

Osher Lifelong Learning Institute

Emory Continuing Education

2023 Fall Session Sept. - Dec.

Courses and social opportunities for Adults 50+

No tests, no homework,...just the joy of learning



Website: olli.emory.edu | Email: olli@emory.edu

2635 Century Pkwy NE, Suite 300 Atlanta, 30345 | 404-727-5489

Welcome to OLLI at Emory University

The Organization

The Osher Lifelong Learning Institute at Emory University (OLLI at Emory) is a community of seasoned adults who wish to stay mentally alert and physically active through classes and social programs that nourish the mind, body, and soul. OLLI provides cultural, volunteer, educational, and social opportunities designed for individuals 50 years and older, through courses, lectures, seminars, special interest groups, special events, and trips. The educational programming is centered on courses developed and taught by volunteers who share their time, passion, and knowledge. OLLI at Emory is a member driven, community-based program, housed within Emory Continuing Education.

No tests, no grades...just the joy of learning from one another!

The Staff

Stephanie Tarpley, MS - Program Manager stephanie.tarpley@emory.edu

Ann K. Nichols, Program Assistant ann.kinnett.nichols@emory.edu

Deanna Queen, Program Assistant dqueen2@emory.edu

How to get in touch with us:

OLLI Office

2635 Century Pkwy NE, Suite 300 Atlanta, GA 30345

Office Hours: Mon-Fri 9AM-4PM

Directions

Phone: 404-727-5489

Please leave a message if we do not answer, your call will be returned as soon as possible.

Email: olli@emory.edu

Membership

OLLI at Emory is a member only organization. Annual memberships are \$50 for one year, September 1 – August 31.

Course Fees

Unless indicated otherwise in the course description, the flat fee for every course is \$10 per session when registering. On occasions, some courses may have an additional fee for instructional or supply fees associated with the course.

If registering less than 5 days prior to class, there is a \$10 late enrollment fee added. (example: 4-Week Class \$40 if registering before 5 days before the start of class, \$50 if registering late)

Course Cancellation Policy

Courses that do not meet minimum student registration numbers are subject to cancellation. If a course is cancelled, students will be notified via email.

Registration

No payments will be processed before the start of registration for in-person seats. Online registration is preferred. We cannot guarantee seats for checks sent in the mail. If registering by phone, 404-727-5489, 9AM-4PM.

Refund Policy

Provided that requests are received in writing before 5:00 PM Eastern time, no fewer than five days prior to the class start date, refunds will be made in the form of the original payment. A \$10 administrative fee will be charged. Failure to attend class or stopping payment on a check or credit card does not constitute grounds for a refund.

No Refunds will be Processed after the Start of a Course

A \$35 fee will be charged for returned checks and stop payments

Online Courses

All OLLI online courses are conducted via Zoom, a web conferencing platform that is used for audio and/or video conferencing. It is free to sign-up to use Zoom for attending courses. If you have not already done so, you can create a free account at www.zoom.us. After setting up an account you simply login using the credentials you registered with and click on a Zoom link sent for any courses registered.

Online Course Zoom Links

All Zoom links are sent the evening or afternoon before the scheduled start date of a course. The same link is used for the entirely of the course. Although, the OLLI Office does try to send reminders each week, please save and keep your original email handy to access the course.

Communications

All students will be emailed regarding any communications needed while enrolled in an OLLI course. Please make sure to keep in touch and informed throughout your course by checking your email. All instructors will also be able to email students through their instructor portals to inform students of information to read or that they would like to inform their class regarding.

IMPORTANT COVID POLICY INFORMATION

COVID-19 VACCINATION AND TESTING

Effective February 2023, Emory University will no longer require COVID-19 vaccinations or tests for students, faculty, staff, or visitors. Beginning on March 21, 2022, masks are optional for participants and visitors in the Emory Continuing Education suite. Emory University COVID Policy Information

REGISTRATION

How to register

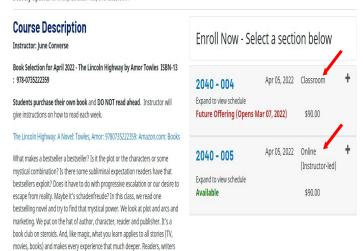
OLLI at Emory is offering Online (Zoom) and In-Classroom course options. Each course will note what format the course is offered. If a course is listed as Hyflex, you will have two separate section options, either in- classroom or online. Students will register in the course section of their preferred choice, please look carefully when registering online. Also, keep in mind, all classroom seats are first come first serve. Zoom sections generally do not have an enrollment max, unless the instructor prefers to limit the number of enrollments.

