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September – December 2024

# SEPTEMBER 2024 MONDAY

#### **Chair Yoga Monday**

Instructor: Nutan Ahuja

DOW: Monday Weeks: 4 Method: Online Start Date: 9/9/2024 End Date: 9/30/2024 Start Time: 10:00 AM End Time: 11:00 AM

Chair Yoga is a way to Sit Your Way to Better Health.

Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace.

#### Women On Top Pt 2

Instructor: Robin Bernat

**DOW**: Monday **Weeks**: 6 **Method**: Online **Start Date**: 9/9/2024 **End Date**: 10/21/2024 **Start Time**: 3:00 PM **End Time**: 4:00 PM

Like the first iteration of Women on Top, this Part 2

segment will focus on films about women's

enlightenment, emancipation, and self-assertion. Many of the films are directed by women about women.

Participants will watch the films during the week prior to a Monday afternoon Zoom class in which we all discuss the films. Aspects of filmmaking are a component: the

role of the director, cinematographer, sound but

primarily the discussions are about the content of the films much like a book club. The two films for each week are deliberately paired by the instructor to yield a more fruitful discussion. 1. Jennie Livingston: Paris is Burning (1991) Steve Loveridge: Matangi Maya M.I. A. (2018) Kanopy 2. Jan Troell: Everlasting Moments (2008) Youtube Cary Joji Fukunaga: Jane Eyre (2011) Amazon 3. Gillian Armstrong: My Brilliant Career (1979) Criterion Martin Provost: Violette (2013) Kanopy 4. Julie Taymor: The Glorias Sarah Polley: Women Talking (2022) Amazon 5. Isabel Coixet: The Bookshop (2017) Kanopy Anne Fontaine: Coco Before Chanel (2009) Amazon 6. Bonus: for Columbus Day, non-meeting. Chantal Ackerman: Jeanne Dielman, quai de Commerce, 1080 Bruxelles (1978) Amazon

#### The Fascinating Brill Building Era

**Instructor**: Emanuel Abramovits

**DOW**: Monday **Weeks**: 3 **Method**: Online **Start Date**: 9/9/2024 **End Date**: 9/23/2024 **Start Time**: 3:00 PM **End Time**: 4:30 PM

We'll describe the cosmopolitan musical textures that defined the best works of an unforgettable period, when gifted young songwriters huddled in midtown Manhattan, creating enduring entries in the Great American Songbook. Stories, anecdotes and audiovisuals will illustrate this golden era of the 50s and 60s that integrated audiences, eclectic multicultural sounds and brought social consciousness to pop music, with

protagonists like Neil Sedaka, Carole King, Neil Diamond, Phil Spektor, Don Kirshner, Burt Bacharach and many

more!

#### **TUESDAY**

#### **Turning Points in Atlanta History**

**Instructor**: Wendy Venet

DOW: Tuesday Weeks: 4 Method: Hyflex Start Date: 9/3/2024 End Date: 9/24/2024 Start Time: 10:00 AM End Time: 11:00 AM

Atlanta has been called many things: "a city built on hard work, hot air, and bluster"; "a city too busy to hate"; "a

Black Mecca" or "a Black bubble," or "a Dream

Deferred." How did Atlanta become the city it is today? This course engages Atlanta history by focusing on four turning points per class. The class begins with the founding of Atlanta in 1837 and ends with the Olympic

Games in 1996.

#### Italian For Fun! 1

Instructor: Antonella Giannasca

**DOW**: Tuesday **Weeks**: 4 **Method**: Online **Start Date**: 9/3/2024 **End Date**: 9/24/2024 **Start Time**: 10:00 AM **End Time**: 11:00 AM

Have you been thinking about learning Italian? Have you taken some classes already but you want to practice more? I would like you to be part of this class. If you are an absolute beginner or a beginner, you can have 4 weeks of fun, learning new words, new expressions, new games and also learn how to start speaking Italian. ci vediamo!

#### **Italian For Fun! 2**

Instructor: Antonella Giannasca

**DOW**: Tuesday **Weeks**: 4 **Method**: Online **Start Date**: 9/3/2024 **End Date**: 9/24/2024 **Start Time**: 11:30 AM **End Time**: 1:00 PM

Have you been taking Italian, but you want to keep practicing the language through the summer? Do you want to speak, play and sing in Italian? 4 weeks of Italian with me, we will speak, listen and learn new expressions, words and vocabulary. This is not a class for Advanced Italian speaker.

#### The Life and Legacy of George Orwell

Instructor: Bert Parks; Paul Tribble

DOW: Tuesday Weeks: 4 Method: Hyflex

Start Date: 9/3/2024 End Date: 9/24/2024

Start Time: 11:30 AM End Time: 1:00 PM

George Orwell's life and legacy are a testament to the enduring power of literature to challenge tyranny and champion the cause of freedom. Through his incisive critique of totalitarianism and his unwavering commitment to truth, Orwell continues to inspire generations of readers to question authority, resist oppression, and fight for a more just and equitable society. As we navigate the complexities of the modern world, Orwell's words serve as a reminder of the importance of vigilance, skepticism, and the unyielding pursuit of liberty. In this class, we will delve into George Orwell's early life, exploring his upbringing, education, and the formative experiences that shaped his worldview. \*Students should read or be familiar with the following books: Animal Farm & 1984.

#### Ikebana: Japanese art of flower arrangement

Instructor: Nutan Ahuja

**DOW**: Tuesday **Weeks**: 4 **Method**: Classroom **Start Date**: 9/3/2024 **End Date**: 9/24/2024 **Start Time**: 11:30 AM **End Time**: 1:00 PM

Ikebana, is an ancient Japanese art of flower arranging, guided by the desire to create harmony between flowers and their surroundings. More than merely 'decoration', the Ikebana way of flower arranging encourages to fully express by infusing each arrangement with a sense of space, motion, season, rhythm and emotion. Students need to bring a tall vase (approx. 8-12 inch tall), Shears and any fresh leaves with 2-3 stems. Fresh Flowers will be provided.

