



# Osher Lifelong Learning Institute

**Emory Continuing Education** 

# September - December

Courses and social opportunities for Adults 50+

No tests, no homework,...just the joy of learning



olli.emory.edu

# Welcome to OLLI at Emory

# **The Organization**

The Osher Lifelong Learning Institute at Emory University (OLLI at Emory) is a community of seasoned adults who wish to stay mentally alert and physically active through classes and social programs that nourish the mind, body, and soul. OLLI provides educational, cultural, volunteer, and social opportunities designed for individuals 50 years and older, through courses, lectures, seminars, special interest groups, special events, and trips. The educational programming is centered on courses developed and taught by volunteers who share their time, passion, and knowledge. OLLI at Emory is a member driven, community-based program, housed within Emory Continuing Education.

No tests, no grades...just the joy of learning from one another!

# The Staff

Stephanie Tarpley, MS Program Manager stephanie.tarpley@emory.edu

OLLI Office 2635 Century Pkwy NE, Suite 300 Atlanta, GA 30345 Phone: 404-727-5489 Email: olli@emory.edu Ann K. Nichols Program Assistant ann.kinnett.nichols@emory.edu

Office Hours: Mon-Fri 9AM-4PM Please leave a message if we do not answer, your call will be returned as soon as possible.

## Membership

OLLI at Emory is a member only organization. Annual memberships are \$50 for one year, September 1 – August 31.

## **Course Fees**

Unless indicated otherwise in the course description, the flat fee for every course is \$10 per session when registering with the Early Bird Discount. On occasions, some courses may have an additional fee for instructional or supplies associated with the course.

If registering less than 5 days prior to class, there is a \$10 late enrollment fee added. (example: 4-Week Class \$40 if registering before 5 days before the start of class, \$50 if registering late)

## Registration

No payments will be processed before the start of registration for in-person seats. **Online registration is preferred.** We cannot guarantee seats for checks sent in the mail. If registering by phone, 404-727-5489, 9AM-4PM.

## **Course Cancellation Policy**

Courses that do not meet minimum student registration numbers are subject to cancellation. If a course is cancelled, students will be notified by email and issued a refund, in the manner in which you paid.

# **Refund Policy**

Provided that requests are received in writing before 5:00 PM Eastern time, no fewer than five days prior to the class start date, refunds will be made in the form of the original payment. A \$10 administrative fee will be charged. Failure to attend class or stopping payment on a check or credit card does not constitute grounds for a refund.

# No Refunds will be Processed after the Start of a Course

A \$35 fee will be charged for returned checks and stop payments

# **Online Courses**

All OLLI online courses are conducted via Zoom, a web conferencing platform that is used for audio and/or video conferencing. It is free to sign-up to use Zoom for attending courses. If you have not already done so, you can create a free account at www.zoom.us. After setting up an account you simply login using the credentials you registered with and click on a Zoom link sent for any courses registered.

# **Online Course Zoom Links**

All Zoom links are sent the evening or afternoon before the scheduled start date of a course. The same link is used for the entirely of the course. Although, the OLLI Office does try to send reminders each week, please save and keep your original email handy to access the course.

# **IMPORTANT COVID POLICY INFORMATION**

# Policy

Participants in **all in-person classes at OLLI** - Emory Continuing Education are required upon entry to the ECE Suite to show proof of COVID vaccination or a negative COVID test taken within 48 hours of class.

Participants must have completed a COVID-19 vaccine series with a vaccine authorized by the FDA or for emergency use by the World Health Organization (WHO). You will be required to provide information prior to attending class.

Unvaccinated participants will be required to complete a negative PCR or antigen test within 48 hours before accessing campus. Home tests are not permitted.

## **Testing cadence**

In addition to testing within 48 hours of accessing campus, unvaccinated participants must conduct a test every 7 days throughout the duration of the course/program.

## Masks

Masks are optional; however, they are encouraged for our student population. There may be occasions where an instructor prefers for students to masked while attending their class. Please help us with the health safety of everyone.

Should health indicators change, or heightened risks emerge, indoor masking requirements may be reinstated. Emory University's masking policy can be found <u>here</u>.

## Noncompliance

Participants that fail to provide the required documentation on the day of class or are otherwise noncompliant with the COVID-19 policy will not be eligible for a refund.

