constitution and the Supreme Court, from the founders' original intent, various historical/ evolutionary phases, political influences, and the controversial role of both the document and the Court on contemporary America. Mad/glad about abortion, guns, religion, affirmative action? Let's discuss.

#### **THURSDAY**

#### **ACTING-UP!**

Instructor: Jane Shalhoub Dates: 1/12/2023 - 2/2/2023 Time: 9:45am - 11:00am

Format: Classroom

Reader's Theater is a great way to shine the spotlight on the hidden actors in each of us! Monologues, dialogues, 1, 2, + 3 Act plays, famous scenes, familiar and funny scripts and a wonderful way to hear our own, and each other's voices as we sit together, read our lines, mind our p's and cues, and prepare for a delightful experience in the magical world of play-acting. The only requirement is an interest in becoming famous in just one month. And a willingness to pretend.

#### Introduction to Behavioral Economics, Part I

**Instructor:** Shai Robkin

Dates: 1/12/2023 - 2/23/2023 **Time:** 10:00am - 11:00am

Format: Classroom

The course introduces students to key concepts designed to help people and organizations make better decisions and avoid common pitfalls that result from instinctive human behaviors. While classical economic theory assumes that people make rational decisions, weighing costs and benefits in order to optimize the likelihood of achieving desired outcomes, behavioral economists start by asking how humans actually behave in the real world. The course covers basic theories of evolutionary psychology, automatic vs. controlled thinking, heuristics (simple procedures that people use unconsciously to reach decisions on difficult questions), prospect theory and inaccurate perceptions of risk, the role of chance, public policy and choice architecture, and when and when not to trust experts.

#### **Sociology of Religion**

Instructor: Kemal Budak
Dates: 1/12/2023 - 1/12/2023
Time: 10:00am - 11:00am

Format: Hyflex

The importance of religion in our social life will be discussed, looking at both the global and American religious landscapes. Topics will include the relationship between politics and religion, what are sects and cults, what constitutes a a denomination, and strange and unusual religious beliefs and practices. The seminal works of Karl Marx and Max Weber will also be discussed.

#### **The Actor's Body Alliance Theater Instructors**

**Instructor:** Alliance Theater **Dates:** 1/12/2023 - 2/16/2023 **Time:** 11:00am - 12:30pm

Format: Classroom

Actors are trained to respond truthfully in moments of imaginary circumstances. Yet inevitably actors will experience moments of tension, rigidity, and stress that interfere with their ability to respond in a believable way. In this special series, you will learn to develop their kinesthetic awareness, discover habits of their physical body, and foster better alignment, and breathing.

#### Famous Women You Wish You Had Known

Instructor: Jill Parks/Tim Minor Dates: 1/12/2023 - 2/2/2023 Time: 11:15am - 12:15pm

Format: Hyflex

Wouldn't you have liked to have known famous women when they were doing what made them famous? Imagine knowing the sisters who founded Spellman College, or the women who drove overland, by themselves or with another women, from Paris or Geneva to Kabul, Afghanistan or from New Delhi, India overland, alone, to Geneva? How about meeting Ida Tarbell, the first women to fly in an airplane, as a passenger, and then reporting about the experience? And what about the two sisters, Freddie and Truus Oversteegen who spent their teenage years luring Nazis to their death by seducing them, or Annie Londonderry, the first woman who rode around the world on a bicycle?

#### The Nature and Management of Phobias

**Instructor:** Peter Campos **Dates:** 1/12/2023 - 2/2/2023 **Time:** 11:15am - 12:45pm

Format: Hyflex

Everyone has fears of something or some situation; that's perfectly normal. But when a fear becomes so extreme that it disables someone who can no longer function in personal, work, or social lives and relationships, it may be a phobia. What are phobias? What causes them? How are they best treated, if treatment is necessary at all? How do they come up with those odd sounding names ending in "-phobia"? In this class we will address all those questions and more; we will look at specific phobias, social phobias, and complex phobias in some detail. I want you to leave with a good understanding of what phobias are and of the most effective, and often quick, treatments based on decades of scientific research. I will draw on my past clinical and research work to illustrate some points.

# What Orwell Didn't (and Couldn't) Know: Language, Propaganda, Politics, Media, and "Our Democracy" in 2023

**Instructor:** Dan Zins

**Dates:** 1/12/2023 - 2/16/2023

Time: 1:30pm - 3:00pm

Format: Zoom

This discussion class will be based on the illuminating and still very relevant 2007 anthology "What Orwell Didn't Know: Propaganda and the New Face of American Politics." Please try to read the introduction and the first four chapters for our initial meeting.

#### **Beginning Spanish Grammar - Easy Grammar**

**Instructor:** Morris Kaplan **Dates:** 1/12/2023 - 2/23/2023

Time: 2:00pm - 3:30pm

Format: Zoom

Using a very helpful textbook and specially curated YouTube videos, Mr. Kaplan teaches Spanish in a fun, interactive and very effective way. This class will focus on basic grammar and will have teach you to say things and ask questions in the present tense and more. No homework, or tests. Just sit back, listen, and participate with your classmates as we do exercises and speak in Spanish to each other. It's an easy way to learn how to speak the second most spoken language in America. Learning a foreign language has also been shown to delay or reduce the onset of dementia.