#### The Pleasures of Cooking for One...or Two

**Instructor**: Jody Wheeler

**DOW**: Tuesday **Weeks**: 4 **Method**: Classroom **Start Date**: 9/3/2024 **End Date**: 9/24/2024 **Start Time**: 1:30 PM **End Time**: 2:30 PM

It is easy to believe it is not worth the effort to cook for one or maybe two in your household. This course inspired by the book "The Pleasures of Cooking for One" by Judith Jones, will encourage students to find joy in cooking for themselves. Cooks of all levels and experience will enjoy learning and discovering how to embrace the value in making delicious meals at home. Lessons will include understanding the many benefits of cooking, the basic tools needed, second rounds vs. leftovers, food storage techniques and recipe ideas to try.

#### **Adventures Into Wine**

**Instructor**: Herbert Spasser

**DOW**: Tuesday **Weeks**: 4 **Method**: Classroom **Start Date**: 9/3/2024 **End Date**: 9/24/2024 **Start Time**: 1:30 PM **End Time**: 3:00 PM

This course will focus on some of the more important wine growing regions of the world. We will show similarities and differences due to various soils, climate, and wine making techniques. The sessions will include, South America (Chile and Argentina), The Great Red Rivalry (Cabernet Sauvignon and Merlot), The Pinot Noir Challenge (Calif.vs Burgundy), and The Wonderful Rhone Valley. Appropriate wines will be tasted. All students must bring two wine glasses to class with them each week. Dr Spasser is a Certified Wine Educator.

#### WEDNESDAY

#### **Chair Yoga and Resistance Bands**

Instructor: Nutan Ahuja

DOW: Wednesday Weeks: 4 Method: Online Start Date: 9/4/2024 End Date: 9/25/2024 Start Time: 10:00 AM End Time: 11:00 AM

Chair Yoga is a way to Sit Your Way to Better Health.
Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes wellbeing through breathing correctly and stretching in ways that will open up your body on the path to peace. Resistance bands, help to do any type of strength training without the need for heavy weights. These bands engage multiple muscles simultaneously, so your entire body gets a workout in a short period of time. These classes are a great entry point for students of all ages and all levels. Course fee.

# The Fundamental Artistry Behind Persian Miniature Painting and More

**Instructor**: Bill Flecher

**DOW**: Wednesday **Weeks**: 4 **Method**: Classroom **Start Date**: 9/4/2024 **End Date**: 9/25/2024 **Start Time**: 10:00 AM **End Time**: 11:00 AM

Persian miniature painting is rooted in drawing, serving as the cornerstone of this art form. Renowned collectors have praised the elegance of line, valuing ink drawings as a prized genre. These intricate drawings were often compiled into lavish albums, further adorned with elaborate embellishments. Diverging from painting, drawings showcased unique subjects. Moreover, drawing served as the foundation for embellishments across various genres, including carpets, ceramics, metalwork, and book covers.

#### **Hamlet**

**Instructor**: Jim Mengert

**DOW**: Wednesday **Weeks**: 4 **Method**: Classroom **Start Date**: 9/4/2024 **End Date**: 9/25/2024 **Start Time**: 11:30 AM **End Time**: 12:30 PM

Revenge is in the air everywhere today. A presidential candidate threatens vengeance on his enemies, and revenge is a powerful accelerant to the violence in the Middle East. Perhaps the great play about revenge by our greatest playwright has new relevance and new insight. In-classroom only option.

#### **Great Mozart Operas**

**Instructor**: John Bayne

**DOW**: Wednesday **Weeks**: 4 **Method**: Online **Start Date**: 9/4/2024 **End Date**: 9/25/2024 **Start Time**: 1:30 PM **End Time**: 2:30 PM

The amazing Mozart accomplished great things in his brief life, 1756-1791, including over a dozen operas, some of which are staples of the modern repertory. This Zoom course explores the most popular of these, with

musical videos.

### **THURSDAY**

#### **Understanding and Disrupting Islamophobia!**

Instructor: Heidi Tauscher

**DOW**: Thursday **Weeks**: 4 **Method**: Classroom **Start Date**: 9/5/2024 **End Date**: 9/26/2024 **Start Time**: 9:30 AM **End Time**: 11:00 AM

Based upon recent events in Gaza and on our college campuses, there is no timelier topic for our collective study than Islamophobia. This 4-Part Series entitled Understanding and Disrupting Islamophobia will help participants understand this prejudice, learn its origins, and work to collaboratively disrupt anti-Muslim bigotry. Part I: "What is Islamophobia?" will examine this prejudice and the Muslim people affected by it. Part II: "Where Did This Hatred Arise?" will investigate the origins of this prejudice in Europe. Part III: "When Did This Prejudice Appear in the U.S.?" will explore past and current biases within our own country. Finally, in Part IV: "How Might We Overcome This Enmity?" we will work together to discern how we might overcome Islamophobia. Bring notebook and pen to class.

#### Acting-Up!

Instructor: Jane Shalhoub

**DOW**: Thursday **Weeks**: 4 **Method**: Classroom **Start Date**: 9/5/2024 **End Date**: 9/26/2024 **Start Time**: 10:00 AM **End Time**: 11:15 AM

Reader's Theater is a great way to shine the spotlight on the hidden actors in each of us! Monologues, dialogues, 1, 2, + 3 Act plays, famous scenes, familiar and funny scripts and a wonderful way to hear our own, and each other's voices as we sit together, read our lines, mind our p's and cues, and prepare for a delightful experience in the magical world of play-acting. The only requirement... is an interest in becoming famous in just

one month. And a willingness to pretend.