#### How to register

OLLI at Emory is offering Online (Zoom) and In-Classroom course options. Each course will note what format the course is offered. If a course is listed as Hyflex, you will have two separate section options, either in- classroom or online. Students will register in the course section of their preferred choice, please look carefully when registering online. Also, keep in mind, all classroom seats are first come first serve. Zoom sections generally do not have an enrollment max, unless the instructor prefers to limit the number of enrollments.

# **EXAMPLE:**

# **Dissecting The Novel With June Converse**

Delivery Options: Online (Instructor-led) and Classroom

# **Course Description**

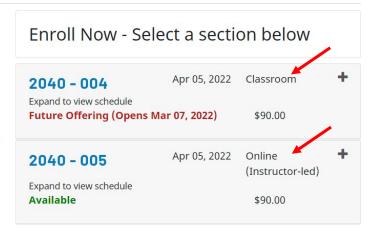
#### Instructor: June Converse

Book Selection for April 2022 - The Lincoln Highway by Amor Towles ISBN-13 : 978-0735222359

**Students purchase their own book** and **DO NOT read ahead**. Instructor will give instructions on how to read each week.

The Lincoln Highway: A Novel: Towles, Amor: 9780735222359: Amazon.com: Books

What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers and any story love will enjoy this class.



#### REGISTRATION

**Registration will open on Monday, August 8, at 9am**, for all newly listed in-classroom seats. All seats are first come, first serve. Online registration is preferred on our <u>website</u> or you can register by phone at 404-727-5489.

Any person registering in an in-classroom seat, will be required to follow the ECE COVID policy.

# September

# MONDAY

<u>Chair Yoga</u> Instructor: Nutan Ahuja Dates: 8/29/2022 - 10/10/2022 Time: 10:00 AM - 11:00 AM **Zoom** 

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace.

# Write What You Got: A Practical Plan for Writing With Confidence

Instructor: John Brown Dates: 9/12/2022 - 10/31/2022 Time: 1:00 PM - 2:00 PM Zoom This course will help participants discover that they have all they need to start writing confidently. The courses a common-sense approach to writing, its importance and all its possibilities.

# TUESDAY

# Inside the FBI - Learn what the FBI really does and how it Operates

**Instructor:** Multiple Presenters **Dates:** 9/6/2022 - 9/27/2022 **Time:** 10:00 AM - 11:00 AM **Hyflex** 

Join Special Agents from the FBI who specialize and will share the FBI's efforts in: Violent Crime (gangs, racketeering, drug conspiracy, firearms violations); Counterintelligence (actions of foreign intelligence adversely affecting our national interests, identification and destruction of weapons of mass destruction and attacks on our infrastructure); Transnational Organized Crime (transnational operations with a goal obtaining power, influence, monetary or commercial gains); and Human Trafficking illegal exploitation of people)

# Women artists in conversation

Instructor cancelled will offer next year

Instructor: Robin Bernat Dates: 9/6/2022 - 10/25/2022 Time: 11:00 AM - 12:30 PM Classroom

# Water Aerobics

Instructor: Brandi Kemp, EP-C Location: Holbrook Decatur Dates:9/6/2022 – 10/11/2022 Time: 10:00 AM – 11:00 AM Water Aerobics is a fun way to indulge in physical activities without putting too much strain on your body. Join in this low-impact workout that allows you to benefit from exercise without placing too much pressure on your joints. Additional offering on Thurs.

# Issues in the News - World, National, Local

Instructor: Martin Bennett; Mary Whiteman Dates: 9/6/2022 - 9/27/2022 Time: 11:15 AM - 12:45 PM Zoom Students will discuss political, economic, social and cultural issues in the news. Each week several major and enduring world, national and local issues will be thoroughly examined from multiple perspectives. Students can express themselves openly and confidently, and respectfully learn and understand the complexity of issues.

# **Stories from Atlanta Trailer City**

Instructor: Bert Parks Dates: 9/6/2022 - 9/27/2022 Time: 11:15 AM - 12:45 PM Classroom Old trailer parks that seemed to collect all the desperate "loose nuts" of society are a dying breed. Bert owned the oldest trailer park in Atlanta for 18 years from 1984 to 2002, in a high crime area of Atlanta. These stories reveal a fierce struggle for marginal people of all kinds, to survive in a dysfunctional world that became a dumping ground for endless social and criminal problems, as well as a refuge for many decent, warm, admirable people. Many of these true stories are shocking and sad, but often humorous...