EXAMPLE:

and any story love will enjoy this class.

Dissecting The Novel With June Converse

Delivery Options: Online (Instructor-led) and Classroom



All seats are first come, first serve. Online registration is preferred on our <u>website</u> or you can register by phone at **404-727-5489.**

Login to your account before registration opens to make sure you have no problems. You can reset your password on the website and through your email. After you reset your password, be sure to close your browser completely and reopen to attempt a new login.

Website: oll.emory.edu

SEPTEMBER 2023 SHORT SESSION

MONDAY

Chair Yoga Monday

Instructor: Nutan Ahuja **Date:** 9/11/2023 - 10/2/2023 **Time:** 10:00 AM - 11:00 AM **Day:** Monday **Format:** Online

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace. These classes are a GREAT entry point for students OF ALL AGES AND ALL LEVELS.

Crocheting - Level Two

Instructor: Angela Tarah Date: 9/11/2023 - 10/2/2023 Time: 1:00 PM - 2:30 PM

Day: Monday Format: Classroom

These are fun, interactive crochet lessons where you will build upon what we learned in the beginner's crochet course. With new techniques such as working in the round and changing colors, we will complete a traditional "granny square." Overview and practice of some of the "fancy" stitches – popcorn, puff, shell, front post stitches. This class has a prerequisite of completion of the Beginner Crochet class or demonstration of equivalent skills.

TUESDAY

Ikebana: Japanese Art of Flower Arrangement

Instructor: Nutan Ahuja **Date:** 9/5/2023 - 9/26/2023 **Time:** 11:00 AM - 12:30 PM

Day: Tuesday Format: Classroom

Ikebana, is an ancient Japanese art of flower arranging, guided by the desire to create harmony between flowers and their surroundings. More than merely 'decoration,' the Ikebana way of flower arranging encourages to fully express by infusing each arrangement with a sense of space, motion, season, rhythm and emotion. Students need to bring a tall vase (approx. 8-12 inch tall), Shears and any fresh leaves with 2-3 stems .Fresh Flowers will be provided.

The Ancients and Moderns Meet Again

Instructor: Jim Mengert
Date: 9/5/2023 - 9/26/2023
Time: 11:15 AM - 12:15 PM
Day: Tuesday Format: Hyflex

As the (mostly) modern poems in this course will testify, the Greek myths continue to speak to us, in ways surprising, profound, and, yes, even funny.

July 1863 - The Gettysburg and Vicksburg Campaigns

Instructor: Charles Richards
Date: 9/5/2023 - 9/26/2023
Time: 10:00 AM - 11:30 AM
Day: Tuesday Format: Hyflex

In July of 1863, the Confederate cause was approaching high tide in Pennsylvania; but at the small crossroads town of Gettysburg the Union Army of the Potomac, led by George G. Meade defeated the Confederate Army of Northern Virginia, led by Robert E. Lee. As a result, Lee and his army were compelled to retreat back to Virginia. At the same time in Mississippi, the Union Army under Ulysses S. Grant fought a series of engagements in a brilliant campaign that culminated in the capture of Vicksburg, so that Lincoln could announce that - The Father of Waters flows unvexed to the sea. In this course, we will study how the Union commanders achieved these two critical victories.

Awakening the Sage Within

Instructor: Colleen McBride
Date: 9/5/2023 - 9/26/2023
Time: 11:15 AM - 12:45 PM
Day: Tuesday Format: Online

"Awakening the Sage Within" a 6-hour workshop with 6 topic modules based on ideas presented in From Aging to Sage-ing authored by Rabbi Zalman Schachter-Shalomi. The overarching goal of the workshop is to engage elders in changing the way they are perceived in society and proactively envisioning how they want to be in the elder phase of life. To this end, the workshop modules encourage introspection, discussion and reflection related to: • doing inner work to combat fears about aging, • resisting ageism (and other isms) in our culture, • harvesting wisdom from life review, leading to life repair & forgiveness, • navigating life's transitions with grace • facing mortality, • embracing mystery, and • finding one's unique path to grateful and joyful eldering with purpose.