#### **Using Genetics to Find Your Ancestry**

**Instructor**: Peter Roberts

DOW: Thursday Weeks: 4 Method: Classroom **Start Date:** 9/5/2024 **End Date**: 9/26/2024 Start Time: 11:30 AM End Time: 1:00 PM

Students will learn a basic understanding of how to use DNA to help determine their ethnic origins, find family connections, and confirm their ancestry. Students will be guided through fundamental genetic genealogy concepts to further their personal enjoyment of family history, including the benefits and limitations of mitochondrial and autosomal DNA, and X and Y chromosome test results. The course will also address the critically important question as to how to associate those results with their ancestry. Students may volunteer to take a y chromosome, autosomal and/or mitochondrial DNA tests or use their existing genealogy test results.

# **SEPTEMBER ONE DAY COURSES**

#### Mary Cassatt (1844-1926) Her Lost Masterpiece

**Instructor**: Jane Herzig

DOW: Wednesday Weeks: 1 Method: Classroom Start Date: 9/4/2024 End Date: 9/4/2024 Start Time: 1:00 PM End Time: 2:30 PM

Mary Cassatt was commissioned to paint an immense 60' by 15' mural that was displayed in the tympanum of the Woman's Building in Chicago's 1893 World's Columbian Exhibition from May through October 1893. Once the exhibition closed, the painting disappeared. This session is a presentation of the piece, based on a few black and white photos, descriptions that give a sense of the mural's color scheme, and an 1893 color lithograph of a portion of the mural's central portion.

#### **Pearls of Wisdom**

Instructor: Edward Garcia

**DOW**: Monday **Weeks**: 1 **Method**: Classroom Start Date: 9/9/2024 End Date: 9/9/2024 Start Time: 1:00 PM End Time: 2:30 PM

An interactive fun filled class of wise and humorous folktales, parables, and fables from around the world. These wise and clever tales, some of which you might have heard from your parents or grandparents, are timeless, and have meaningful connections to guide us in

how to effectively lead our present day lives.

#### What Could We Be Thinking?

Instructor: Ralph LaRossa

**DOW**: Wednesday **Weeks**: 1 **Method**: Hyflex **Start Date:** 9/11/2024 **End Date**: 9/11/2024 Start Time: 11:30 AM End Time: 1:00 PM

Are you curious about understanding human thought processes more deeply? Do you often find yourself pondering what others are thinking? If so, you're not alone. With a multitude of ideas circulating, contemplating how people think has become a common practice. How can a basic understanding of thinking patterns enhance our understanding of ourselves and others? How does the everyday cognitive landscape, often overlooked, profoundly shape not just our decisions but also the narratives we construct about

those decisions? How do we navigate between thinking as part of a broader human experience and thinking uniquely as individuals within various social groups? To what extent does thinking differ across regions and cultures worldwide? In this course, we will explore these questions and more. Along the way, we'll delve into intriguing concepts—from playful observations like why prices often end in 9 (e.g., \$19.99, \$59.99) to serious

### Sin in a Southern City: Data of Historic Atlanta's **Prostitution Trade**

topics such as how hatred is cultivated and reinforced.

Join us for a thoughtful yet engaging discussion as we

uncover the inner workings of the human mind.

**Instructor**: Mandy Swygart-Hobaugh DOW: Monday Weeks: 1 Method: Hyflex Start Date: 9/16/2024 End Date: 9/16/2024 Start Time: 11:30 AM End Time: 1:00 PM

Peters Street for wagon yards, Whitehall Street for stores, Peachtree Street for dressy feet, and Collins Street for..." This course introduces a mini-project within Dr. Mandy's larger "Historic Harlots of Old Atlanta" project detailing the rise and fall of Atlanta's late-1800sto-early-1900s prostitution district located within what today is the heart of Georgia State University's campus. In this course, you'll learn specifically about the "data of the demimonde" mined from Atlanta's 1880, 1900, and 1910 censuses, including geographic origins, age, race, marital status, children born/living, and literacy rates among Atlanta's madams and prostitutes of the era. We'll critically examine the data within the sociohistorical contexts of class, gender, and racial politics of Atlanta, the South, and the broader US.

# Widow Spy: CIA Officer Speaks about her Early Career

**Instructor**: Marti Peterson Shogi

**DOW**: Wednesday **Weeks**: 1 **Method**: Classroom **Start Date**: 9/18/2024 **End Date**: 9/18/2024 **Start Time**: 1:00 PM **End Time**: 2:30 PM

The speaker will give a thought-provoking talk on her experiences in great detail. This topic will be relatively new to participants who only have experience with this topic from reading novels and seeing movies. Time will be allowed for participants to ask questions after the talk and the speaker will provide answers in detail. Suggested Reading: The Widow Spy by Martha Peterson Bio: Marti Shogi was a CIA officer for 32 years, where she was awarded the Donovan Award and the George H.W.Bush Award for Excellence in Counterterrorism. Her career spanned the Viet Nam War, the Cold War and the war on terrorism. She began her career in 1975 in Moscow, USSR, as the first female officer in the CIA Station there. She was responsible for collecting intelligence from a Soviet agent who provided secret Soviet documents to the US government. She was arrested by the KGB after the compromise of the agent. She wrote the Widow Spy which includes details from the first seven years of her career.