#### **Opera and Shakespeare (John Bayne)**

Instructor: John Bayne Dates: 9/6/2022 - 9/27/2022 Time: 11:15 AM - 12:45 PM Zoom The plays of William Shakespeare (1564-1616) have inspired many opera composers and librettists, including Rossini, Verdi, Gounod, Bernstein, and Britten. This four-week zoom class will consider some of these operas, with video excerpts.

# WEDNESDAY

#### **Chair Yoga and Resistance Bands**

Instructor: Nutan Ahuja Dates: 8/31/2022 - 9/28/2022 Time: 10:00 AM - 11:00 AM Zoom

Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open your body on the path to peace. Resistance bands are incorporated in chair yoga to challenge your muscles by exerting resistance in multiple directions. Your entire body can get a workout with increased joint mobility and muscular strength.

#### **Intermediate Italian Conversation**

Instructor: Antonella Giannasca Dates: 9/07/2022 - 9/28/2022 Time: 10:00 AM - 11:30 AM Zoom In this class students will practice speaking skills necessary for maintaining conversations and participating in discussions. Practice will include questions and answers, listening to audios and videos, interacting with each other in class about a specific subject.

#### **The Surprising Economics of Immigrants**

Instructor: Shai Robkin Dates: 9/7/2022 - 9/28/2022 Time: 11:15 AM - 12:30 PM Hyflex

Immigration is a fraught and misunderstood topic in America's social discourse, with much of what we believe based largely on myth. How different were the experiences of immigrants from the nineteenth and early twentieth centuries to those of immigrants today? How different are the children of immigrants from countries like El Salvador, Mexico and Guatemala coming to the US today from those who arrived on our shores from Great Britain and Norway 150 years ago? How do immigrants and their children compare educationally, professionally and economically with US born residents? We'll dig into these questions along with many others and discuss the policy implications of what we find.

#### **American Presidents and Their Private Lives**

Instructor: Joe Trachtenberg Dates: 9/7/2022 - 9/28/2022 Time: 11:15 AM - 12:15 PM Classroom Many of our presidents have lead less that virtuous private lives. This course will explore the facts and the details of several presidents' personal exploits. Sensitive subjects, caution to students.

#### **Classical Music Virtuosos- Part 1**

**Instructor:** Emanuel Abramovits **Dates:** 9/7/2022 - 9/28/2022 **Time:** 4:00 PM - 5:30 PM **Zoom** 

A four week course with anecdotes, humor and strong support from audiovisuals to explore the lifes of famous Classical Music composers who overcame war and prejudice, relocated to the USA during the 20th century, like Gustav Mahler, Daius Milhaud Arnold Schoenberg, and left a legacy of innovation and quality. We'll continue with renowned bold composers born in the US that have shaped the sounds of the 20th and 21st centuries, like Philip Glass and Leonard Bernstein and violin virtuosos of several generations, like Eugene Ysaye, Jascha Heifetz, Isaac Stern and Joshua Bell.

# THURSDAY

# Picturing Presidents: The White House Photographers Instructor: Jeff Milsteen Dates: 9/8/2022 - 9/29/2022

Time: 10:00 AM - 11:00 AM Hyflex

This course will focus on the men and women who have been responsible for photographing our presidents and documenting their time in office. We'll explore the history of presidential photographers, how the presidents used and interacted with those photographers, and learn the stories behind some of the most iconic presidential photographs ever taken. Join Jeff Milsteen for this fascinating look behind the lens at one of the most challenging jobs in the West Wing!

#### **Water Aerobics**

Instructor: Brandi Kemp, EP-C Location: Holbrook Decatur Dates:9/6/2022 – 10/11/2022 Time: 10:00 AM – 11:00 AM Water Aerobics is a fun way to indulge in physical activities without putting too much strain on your body. Join in this low-impact workout that allows you to benefit from exercise without placing too much pressure on your joints. Additional offering on Mon.

#### The Guerilla War in Georgia

Instructor: Gerald W. Flinchum Dates: 9/8/2022 - 9/29/2022 Time: 11:15 AM - 12:45 PM Zoom From the Appalachians to the Wiregrass, the little known inner conflict that brought Georgia to the brink of anarchy and destruction. Book Suggestion: "The Devil's Time"- optional from Amazon

#### **Beginning Spanish Grammar - Part 1**

Instructor: Morris J Kaplan Dates: 9/8/2022 - 10/27/2022 Time: 2:00 PM - 3:30 PM Zoom

Using a very helpful textbook and specially curated YouTube videos, Mr. Kaplan teaches Spanish in a fun, interactive and very effective way. This class will focus on basic grammar and will have teach you to say things and ask questions in the present tense and more. No homework, or tests. Just sit back, listen, and participate with your classmates as we do exercises and speak in Spanish to each other. It's an easy way to learn how to speak the second most spoken language in America. Learning a foreign language has also been shown to delay or reduce the onset of dementia.