#### **Favorite Operas**

Instructor: John Bayne

Dates: 1/12/2023 - 2/23/2023

Time: 2:30pm - 3:30pm

Format: Zoom

Traditionally, the most popular operas are reputed to be the ABCs: Verdi's Aida, Puccini's La Boheme, and Bizet's Carmen. But in this 7-week Zoom class, the students will choose which operas they want to hear about. The instructor will then serve as the opera video DJ. The first class will be a general overview of the "splendid art," and following that, the suggestion box will be open for business! Maybe your ABCs are Strauss's Ariadne auf Naxos, Verdi's Un Ballo in Maschera, and Bernstein's Candide. Or even you would prefer the XZYs of Handel's Xerxes, Tchaikovsky's Yolanta, and Mozart's Die Zauberfloete. Seven one-hour classes.

#### **Beautiful British Columbia**

**Instructor:** Peter Campos **Dates:** 2/9/2023 - 2/23/2023 **Time:** 11:15am - 12:45pm

Format: Hyflex

British Columbia is the westernmost province of Canada, and home to the vibrant city of Vancouver. In this class I will be introducing you to the tremendous bio-, cultural-, and environmental-diversity of the province. We will explore these features across the entire province with special attention on three key areas that attract visitors: Vancouver and its Lower Mainland area; Victoria and Vancouver Island; and the south-central interior of the province.

#### **ONE DAY COURSE**

#### First Aid, CPR, AED (National Safety Council)

**Instructor:** Jim Spano

**Dates:** 1/20/2023 - 1/20/2023 **Time:** 09:30am - 03:30pm

Format: Classroom

This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 "C" method of CHECK — CALL - CARE! Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported/ evaluated by medical qualified staff members. Each participant will receive a student book and pocket guide. Each participant will receive a student book, pocket guide and 2 year certificate.

### Modern Warfare A Look at The Evolution of Warfare in the 21st Century

Instructor: COL (Ret) Lawrence Saul

**Dates:** 2/2/2023 - 2/2/2023 **Time:** 10:00am - 12:00pm

Format: Classroom

Warfare has evolved significantly since the fall of the Berlin Wall and the collapse of the Soviet Union. There was a significant shift from large, national armies to non-State groups, terrorist groups, Private Military Companies, and lone wolf actors. Additionally, the nature of war has also changed. Today, outer space is a battleground, as is the internet and cyber space. This course will explore the evolution in warfare and how the battlefield could be in some far-off distant land, in your neighborhood or in your laptop.

#### **FBI Active Shooter Training**

**Instructor:** Special Agent **Dates:** 2/28/2023 - 2/28/2023 **Time:** 10:00am - 11:00pm

Format: Classroom Instructor: Special Agent

Increased Active Shooter incidents have underscored the need for coordinated responses from law enforcement as well as others to protect schools, workplaces, houses of worship, transportation centers, other public gatherings sites and communities. An FBI Special Agent will provide operational, behaviorally based threat assessment and threat management information to recognize and disrupt potential active shooters. Tactics will be provided to keep yourself and others safe during an active shooter attack. Learning these principles now will prepare and empower you to put them

into practice should the unthinkable occur. This will

be an "in person" class only.

#### Other information to know.

#### Registrations

You may register for an OLLI course during specified registration periods. Some courses have limited seats and/or registration deadlines. All in-person courses are filled on a first-come, first-served basis, and some courses may be canceled due to low enrollment. We encourage you to register early to avoid the risk of a course being filled or canceled.

#### Confirmation

You will receive an email receipt of your course purchases and an email confirmation of courses for which you've registered. If you do not receive an email, please contact the OLLI office at 404-727-5489 or by email at olli@emory.edu.

#### Location

Unless otherwise noted, in-person courses are held in the Emory Continuing Education Building located at 2635 Century Parkway NE, Suite 300 (3rd floor), Atlanta, GA 30345, near the intersection of I-85 and Clairmont Rd. The OLLI administrative office is also housed there. Please check the OLLI display monitor located outside the OLLI office for specific classroom number assignments. There are also course titles and times posted outside each classroom.

#### Materials and Text

If a course requires a book, study aid, or other materials, those items will be indicated in the course description.
Instructors will contact students prior to the first class and alert them to any special requirements.

#### **Course Evaluations**

Evaluations provide important feedback to OLLI staff and course instructors. During the last week of class, OLLI students are emailed an anonymous, online course evaluation to complete. Please take the time to complete these forms, they are an important part of completing a course.

#### **Course and/or Class Cancellations**

A course may be canceled if it fails to meet minimum enrollment numbers as determined by OLLI staff. If that happens, students will be notified before a course is scheduled to begin. If an individual class must be cancelled or postponed, students will be notified via email. Also, if Emory University is closed for any reason, OLLI will be closed as well.

#### Ways to stay informed

\*OLLI Website <u>olli.emory.edu</u> and OLLI Newsletter, read it each week.