#### **Defensive Driving Course: National Safety Council**

**Instructor**: Jim Spano

**DOW**: Monday **Weeks**: 1 **Method**: Classroom **Start Date**: 9/23/2024 **End Date**: 9/23/2024 **Start Time**: 9:30 AM **End Time**: 2:30 PM

NSC Defensive Driving Courses teach drivers how to recognize and react to immediate and potential hazardous driving situations and conditions. Our instructor-led, classroom courses provide collision prevention strategies and defensive driving techniques that focus on behavior, judgement, decision making and consequences.

#### The Supreme Court: Time for Reform?

Instructor: Jeff Milsteen

DOW: Thursday Weeks: 1 Method: Hyflex Start Date: 9/26/2024 End Date: 9/26/2024 Start Time: 11:15 AM End Time: 1:15 PM

The Supreme Court, once the most trusted and popular of the three branches of our federal government, now struggles to assure the public that its decisions are based on the law, not politics, and that its members adhere to the highest ethical standards. Can the Supreme Court's once vaunted reputation for impartiality and integrity be restored? Join Jeff Milsteen for a lively discussion of recent and ongoing efforts to reform the Court.

#### I Blame Florida!

**Instructor**: Kelly Spillman

DOW: Friday Weeks: 1 Method: Classroom Start Date: 9/27/2024 End Date: 9/27/2024 Start Time: 11:30 AM End Time: 1:00 PM

Kelly Spellman is a stand-up comedian known for her sharp, observational humor and witty commentary. She gained recognition for her unique perspective on everyday life and current events. Kelly's comedy often features a mix of personal anecdotes and social observations, delivered with a distinctive style that resonates with a wide audience. She has performed at various comedy clubs and festivals, earning praise for her engaging stage presence and clever material. Join this OLLI at Emory performance and hear her "I Blame Florida" act, which she is performing all over the country. She will also end with a Q & A regarding anyone having questions about being a comedian. Who doesn't need a good laugh?

## **OCTOBER**

## **MONDAY**

#### Jazz History: A Listener's Guide, Part 1

**Instructor**: James Rozzi

**DOW**: Monday **Weeks**: 7 **Method**: Classroom **Start Date**: 10/14/2024 **End Date**: 12/2/2024 **Start Time**: 10:00 AM **End Time**: 12:00 PM

At just over 100 years old, jazz has changed dramatically from its earliest roots in blues and New Orleans music to reflect the most tumultuous centuries in history. In Part 1, we will explore jazz's beginnings through the 1940s big band era—via recordings, written histories, photos, and videos. Part 2 will be offered in a later session, commencing with the complexities of 1940s bebop through jazz's current, multi-cultural musical trends. Jazz is the most substantial of American art forms, our gift to the world. The aim of this course is to entertain while increasing understanding and accessibility. Please join us as we listen and discuss the evolution of this multi-faceted musical genre.

# The Dilemma: Modern Dilemmas. Talmudic Debates. Your Solutions.

**Instructor**: Ari Sollish

**DOW**: Monday **Weeks**: 7 **Method**: Hyflex offsite **Start Date**: 10/07/2024 **End Date**: 11/18/2024 **Start Time**: 10:00 AM **End Time**: 11:00 AM Modern Dilemmas. Talmudic Debates. Your

Solutions. Apply mind-bending, brain-twisting, hair-splitting Talmudic reasoning to solve real-life modern dilemmas—situations that actually happened yet seem impossible to solve. What do you do when your gut tells you one thing, and your brain tells you another? Prepare for a mental expedition to mind-wrestle with situations that force us to choose between two reasonable truths.

#### It's Your Story...Write On!

**Instructor**: Georgia Lee

**DOW**: Monday **Weeks**: 7 **Method**: Classroom **Start Date**: 10/7/2024 **End Date**: 11/18/2024

Start Time: 1:30 PM End Time: 3:00 PM

"You should write a book!" Ever heard that from anyone? Writing the stories and memories of our lives doesn't have to be a daunting task, but the time to start is now. Through fun writing prompts, exercises, micro-memoirs and storytelling, we'll demystify the writing process, one story at a time. Whether you want to leave a legacy for your family and friends or just for yourself, this class will

help your writing and communication skills. We'll include some literary trivia contests, with prizes for more fun. No prior writing experience required in this intimidation-free zone. Reading aloud is encouraged, but optional.

# Islamic Culture through Islamic Art and Architecture 7-19th Century

**Instructor**: Sayyid Tirmizi

DOW: Monday Weeks: 7 Method: Hyflex Start Date: 10/7/2024 End Date: 11/18/2024 Start Time: 11:30 AM End Time: 12:30 PM For over 1400 years, Islamic Culture has made a significant contribution to the world of art and architecture. From the Dome of the Rock through the Cordoba Mosque in Spain to the Taj Mahal in India and from beautiful miniature paintings to various calligraphy styles, from Ibn Khaldun to Rumi, it has excited historians and common people alike. All this compels one to examine the contribution of Islamic art and culture to world civilization. This survey course is an attempt to introduce the creative world of Islamic culture through some of the significant landmarks of art, architecture, paintings, and calligraphy over the centuries.

#### **TUESDAY**

#### Italian 4

**Instructor**: Antonella Giannasca

DOW: Tuesday Weeks: 7 Method: Online Start Date: 10/8/2024 End Date: 11/19/2024 Start Time: 10:00 AM End Time: 11:30 AM

In this class, students will be able to understand the main points of a conversation about everyday life. They can deal with most situations while travelling to Italy. Can describe experiences and events that occurred in the past using the basic past tenses. Students will enrich the vocabulary of daily life; they will be exposed to videos and audios to improve their ability to understand the language. Book Required: Italian Now by Barrons

#### Sweet! A History of Candy in America

Instructor: Jeff Milsteen

DOW: Tuesday Weeks: 4 Method: Hyflex
Start Date: 10/8/2024 End Date: 10/29/2024
Start Time: 10:00 AM End Time: 11:00 AM
Just in time for Halloween, join Jeff Milsteen for a
nostalgic exploration of the history of America's
obsession with candy. From the great American
chocolate wars to the candies, chewing gums and mints
we love today, we'll take a look at the fascinating stories
behind some of our most iconic brands and, in some
cases, learn how they're made. We'll also examine the
least and most popular candies and how our candy
preferences have changed over the years. Warning: This
class is not intended to promote a healthy lifestyle —
participate at your own risk!