An Adventure into Wine - Wines from Down Under

Instructor: Herb Spasser **Date:** 9/5/2023 - 9/26/2023 **Time:** 1:00 PM - 3:00 PM

Day: Tuesday Format: Classroom

This course will focus on some of the more important wine growing regions of the world. We will show similarities and differences due to various soils, climate, and wine making techniques. The topics will include. Wines from Down Under (Australia & New Zealand), Wines of the Pacific Rim (Washington State & Oregon), Wines of Tuscany & Piedmont, and A Loire Odyssey- Its History, Chateaux and Wine.

WEDNESDAY

Chair Yoga Bands

Instructor: Nutan Ahuja
Date: 9/6/2023 - 9/27/2023
Time: 10:00 AM - 11:00 AM
Day: Wednesday Format: Online

Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open your body on the path to peace. Resistance bands are incorporated in chair yoga to challenge your muscles by exerting resistance in multiple directions. Your entire body can get a workout with increased joint mobility and muscular strength.

Prehistoric Art in Europe and the Middle East

Instructor: Marilyn Morton
Date: 9/6/2023 - 9/27/2023
Time: 11:15 AM - 12:15 PM
Day: Wednesday Format: Hyflex

We will examine images of paintings, objects, and structures from first, the Paleolithic Period, before the development of agriculture and even the most basic forms of written language. We will depend heavily on the theories of anthropologists regarding the impetus that impelled early humans to create copies of what they saw in the dangerous world that they inhabited. Since the evolution of homo sapiens had stopped 300,000 years ago in Africa, these art products less than 25,000 years old were created by artists like modern homo sapiens, albeit without the protections of civilization and the comforts that technology will bring.

What's With All The Noise?

Instructor: Shai Robkin
Date: 9/6/2023 - 9/27/2023
Time: 11:15 AM - 12:15 PM
Day: Wednesday Format: Hyflex

In their bestselling books Predictably Irrational, Thinking

Fast and Slow, and Nudge, Dan Ariely, Daniel

Kahneman, and Cass Sunstein (with co-author Richard Thaler), respectively, explore how cognitive biases lead individuals to make decisions that defy what we might call rational thinking. In their 2021 book Noise, Kahneman and Sunstein partner with Olivier Sibony, author of You're About to Make a Terrible Mistake!, to focus on undesired variabilities in judgements, by both individuals and organizations, when addressing the exact same problem. How is it that faced with the same patient, different doctors make different judgements about whether patients have skin cancer, heart disease, tuberculosis and a host of other conditions? How is it that whether an asylum seeker will be admitted into the United States depends on something like a lottery? Seemingly random and unfair decisions resulting from noise have dramatic implications for society, including the erosion of trust we have in one another. This course boils down the authors' research to their layperson and entertaining essence....

Italian For Fun!

Instructor: Antonella Giannasca
Date: 9/6/2023 - 9/27/2023
Time: 11:15 AM - 12:45 PM
Day: Wednesday Format: Online

Are you interested in having a taste of the Italian Language? This is the class for you. Without book or Homework, these 4 classes will open the door towards the Italian Language. This is class is for absolute

beginners. We will have fun in class! you will learn fun expressions, words, songs in Italian, so come to class

and be ready to learn! Ci vediamo!

Learn to Crochet!

Instructor: Angela Tarah **Date:** 9/6/2023 - 9/27/2023 **Time:** 1:00 PM - 2:30 PM

Day: Wednesday Format: Hyflex

Today is the day you learn how to crochet and discover a relaxing hobby you'll enjoy for life! Join crochet instructor Angela Tarah as she makes learning how to crochet fun and easy. You will quickly learn all the basics of crochet, from how to hold the yarn and hook to crocheting all the basic stitches, including chain stitches, slip stitches, single crochet, half-double crochet, double crochet and treble crochet. Soon you'll be crocheting delightful items to make as gifts, to decorate your home, and simply put, to impress family and friends! And you'll love how portable crochet is -- it's perfect for always having a project with you on the go. The truth is "If you can hold a pencil, you can learn to crochet".