## FRIDAY

#### **Stretch & Tone Friday**

Instructor: Gina Misticawi [\$350.00] Dates: 9/9/2022 - 9/30/2022 Time: 9:30 AM - 10:30 AM Zoom This course is designed to get people to move more easily and improve circulation. We will work on improving our muscle tone while also working on balance, coordination, and stretching.

# October – Long Session MONDAY

#### **Chair Yoga**

Instructor: Nutan Ahuja Dates: 10/10/2022 - 11/28/2022 Time: 10:00 AM - 11:00 AM Zoom

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace.

#### Introduction to Italian 1 (Beginner)

**Instructor:** Alessandra Brisotto **Dates:** 10/10/2022 - 11/28/2022 **Time:** 10:30 AM - 11:30 AM **Hyflex** 

In this class, students will learn the very basic rules of Italian language and pronunciation, greetings, how to introduce each other, how to tell times, describe the weather, days of the week and months. Basic vocabulary, gender, and number rules. After this class, the student can recognize familiar words and very basic statements concerning him/herself, the family and immediate concrete surroundings. He /she can use single phrases and sentences in areas of immediate need, can ask and answer simple questions using the informal and formal expression....

# TUESDAY

#### **Intersections between Literature and Science**

Instructor: Liza E Davis Dates: 10/11/2022 - 11/29/2022 Time: 10:00 AM - 11:30 AM Zoom

In his book Consilience, the famous entomologist and writer Edward O. Wilson argues that "The greatest enterprise of the mind has been and always will be the attempted linkage of the sciences and the humanities," or what he terms "consilience." Wilson defines this term as a "jumping together" of knowledge across the two cultures of science and humanities with the aim of finding common ground. In this OLLI course, we shall explore this notion by examining literary works that draw on scientific understanding and scientific works that have the artistic merit of good literature....

#### **Italian 5 - The Final Chapter**

**Instructor:** Antonella Giannasca **Dates:** 10/11/2022 - 11/29/2022 **Time:** 10:00 AM - 11:30 AM

You made it! You are ready to complete your journey in the Italian language. In this class, we will finish the last chapters of the book and you will learn more tenses, and grammar, more vocabulary and expressions. Come to class and enjoy this final chapters!

#### The Values that Shape Judaism's Civil Code (Ari Sollish)

Instructor: Ari Sollish Dates: 10/25/2022 - 11/29/2022 Time: 11:15 AM - 12:15 PM Hyflex

Talmudic analysis and mind-bending logic have long been a hallmark of Jewish scholarship. But buried beneath much of the discussion and legalese are core values that fuel so much of the debate. Join us on a thrilling six-part journey as we examine key legal issues that disclose fundamental ethical considerations that serve as the engine of Jewish civil law.

#### **Highlights of the Carlos Museum**

Instructor: Michael McDavid Dates: 10/11/2022 - 11/29/2022 Time: 1:00 PM - 2:30 PM Hyflex

Emory University's Michael C Carlos Museum is one of Atlanta's cultural gems. Its collections focus on ancient Egypt and the Middle East, Southeast Asia, arts of the Americas, ancient Greece and Rome, and Africa. In this course the instructor, a docent at the museum, will select one or more objects for each session. He will then construct a lecture on a more general topic based on the objects chosen. For example, he might select some Egyptian hieroglyphics or a cuneiform tablet and present a lecture on the history of writing systems. Each course session will be a stand-alone presentation. For the final session we will visit the Carlos and have a docent-led tour to view the objects studied during the course.

#### **Georgia Civil War Daily -Part 4**

Instructor: Michael K. Shaffer Dates: 11/8/2022 - 11/29/2022 Time: 1:30 PM - 3:00 PM Zoom

Georgia, the "Empire State of the South," was home during the Civil War era to some of the country's most brilliant political minds, yet as a crisis loomed, Governor Joseph E. Brown, Howell Cobb, Alexander Stephens, Robert Toombs, and others could not avert secession and war. The Census of 1860 indicated 1,023,801 people resided in the state, including 447,082 African Americans, most held in bondage. Georgia led the South in the textile industry. Her 1,400 miles of rail provided ample movement of goods during the early years of the war. As the conflict continued, the condition of the railroads deteriorated, the blockade of the coast tightened, and folks on the home front and those on the front lines started to feel the squeeze...