#### The Race Beat: The Press & Civil Rights Movement

**Instructor**: Doug Cumming

**DOW**: Tuesday **Weeks**: 7 **Method**: Classroom **Start Date**: 10/8/2024 **End Date**: 11/19/2024 **Start Time**: 11:30 AM **End Time**: 1:00 PM

The 2006 book The Race Beat, which won the Pulitzer Prize for history, tells the story of how the Black press and a cadre of journalists with TV, magazines and newspapers conveyed the moral message that eventually awoke the nation. I have taught this book and know most of the main characters in it (one is my father, the Atlanta buro chief for Newsweek, another my first editor, Claude Sitton, from the Emory Wheel to the NYT, and others are in my Ph.D. dissertation). We will move chronologically through this other angle of a familiar MLK-led history, opening discussion of lesson on the news media and this election year. Bio: I taught journalism for 19 years as a professor at Washington & Lee University. This academic stretch came after 26 years of reporting, writing and editing for metro papers (including the AJC in the 90s) and magazines.

#### **Improvisation Part 2**

**Instructor**: Robert Drake

DOW: Tuesday Weeks: 7 Method: Classroom Start Date: 10/8/2024 End Date: 11/19/2024 Start Time: 11:30 AM End Time: 1:00 PM

Obtain more advanced techniques of improvisation and earn to better craft scenes, stories, and monologues in this highly interactive, performance-driven class that concludes with a performance in front your peers! The

focus will now be on working more effectively with scene partners to heighten and develop what happens on stage. Limited to 15 students. Prerequisite: Improvisation Part 1

#### **Italian Language for Beginners**

Instructor: Antonella Giannasca

DOW: Tuesday Weeks: 7 Method: Classroom
Start Date: 10/8/2024 End Date: 11/19/2024
Start Time: 12:00 PM End Time: 1:30 PM
Let's start our journey! Do you want to learn the beautiful language La Bella Lingua? This is the class for you. You will start learning the basic of the Italian Language, how to connect with other Italians. You will learn how to introduce yourself, how to say where you are from and where you go. You will be able to tell time, talk about the weather, the days of the week and the seasons. We will learn fun facts about the regions of Italy and how to talk about our families. Join this class if you want to start your journey to the Italian Language. See you in class!

#### **Grant & Sherman**

Instructor: Michael Shaffer

**DOW**: Tuesday **Weeks**: 4 **Method**: Online **Start Date**: 10/8/2024 **End Date**: 10/29/2024

Start Time: 1:30 PM End Time: 3:00 PM

During the American Civil War, the early bond developed between U.S. Grant and William T. Sherman-officers with different personalities, strengths, and weaknessesultimately, leading the Federals to victory. This course will compare and contrast the leadership styles of both men, compare personalities and drill into their respective battlefield performances.

#### **Childhood: Capture it Now!**

**Instructor**: Susan Soper

**DOW**: Tuesday **Weeks**: 6 **Method**: Online **Start Date**: 10/8/2024 **End Date**: 11/12/2024

Start Time: 1:30 PM End Time: 3:00 PM

Childhood memories seem to be the most impactful and enduring: parents, siblings, pets, grandparents; trips, moves, school, friends (real and imagined), success, bumps in the road, discipline, affection, ambitions, losses (things and people), realities. Smells, sights, and colors bring back lasting emotions and memories, as well as books, TV and movies, songs, etc. This class will explore childhood in a variety of ways--from postcards to narrative pieces. If you're thinking of leaving your stories for children and grands, this could be helpful.

#### **WEDNESDAY**

#### Intermediate Italian 1

Instructor: Alessandra Brisotto

DOW: Wednesday Weeks: 7 Method: Hyflex Start Date: 10/9/2024 End Date: 11/20/2024 Start Time: 9:30 AM End Time: 11:00 AM

In this class students will learn ordinal numbers, more adjectives, new vocabulary, new expressions, some prepositions, and other common interrogative forms. They will also be able to learn and use the Present Perfect and the Imperfect Tenses. After this class, they will be able to understand and use familiar expressions and phrases, they will be able to interact in a simple way with other people.

#### **Hitchcock Part 3: The Golden Era Begins**

**Instructor**: Colin Mackey

DOW: Wednesday Weeks: 7 Method: Online **Start Date:** 10/9/2024 **End Date**: 11/20/2024 Start Time: 9:30 AM PM End Time: 11:00 AM Alfred Hitchcock is known to many as the Master of Suspense, but this sells his importance as a filmmaker short. Starting his film career in the silent era and working through the 1970's, Alfred Hitchcock was a groundbreaking innovator who helped develop the language of film and the narrative techniques that are standard today. In this four-part course, we will trace the career of Alfred Hitchcock by discussing one or two films a week. We will examine each film in the context of other films of the time, the growth of Hitchcock as a filmmaker, and the influence each film had on future directors. In Part 3, we will explore the beginning of Hitchcock's Golden Era where he finds the balance between popular entertainment and art. More detail available online.