THURSDAY

Acting Up

Instructor: Jane Shalhoub **Date:** 9/7/2023 - 9/28/2023 **Time:** 9:45 AM - 11:00 AM

Day: Thursday Format: Classroom

Reader's Theater is a great way to shine the spotlight on the hidden actors in each of us! Monologues, dialogues, 1, 2, + 3 Act plays, famous scenes, familiar and funny scripts and a wonderful way to hear our own, and each other's voices as we sit together, read our lines, mind our p's and cues, and prepare for a delightful experience in the magical world of play-acting. The only requirement . . . is an interest in becoming famous in just one month. And a willingness to pretend. Our final class will include a performance in front of a live audience. (Probably)~Characters Welcome~ Max students 12, register early.

A Guide to Self Awareness

Instructor: Enid Carlin

Date: 9/7/2023 - 10/12/2023 **Time:** 11:30 AM - 12:30 PM

Day: Thursday Format: Classroom

This class will enable the students to uncover their thinking processes, emotions, goals and values through a variety of questions presented to the group to discuss. We will also use books and films as s guide to self-awareness. This is a discussion and interactive class, it will be insightful, fun, and creative.

The Mystery of the Princes in the Tower

Instructor: Peter Edward Campos Date: 9/7/2023 - 9/28/2023 Time: 11:15 AM - 12:45 PM Day: Thursday Format: Hyflex

It remains the greatest mysteries: Over 500 years ago 12-year-old King Edward V of England and his 9-year-old brother Prince Richard disappeared from the Tower of London. The traditional account is that their uncle, King Richard III, had them killed; but does this hold up after closer examination? In Week 1, we will learn who these Princes were, why they were in the Tower, and what the political atmosphere of 1483 was like. We will also look at the evidence of their deaths, especially the skeletal remains found in the Tower 200 years later. Assuming the boys were killed, in Week 2 will look closely at King Richard's complicity in this crime. We will even review two 20th Century mock trials, conducted in England and in the US, to adjudicate the King's involvement. Week 3 considers other possible suspects and their motives, means, and opportunities to murder the princes. Week 4 presents an alternative view, that the princes (or at least one of them) did not die in the Tower but survived. We will consider where they were and what became of them. Maybe, just maybe, we might discover the answer to that nagging question: What happened to the Princes in the Tower?

Folk Music Open Sing

Instructor: Terry Carpenter **Date:** 9/7/2023 - 10/19/2023 **Time:** 1:00 PM - 2:00 PM

Day: Thursday Format: Classroom

This class is just singing for enjoyment – no lectures, singing lessons or long discussions. Students will have a chance to sing their favorite songs and learn some new ones. Everyone is welcome, including experienced singers, shower singers and those who think they can't sing at all. We will sing from song books 1. Rise Up Singing and 2. Rise Again, which have several hundred songs of many genres, and which can be ordered from riseupandsing.org. Loaner books will be available at no cost for those don't have their own copies.

Move It or Lose It: The Importance of Staying Active as

We Age - A Two-Class Series Instructor: Emory Physicians Date: 9/7/2023 - 9/14/2023

Time: 1:00 PM - 2:30 PM

Day: Thursday Format: Classroom

Join the Atlanta Track Club, Emory Running Medicine, and Precision Performance and Physical Therapy as we discuss the importance of staying active as we age.

Week 1, September 7- In this class, Emory Healthcare Orthopedist Dr. Sara Raiser will talk about the science

Orthopedist Dr. Sara Raiser will talk about the science behind the importance of staying active as we age, and injuries related to physical activity and Dr. Kate Mihevc-Edwards will talk about things you can do to stay injury free while engaging in a fitness program.

Week 2 - September 14 - In this class, Atlanta Track Club Coach Bob Wells will provide practical information on creating a training plan that is right for you whether it is walking, walk/jogging, or running.

ONE DAY SEPTEMBER COURSES

Discovering Atlanta

Instructor: Jerry Cooper **Date:** 9/12/2023 - 9/19/2023 **Time:** 1:00 PM - 2:00 PM

Day: Tuesday Format: Classroom

Discovering Atlanta: How it Began; Why It Grew: and

What the Future Could Be.