# WEDNESDAY

#### The Unseen Israel Expanded: Part 1

Instructor: Timothy Gelinas Dates: 10/12/2022 - 12/7/2022 Time: 10:00 AM - 11:00 AM Classroom Pursue an EVEN DEEPER expanded journey through Northern Israel, exploring sites rarely seen on traditional tours. This course is Part 1 of a 5-part series designed to capture your imagination & open your eyes to the spiritual relevance of these physical locations. Allow yourself to be moved by the history & Heart of God as our incredible journey unfolds.

#### **Revisiting "Hamlet"**

Instructor: Judy Pincus Dates: 10/12/2022 - 11/16/2022 Time: 10:00 AM - 11:00 AM Classroom Maggie O'Farrell's "Hamnet" chosen by the New York Times as one of the ten best books published in 2020 has provided the impetus for rereading Hamlet. Set in 16th Century Stratford and London, the story, without naming the playwright, dramatizes the life of Shakespeare's family and tragedy of his son Hamnet's death at the age of eleven. In addition to reading and reviewing the short novel as a climax to our sessions, the course will involve close textual analysis of the play. Lectures will examine literary criticism about and sources of Hamlet, details about the Renaissance and Humanism in England, and development of modern English during the reign of Elizabeth 1...

#### Introduction to Italian 2

Instructor: Alessandra Brisotto Dates: 10/12/2022 - 12/7/2022 Time: 11:00 AM - 12:30 PM Hyflex In this class, students will start learning how to use verbs. They will learn to create sentences to communicate with people. They will learn the present tense of regular verbs and some irregular verbs of common use. After this class, students can understand and use familiar everyday expressions and basic phrases aimed at the satisfaction of needs of a concrete type. Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help.

#### **Successful Retirement Strategies**

Instructor: Timothy Gelinas Dates: 10/12/2022 - 12/7/2022 Time: 11:15 AM - 12:45 PM Classroom Unlock the doors to understanding and take control of your retirement. Tim will help you have the proper tools so that you can be confident in your decisions on key matters that affect your retirement. These will include: Investments - Mutual Funds & Annuities, Estate Planning & Taxes, Making your money last, Long Term Care, Asset Management, Proper Diversification and Inflation.

#### **Intermediate Italian Conversation**

Instructor: Antonella Giannasca Dates: 10/12/2022 – 12/7/2022 Time: 11:15 AM - 12:45 AM Hyflex In this class students will practice speaking skills necessary for maintaining conversations and participating in discussions. Practice will include questions and answers, listening to audios and videos, interacting with each other in class about a specific subject.

#### Econ Fun01

Instructor: Shai Robkin Dates: 10/12/2022 - 12/7/2022 Time: 11:15 AM - 12:30 PM Hyflex

This is a class for those who don't think learning about economics and discussing current economic issues can be fun. There's no textbook; the only homework is to listen to "The Indicator," a short (always less than 10 minutes) daily podcast that presents current economicrelated issues in an incredibly entertaining fashion. We'll discuss the fascinating questions raised in these podcasts. We'll also explore the behavioral economic factors that relate to the specific issues presented and the most current (and surprising) behavioral science findings from around the world.

#### **Intermediate Italian 1**

**Instructor:** Alessandra Brisotto **Dates:** 10/12/2022 - 12/7/2022 **Time:** 1:00 PM - 2:30 PM **Hyflex** 

In this class students will learn ordinal numbers, more adjectives, new vocabulary, new expressions, some prepositions, and other common interrogative forms. They will also be able to learn and use the Present Perfect and the Imperfect Tenses. After this class, they will be able to understand and use familiar expressions and phrases, they will be able to interact in a simple way with other people.

#### Advanced Italian Conversation

Instructor: Antonella Giannasca Dates: 10/12/2022 - 12/7/2022 Time: 1:00 PM - 2:30 PM Hyflex In these eight weeks, students will have a chance to talk and exchange ideas in Italian regarding past experiences, trip, everyday life and Italian culture. Through videos and audios, they will continue growing in their knowledge if the language. Students must be able to carry on a conversation in Italian in order to attend this class. Be ready to speak Italian!!