#### **Italian Conversation Intermediate Level**

Instructor: Antonella Giannasca

DOW: Wednesday Weeks: 6 Method: Online Start Date: 10/9/2024 End Date: 11/13/2024 Start Time: 10:00 AM End Time: 11:30 AM

Benvenuti. In a very comfortable environment, you will practice the Italian conversation using your knowledge of communicating with other students. By speaking, reading and listening you will improve your Italian language. Don't be shy and come to class so we can have fun speaking the beautiful language.

#### Writing a 'Legacy Letter'

**Instructor**: Jay Sherwin

DOW: Wednesday Weeks: 4 Method: Online Start Date: 10/9/2024 End Date: 10/30/2024 Start Time: 9:45 AM End Time: 11:15 AM

A legacy letter (also called an "ethical will") is a written document that allows people to share their life lessons, express their values and transmit their blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family, friends and loved ones. This course includes discussion and brief writing exercises to help you examine your life history, explore your values and complete your own legacy letter.

#### **Italian per Sharon**

**Instructor**: Alessandra Brisotto

**DOW**: Wednesday **Weeks**: 7 **Method**: Hyflex **Start Date**: 10/9/2024 **End Date**: 11/20/2024 **Start Time**: 11:30 AM **End Time**: 1:00 PM

This is a special class in memory of our friend and former classmate Sharon Pike. It is a conversational class for intermediate/advanced Italian students with different topics every week. This is not a class for beginners.

#### A Study of Faulkner's The Sound and the Fury

**Instructor**: Jay Miller

DOW: Wednesday Weeks: 4 Method: Hyflex Start Date: 10/9/2024 End Date: 10/30/2024 Start Time: 11:30 AM End Time: 1:00 PM

The class will involve an active reading and discussion of what many critics consider to be William Faulkner's greatest novel. I use the word "discussion" intentionally. I may lecture briefly, but the bulk of our time will be spent exchanging thoughts about what we read for that week. I will post questions in advance to aid each week's

discussion

#### Let's Travel to Italy

Instructor: Antonella Giannasca

**DOW**: Wednesday **Weeks**: 6 **Method**: Online **Start Date**: 10/9/2024 **End Date**: 11/13/2024 **Start Time**: 12:00 PM **End Time**: 1:30 PM

Are you finally planning a trip to Italy? Do you want to learn the expressions and the words that will help you interact with locals? Do you want to learn how to order food, ask for directions, etc.? This is the class for you! Let's travel together to this beautiful country and discover the traditions and the culture of Italy. No grammar, no rules just practical sentences and suggestions. Get ready for your trip! Buon Viaggio.

#### The Irrational and More Season 2

**Instructor**: Shai Robkin

DOW: Wednesday Weeks: 7 Method: Hyflex Start Date: 10/9/2024 End Date: 11/20/2024 Start Time: 11:30 AM End Time: 12:45 PM

This course explores many of the ideas featured in the second season of the NBC show "The Irrational." We will also examine some of the new and emerging research into the underlying forces, many unknown to our conscious minds, that drive individual and collective societal behaviors, focusing on the work of behavioral economists, social psychologists and neuroscientists. Where applicable, we'll see what behavioral scientists have to say about some of the most important and often divisive issues of the day and their possible implications for public policy

#### 50's & 60's Music Legends that Died at Age 27

**Instructor**: Tom Dell

**DOW**: Wednesday **Weeks**: 7 **Method**: Classroom **Start Date**: 10/9/2024 **End Date**: 11/20/2024

Start Time: 1:00 PM End Time: 2:00 PM

This class explores the impactful yet tragically short-lived careers of influential Rock and Roll artists who passed away at the height of their fame. Students will delve into the lives, music, and enduring legacies of stars like Brian Jones, Janis Joplin, Jim Morrison, Alan Wilson, Linda Jones, Pete Ham, and others who left an indelible mark on the music industry despite their premature deaths.

#### The 100 Greatest Movie Songs of All Time

**Instructor**: Emanuel Abramovits

**DOW**: Wednesday **Weeks**: 6 **Method**: Online **Start Date**: 10/9/2024 **End Date**: 11/13/2024

Start Time: 2:30 PM End Time: 4:00 PM

Songs have been a fascinating component of many of our favorite movies. Let's analyze the best ones in their cultural significance, its role within the movie itself, the lyrics and memorability. Great songs like Moon River, As Time Goes By, Mrs Robinson and My Heart will Go On set a tone or mood, define character, advance plot and/or express the film's themes in a manner that elevates the art of moviemaking. These songs have also captured the nation's heart and resonate across time.

### **THURSDAY**

#### Introduction to Italian 2

Instructor: Alessandra Brisotto

DOW: Thursday Weeks: 7 Method: Hyflex Start Date: 10/10/2024 End Date: 11/21/2024

Start Time: 9:30 AM End Time: 11:00 AM

In this class, students will start learning how to use

verbs. They will learn to create sentences to communicate with people. They will learn the present tense of regular verbs and some irregular verbs of common use. After this class, students can understand and use familiar everyday expressions and basic phrases aimed at the satisfaction of needs of a concrete type. Can interact in a simple way provided the other person

talks slowly and clearly and is prepared to help.

#### Pragmatism: The Philosophy of Dewey and Pierse

**Instructor**: Gene Schallern

**DOW**: Thursday **Weeks**: 4 **Method**: Classroom **Start Date**: 10/10/2024 **End Date**: 10/31/2024 **Start Time**: 10:00 AM **End Time**: 11:00 AM

The first American philosophy, Pragmatism, grew out of the vicissitudes of the Civil War and cultural influences of slavery, Darwinism, capitalism, labor unions, German philosophers... Emphasis will be on the philosophy of Pragmatism, but there are also historical and psychological aspects to consider as well. If you enjoy discussing ideas, this is the class for you. For reference material we will be using: The Metaphysical Club, a Pulitzer Prize-winning book delineating the philosophy and history of Pragmatism.

#### **Hell in the Pacific**

Instructor: COL (Ret) Larry Saul

DOW: Thursday Weeks: 3 Method: Classroom **Start Date:** 10/17/2024 **End Date**: 10/31/2024

Start Time: 10:00 AM End Time: 1:00 PM

A brief history of the US and Allied efforts to defeat the Japanese in the Pacific Theater of Operations during WW II, with an emphasis on the strategic goals, the strategies, the personalities and the various battles and campaigns

that brought about ultimate victory.

#### Nazi Germany From Hitler To The End Of WWII

Instructor: Susan K Barnard

**DOW**: Thursday **Weeks**: 7 **Method:** Hyflex Start Date: 10/10/2024 End Date: 11/21/2024 Start Time: 11:30 AM End Time: 12:30 PM

When Germany lost the Great War, a perfect storm was created. It brought together the most sinister men the modern had ever seen. These depressed malcontents wanted a messiah...Adolf Hitler was their man. This course will trace the development of the Nazi Party, and profile the actors on this stage of horror. It will begin with Hitler's childhood, chronicle the events that led to World War II. the war, the Nazis in America, the Holocaust and will end at VE Day. The program is enhanced by hundreds of photos and maps.

#### An Adventure in Self Discovery

**Instructor**: Enid Carlin

**DOW**: Thursday **Weeks**: 5 **Method**: Classroom **Start Date:** 10/10/2024 **End Date**: 11/7/2024 Start Time: 11:30 AM End Time: 1:00 PM

This course is open to new students as well as students who have already taken the class In this interactive class we will uncover your thoughts, emotions, values, insights through a variety of introspective exercises and discussions .Join us for an exciting, thoughtful and

bonding experience.

#### **Intermediate Italian 2**

**Instructor**: Alessandra Brisotto

DOW: Thursday Weeks: 7 Method: Hyflex Start Date: 10/10/2024 End Date: 11/21/2024 Start Time: 11:30 AM End Time: 1:00 PM

In this class, students will start learning how to use

verbs. They will learn to create sentences to

communicate with people. They will learn the present tense of regular verbs and some irregular verbs of

common use. After this class, students can understand and use familiar everyday expressions and basic phrases aimed at the satisfaction of needs of a concrete type. Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help.

#### **Drawing & Watercolor-Part 1**

**Instructor**: Elizabeth Samoluk

**DOW**: Thursday **Weeks**: 7 **Method**: Classroom **Start Date:** 10/3/2024 **End Date**: 11/14/2024

Start Time: 1:00 PM End Time: 3:00 PM

Learn to train in the techniques that underpin good drawing skills. Drawing will give you the confidence to paint in any medium! Whether you are interested in painting in watercolor, oil, acrylic, pastel or gouache, good drawing skills will greatly impact your abilities and lead to VAST improvements in your overall artwork!

#### **FRIDAY**

#### Advanced iPhone: Master your Skills Beyond Basics

**Instructor**: Bob Siegmann

**DOW**: Friday **Weeks**: 5 **Method**: Classroom **Start Date:** 10/11/2024 **End Date**: 11/8/2024 Start Time: 10:00 AM End Time: 11:00 AM

Elevate your iPhone photography prowess with our comprehensive Advanced Camera Course. Designed as a series of five one-hour sessions, this course delves deep into advanced topics not covered in our Beginner's Course, ensuring you're equipped to capture stunning photos and videos. Key topics covered include Night Photography, Time-lapse, Slow Motion, Cut Outs, Closeups, LIVE Photos, Burst Mode, Panoramas, Landscape Techniques, and Flower Portraits. Additionally, you'll gain insights into managing System Albums, utilizing Photo System features, Document Transcription, and discovering essential camera apps and accessories. Join us and take your iPhone photography skills to the next level!

### **NOVEMBER**

#### **Chair Yoga**

Instructor: Nutan Ahuja

DOW: Monday Weeks: 4 Method: Online Start Date: 11/4/2024 End Date: 12/2/2024 Start Time: 10:00 AM End Time: 11:00 AM

Chair Yoga is a way to Sit Your Way to Better Health.
Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace. These classes are a GREAT entry point for students OF ALL AGES AND ALL LEVELS.

#### **Chair Yoga and Resistance Bands**

Instructor: Nutan Ahuja

**DOW**: Wednesday **Weeks**: 4 **Method**: Online **Start Date**: 11/6/2024 **End Date**: 12/4/2024 **Start Time**: 10:00 AM **End Time**: 11:00 AM

Chair Yoga is a way to Sit Your Way to Better Health.

Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes wellbeing through breathing correctly and stretching in ways that will open up your body on the path to peace. Resistance bands, help to do any type of strength training without the need for heavy weights. These bands engage multiple muscles simultaneously, so your entire body gets a workout in a short period of time. These classes are a great entry point for students of all ages and all levels.

# OCTOBER/NOVEMBER ONE DAY COURSES

#### Go for Broke!

Instructor: COL (Ret) Larry Saul

DOW: Thursday Weeks: 1 Method: Classroom Start Date: 10/10/2024 End Date: 10/10/2024

Start Time: 10:00 AM End Time: 1:00 PM

A short history of the 442nd Regimental Combat Team. Made up of volunteers that formed the

segregated Japanese- American army combat unit. More

than 12,000 Nisei (second-generation Japanese

American) volunteers answered the call. Ultimately 2,686 from Hawaii and 1,500 from mainland U.S. internment camps assembled at Camp Shelby, Mississippi in April 1943 for a year of infantry training. Many of the soldiers from the continental U.S. had families in internment camps in the USA while they fought abroad. The 442nd fought in some of the fiercest battles of WW II and became the highest decorated unit in the war. The

unit's motto was "Go for Broke".