#### An Adventure Into Wine

Instructor: Herbert Spasser Dates: 10/12/2022 - 11/2/2022 Time: 1:30 PM - 3:00 PM Classroom

This course will focus on some of the more important wine growing regions of the world. We will show similarities and differences due to various soils, climate, and wine making techniques. The new syllabus includes 'Rose, Rose I Love you', 'The White Wine Challenge', 'The 800 lbs. Gorillas (Syrah & Zinfandel)', & 'Sonoma (No longer California's Stepchild)' Appropriate wines will be tasted. Students bring 2 wine glasses to class each week.

#### **Classical Music Virtuosos - Pt. 2**

Instructor: Emanuel Abramovits Dates: 10/12/2022 - 11/16/2022 Time: 4:00 PM - 5:30 PM Zoom

In this 6-week course we'll use anecdotes, stories, humor and strong support of audiovisuals to explore the works and the legacy of influential performers who gave technical brilliance, richness of tone and showmanship another meaning, on piano, cello and other instruments, like Vladimir Horowitz, Arthur Rubinstein, Yuya Wang, Gregor Piatigorsky and Lang Lang, and the most celebrated orchestra conductors, who gave distinctive sounds to different orchestras of America and the rest of the world, like Eugene Ormandi, Michael Tilson Thomas, Gustavo Dudamel and many more.

# THURSDAY

## \*NEW\* Acting Up!

Instructor: Jane Shalhoub **Dates:** 10/27/2022 – 11/17/2022 Time: 10:00 AM - 11:15 PM Classroom

Monologues, dialogues, 1, 2, + 3 Act plays, famous scenes, familiar and funny scripts, and a wonderful way to hear our own, and each other's voices as we sit together, read our lines, mind our p's and cues, and prepare for a delightful experience in the magical world of play-acting. The only requirement is an interest in becoming famous in just one month. And a willingness to pretend. Characters Welcome

# How to Develop Your Story Intelligence to Lead a **Richer Life**

Instructor: Richard Stone Dates: 10/13/2022 - 12/8/2022 Time: 11:15 AM - 12:45 PM Classroom Over the eight weeks of the course we'll journey together into the world of story, exploring a facet of your intelligence that you may never have considered— Story Intelligence. As far as we can tell, "story" has been around as long as humans have walked this earth. Our evolution is intimately intertwined with story. In a stairstep fashion, our brains have evolved to be powerful simulation machines, attuned to using the structure of story to make sense of our world, learn, envision possibilities, and even heal old psychic and spiritual wounds. Did our brains evolve to the point that they

invented stories, or did telling stories impact how our brains grew and changed? ....Includes Book: Story Intelligence: Master Story, Master Life

#### Welcome to Hawaii

Instructor: Peter Edward Campos Dates: 10/13/2022 - 12/8/2022 Time: 11:15 AM - 12:45 PM Hyflex

Hawaii! Just the name passionately evokes paradise, tropical bliss, and soulful calmness. But there is much more to these islands than what tourists typically experience. Last year I presented a short OLLI class on travel to Hawaii; this class builds on that class, and presents Hawaii as more than a vacation destination. We will examine how the archipelago developed, its ancient and contemporary history, the biodiversity of the islands, and the myriad cultures that shape its identity. We will explore geological and cultural features of the major islands, and learn about key recreation activities at each....

#### **Beginning Spanish Grammar - Part 2**

Instructor: Morris J Kaplan Dates: 11/3/2022 - 12/15/2022 Time: 2:00 PM - 3:30 PM Hyflex

Part 2 - Continuation of Part 1 - Using a very helpful textbook and specially curated YouTube videos, Mr. Kaplan teaches Spanish in a fun, interactive and very effective way. This class will focus on basic grammar and will have teach you to say things and ask questions in the present tense and more. No homework, or tests. Just sit back, listen, and participate with your classmates as we do exercises and speak in Spanish to each other. It's an easy way to learn how to speak the second most spoken language in America. Learning a foreign language has also been shown to delay or reduce the onset of dementia.

# FRIDAY

#### Stretch & Tone Friday

Instructor: Gina Misticawi Dates: 10/14/2022 - 12/9/2022 Time: 9:30 AM - 10:30 AM Zoom This course is designed to get people to move more easily and improve circulation. We will work on improving our muscle tone while also working on balance, coordination, and stretching.

# **ONE DAY COURSES**

# **\*NEW\*** Mixed Genes and Englishmen: A short history of the English DNA Profile

Instructor: Michael McDavid Dates: 9/15/2022 - 9/15/2022, Thurs Time: 11:15 AM - 12:45 PM Hyflex

The island of Britain has been continuously inhabited by "modern" humans for about 10,000 years according to the latest archaeological records. Recent DNA testing has shown that England's first population was "replaced" several times by later incursions of people from the continent. Today's English citizen whose ancestors have inhabited the island for many generations is a true genetic mix of forebears from across the world. In this session we will survey the different groups who settled in England, mixing with and replacing, the previous people there over the millennia. Some of these "invaders" included the Bell Beaker people, Romans, Anglo-Saxons, Vikings, and the Normans. Each of them left genetic markers in the English population that are readily discernible today.

# **Defensive Driving Course (National Safety Council)**

Instructor: Jim Spano

Dates: 9/16/2022 - 9/16/2022

## Time: 9:30 AM - 3:30 PM Classroom

Instructor: James Spano, MS, CSHM By recognizing that safe driving is a matter of personal choices, participants will develop the mental skills and knowledge to become a defensive driver. The class focus will be on the seven most common driving mistakes and how to overcome them, along with the five conditions that affect your driving skills and response time. Completion of this course may result in a discount on auto insurance.

# \*NEW\*Greatest Art Heists in History

Instructor: Jill Parks Dates: 9/22/2022 - 9/22/2022 Time: 11:15 AM - 12:45 PM Hyflex

This class will present some of the greatest art heists in history. These stories are filled with shadowy figures, sensational master plans, daring escapes and international espionage. Some of the most expensive pieces of art in the world have vanished forever or have taken years to track down. We will look at seven of these heists: The Ghent Altarpiece Isabella Steward Gardner thefts Canada's largest art heist The Swedish Speedboat Heist Stealing the Scream (at least twice) The Mona Lisa goes missing Art stolen by Stéphane Breitwieser

# **Illusion Nation**

# Instructor: George deMan Dates: 9/29/2022 - 9/29/2022 Time: 11:15 AM - 12:15 PM Hyflex

Has disinformation become the New Normal? Not only the Big Lie stemming from the last Presidential election, but the general tone and delivery of information from the media, corporate reports, political speeches and debate, medical "research" and investigative bodies of all sorts, *ALL* seem to resort of distortion and extremes to make their points. How can anyone get to "settled truth" and is it even necessary given the polarities? The course will explore "how we got here" and how we might get back to civil discourse.

# Medicare: What's New for 2023?

Instructor: Bonnie Dobbs Dates: 10/10/2022 - 10/10/2022 Time: 11:00 AM - 12:00 PM Zoom

Are you confused about Medicare? Wondering what changes there might be in 2023? Are you turning 65 or getting ready to retire after 65 and not sure what to do? Wondering what Medicare covers, and when and why you need additional coverage? Confused about the different parts of Medicare, and the difference between they types of plans? Would you like to learn how to avoid penalties? Get all your questions answered by Bonnie Dobbs, one of the most sought-after speakers on Medicare. This workshop is a must if you are turning 65, over 65 and getting ready to retire, already on Medicare, or a caregiver for your loved one on Medicare.

# First Aid, CPR, AED (National Safety Council)

Instructor: Jim Spano Dates: 10/14/2022 - 10/14/2022 Time: 9:30 AM - 3:30 PM Classroom This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 "C" method of CHECK – CALL - CARE! Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported/ evaluated by medical qualified staff members. Each participant will receive a student book and pocket guide. Each participant will receive a student book, pocket guide and 2 year certificate. Limited to 15 students per class. \$65.00 per student

# Masters of the Air - The Story of the 8th US Army Air Force in World War Two

Instructor: Lawrence H Saul Dates: 10/20/2022 - 10/27/2022 Time: 10:00 AM - 1:00 PM Hyflex

This course will focus on how the USA built the US Army Air Force into a war winning combat force. Beginning with a small, immature organization, the US Army designs, builds, organizes, trains and deploys a potent, multi-faceted air force that devastated Nazi Germany. We will witness the struggles, on the ground and in the air, that shaped the USAAF into the war-winning organization that destroyed the Nazi military and devastated the economy and industry of Germany.