#### Fist Aid, CPR, AED (National Safety Council)

**Instructor**: Jim Spano

DOW: Friday Weeks: 1 Method: Classroom Start Date: 10/11/2024 End Date: 10/11/2024

Start Time: 9:30 AM End Time: 2:30 PM

This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 "C" method of CHECK – CALL - CARE! Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported/evaluated by medical qualified staff members.

#### Women, Power and Politics in the USA

**Instructor**: Beth Skinner

**DOW**: Thursday Weeks: 1 Method: Online Start Date: 10/21/2024 End Date: 10/21/2024

Start Time: 1:00 PM End Time: 2:30 PM

What is a 'woman's place'? The United States has yet to see a woman president, yet other advanced democracies have already welcomed a woman in the top spot. At a time when women are competing for elected office at every level there remain challenges unique to the U.S. What are those challenges & are they immutable? We'll consider the role of misogyny, religion, tradition, and even the current 'gender-conflict' as potential contributors to the challenge. Then, we'll also look at a range of women who have successfully demonstrated their competency & leadership abilities as we consider the changing dynamics of women, power, & politics in the U.S.

#### **Medicare Made Simple for 2025**

**Instructor**: Bonnie Dobbs

**DOW**: Friday **Weeks**: 1 **Method**: Classroom Start Date: 10/30/2024 End Date: 10/30/2024

Start Time: 1:30 PM End Time: 2:30 PM

This workshop is a must if you are turning 65, over 65 and getting ready to retire, already on Medicare, or a caregiver for your loved one on Medicare. You will learn the basic parts of Medicare, what to do to prepare for Medicare, and how and when to do it. You will also learn

about important changes coming up in 2025.

#### **Robert C Williams Museum Papermaking Tour**

**Instructor**: Museum Docent

DOW: Friday Weeks: 1 Method: Classroom Start Date: 11/1/2024 End Date: 11/1/2024 Start Time: 11:00 AM End Time: 12:30 PM

The Robert C. Williams Museum of Papermaking, located in Atlanta, Georgia, is a museum dedicated to the history, technology, and art of papermaking. Named in honor of Robert C. Williams, a prominent figure in the field, the museum is part of the Georgia Institute of Technology. Join OLLI at Emory members on a docent tour of the museum featuring a range of exhibits on the papermaking process, from ancient techniques to modern innovations. It includes a collection of historical and contemporary paper artifacts, tools, and machinery. This is a unique experience to learn about the science of paper, its cultural significance, and its role in

communication and art. Includes an opportunity for attendees, to create a piece of paper.

### OLLI Workshop: How to Easily Self-Publish an **eBook or Print Book**

**Instructor**: Steven Simon Ph.D.

DOW: Monday Weeks: 1 Method: Classroom Start Date: 11/4/2024 End Date: 11/4/2024 Start Time: 10:00 AM End Time: 2:30 PM

How great would it be to see your own book printed and on sale within days? Self-publishing a book has become easier and faster than ever, and usually at no cost. However, for the uninitiated, making the right choices and following through can seem like a daunting task. Focusing on non-fiction such as self-help and personal growth, memoirs, autobiographies, history, hobbies, instructional guides/manuals, and family history, this course will teach how to take your manuscript quickly to print. We will use instruction, illustrations, and samples to show how to self-publish your creation as an ebook, paperback, or hard-cover. The course will include comparison of 3 of the most highly rated publishing platforms with respect to factors such as ease of use, book covers, formatting and software for submission, front matter to include, how to submit, costs, marketing value, and expected profits from sales. This will help you choose one or more platforms that will best help you reach your publishing intent quickly and simply. We will also discuss book pricing. Finally, we will introduce some basic marketing strategies for self-published books.

#### **Defensive Driving Course: National Safety Council**

**Instructor**: Jim Spano

DOW: Friday Weeks: 1 Method: Classroom **Start Date:** 11/15/2024 **End Date**: 11/15/2024

Start Time: 9:30 AM End Time: 2:30 PM

NSC Defensive Driving Courses teach drivers how to recognize and react to immediate and potential hazardous driving situations and conditions. Our instructor-led, classroom courses provide collision prevention strategies and defensive driving techniques that focus on behavior, judgement, decision making and consequences. Instructor: James Spano, MS, CSHM By recognizing that safe driving is a matter of personal choices, participants will develop the mental skills and knowledge to become a defensive driver. The class focus will be on the seven most common driving mistakes and how to overcome them, along with the five conditions

that affect your driving skills and response time. Completion of this course may result in a discount on auto insurance.

#### A Liberator's Daughter

Instructor: Gail Cohn

DOW: Tuesday Weeks: 1 Method: Hyflex Start Date: 12/3/2024 End Date: 12/3/2024 Start Time: 11:00 AM End Time: 12:30 PM

Please join us as Liberator Judge Aaron Cohn's daughter, Gail Cohn, shares the remarkable account of her father's role in the liberation of the concentration camp in Ebensee, Austria during World War 2 and its impact on

his life.



# **OLLI FALL SOCIAL**

November 22, 2024

The OLLI staff and committee members are excitedly preparing for our Fall Social, happening on Friday, **November 22, from 11:30 AM to 1:00 PM** at our Century Center location. With space for only 100 guests, be sure to register early to secure your spot, as we're expecting this event to fill up quickly.

This social event is where members can gather and get to know each other, outside of the classroom. We always have a good turnout with fun and great conversation.

Important: Everyone must sign up to attend. There's no entry fee, but registration is required to guarantee your place. Each registration includes a ticket for our giveaway drawings. Don't miss out on this chance to celebrate what makes OLLI so special! Register here.