#### **Inside US Intelligence**

Instructor: Bunny Mitchell Dates: 11/1/2022 - 11/1/2022 Time: 1:00 PM - 2:30 PM Zoom

Learn about the history of the CIA and NRO, some of the various kinds of intelligence used by the United States to protect us. Hear stories, the history of US intelligence, learn about the current technology, and threats to the US. This will be presented by a retired CIA/NRO Washington, DC official. Presenter: Chuck Miller

# Finding Private Adams - How America (and Europe) **Honors Her War Dead**

Instructor: Lawrence H Saul Dates: 11/3/2022 - 11/3/2022 Time: 10:00 AM - 12:30 PM Hyflex

Beginning with the informal, civic commemoration events following the end of the US Civil War to the formalization of Memorial Day, in 1970, the US honors her fallen service members in a variety of ways and locations. With the formation of the American Battle Monuments Commission (ABMC) following WW I, the US established overseas cemeteries in Europe. Today, across western Europe, the US maintains cemeteries and monuments to commemorates her fallen of both wars. We will look at one fallen GI from Georgia and how he is memorialized in France. (One session of 2 and a half hours)

# The Great Commanders (COL (Ret) Lawrence Saul)

Instructor: Lawrence H Saul Dates: 11/10/2022 - 11/10/2022 Time: 10:00 AM - 12:30 PM Hyflex

Throughout the history of warfare, a select group of men have risen to a level of greatness for their acumen and prowess on the battlefield. This course will examine some of these great men and their impact, not just on warfare, but on history as a whole. Some will be familiar to the course participants, otherwise will be, heretofore unknown.

# **\*NEW\*** Last Bastion?

Instructor: George deMan Dates: 11/17/2022 - 11/172022 Time: 10 AM - 11 AM Hyflex

How the United States became and still is the strongest defender and promoter of "Christian Values". From the Puritan, and many other, emigrants denigrating and persecuting the "Native Americans", through Jonathan Edwards' fire-breathing sermons to "sinners in the hands of an angry God", such aberrant fantasies as Mormonism, Millerites, Shakers, Christian Science, Swedeborgians & the Oneida Community, on to 20<sup>th</sup>-21<sup>st</sup> century evangelists and their eventual cooption into politics, the country whose Founders attempted to separate Church & State has resolutely sought to tear down that wall. Will the wall hold? Will Christian Nationalism prevail? What are the alternatives? A discussion class led by an instructor who has taught comparative religion, politics, conspiracy theory and Culture Wars at OLLI and elsewhere.

# **\*NEW\*** What Current Exhibitions at American

Museums Tell Us About Ourselves Instructor: Howard Cohen Dates: 12/6/2022 - 12/6/2022 Time: 11:15 AM - 1:15 PM Hyflex This special presentation is an Intro to the course Howard will be teaching this January 2023. Temporary shows at American museums and galleries offer a window into our current zeitgeist.. Armchair travel with Howard as he traverses the U.S. looking at eye-catching and informative current art exhibitions. Permanent collections tell us stories about how our nation, our communities, and how our culture came to be. Current shows often express where we are where we hope to be. Art installations reflect the best we have to offer. Our optimism! In-person section will include lunch (pizza, dessert, and drink)

# **New OLLI Special Interest Groups**

# **OLLI SIG Film Group**

IF YOU LOVE GOOD FILM, COME JOIN US **Place:** Regal Tara Cinema (2345 Cheshire Bridge Road) beware of road closure at Piedmont Road **Day:** Tuesdays **Film:** Different Films **Time:** 4:15 PM. Meet in the lobby at 4:00 PM or earlier to visit with old and new friends. <u>Sign-up and find out more information here.</u>

# **OLLI SIG: Go with OLLI**

**Sign-up to join this new SIG group**. (more information soon, regarding a meeting date/time)

The Travel SIG, *Go with OLLI* welcomes any and all who are interested in domestic or international travel. OLLI members have a vast wealth of experience in both traveling and living in other parts of the United States and the world.

Each month we will meet, have a presentation or discussion about places you have been or where you might want to go. Whether you are interested in areas around us in Atlanta, nationally or internationally, join us for fun, conversation and of course learning more about this big world we live in.

We also try to identify common interests so that members can plan to travel together. In addition, we organize occasional local trips where we carpool to sites within a drive of 60 to 90 minutes, including historic homes and museums.

#### Come share your experiences and learn from others.