Saudia Arabia: Past, Present and Future

Instructor: Flynn Warren **Date:** 9/13/2023 - 9/13/2023 **Time:** 9:45 AM - 11:15 AM

Day: Wednesday Format: Classroom

Eight years of living in Saudi Arabia, as a civilian, provided an opportunity to gain an understanding of the geography, history, religion, government and life in Saudi Arabia. I worked as a pharmacist at the King Faisal Specialist Hospital in Riyadh. Extensive travel throughout the Arabian Peninsula allowed photographic documentation of historical and other sites. Staying in touch with others and following news reports has allowed me to maintain an interest in the changes that are occurring at present.

Defensive Driving Course: National Safety Council

Instructor: Jim Spano

Date: 9/15/2023 - 9/15/2023 **Time:** 9:30 AM - 2:30 PM **Day:** Friday **Format:** Classroom

NSC Defensive Driving Courses teach drivers how to recognize and react to immediate and potential hazardous driving situations and conditions. Our instructor-led, classroom courses provide collision

prevention strategies and defensive driving techniques that focus on behavior, judgement, decision making and

consequences.

Royalty Update 2023

Instructor: Michael McDavid Date: 9/18/2023 - 9/18/2023 Time: 1:00 PM - 2:30 PM Day: Monday Format: Hyflex

If you are interested in modern royalty and their roles in the countries where they reign and rule, come and join us for a recap and update of what has transpired, royally speaking, in the past two years. This one-session course will be oriented toward the confirmed royal-watchers as well as any who think it might be a fun way to spend some time learning about the current state of

royalty in today's world.

Would I Benefit from Hearing Aids

Date: 9/20/2023 - 9/20/2023 **Time:** 10:00 AM - 11:30 AM

Day: Wednesday Format: Hyflex

Presentation and Discussion about Hearing Aids, Pros and Cons. Hearing loss is a common issue that can significantly impact our daily lives, relationships, and overall well-being. If you've been wondering whether hearing aids are the right solution for you or a loved one, this presentation is designed to provide you with the essential information you need to make an

informed decision.

ONE DAY SEPTEMBER, Cont'd

Alliance Theatre Performance: The Shining, Sunday, September 24th 3:00PM. Limited Seats

Instructor:

Date: 9/24/2023 - 9/24/2023 **Time:** 3:00 PM - 5:30 PM **Day:** Sunday **Format:** Off-Site

The Shining on Sunday, September 24th at 3:00pm. Held on The Coca-Cola Stage at the Alliance Theatre. The address: 1280 Peachtree St NE, Atlanta, GA 30309.

<u>Learn how data could reshape and advance the future</u> of health care -All of Us Research Program at Emory

Presenters: Dr. Ted Johnson and Dr. Paul W. Seavey

Date: 9/27/2023 - 9/27/2023 **Time:** 10:00 AM - 11:00 AM

Health care is often one-size-fits-all but imagine a future where health care could be tailored to each person. The *All of Us* Research Program at Emory, backed by the NIH, is helping create the largest health database of its kind, allowing researchers to readily conduct thousands of studies on health and disease to speed up health research and medical breakthroughs.

OCTOBER/NOVEMBER LONG SESSION

MONDAY

<u>Dissecting the Novel - Demon Copperhead by Barbara</u> Kingsolver (Classroom 10AM or Online 1PM)

Instructor: June Converse **Date:** 10/2/2023 - 11/13/2023 **Time:** 10:00 AM - 12:00 PM

Day: Monday Format: Classroom or

Time: 1:00 PM - 2:00 PM

Day: Monday Format: Online

Book Selection for Fall 2023 - Demon Copperhead by Barbara Kingsolver Amazon.com: Demon Copperhead: A Pulitzer Prize Winner: 9780063251922: Kingsolver, Barbara: Books Students purchase their own book and DO NOT read ahead. Instructor will give instructions on how to read each week. What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader, and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers, and any story love will enjoy this class.

Chair Yoga

Instructor: Nutan Ahuja

Date: 10/9/2023 - 11/20/2023 Time: 10:00 AM - 11:00 AM Day: Monday Format: Online

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace.

Auteurs: Debuts and Masterpieces, Part III

Instructor: Robin Bernat **Date:** 10/2/2023 - 11/20/2023 **Time:** 3:00 PM - 4:00 PM

Day: Monday Format: Online

In this eight-week class, we'll look at the debut works of film giants like David Lynch, The Cohn Brothers, John Ford, and several independent filmmakers. We'll be talking about great cinema from newcomers like Kelly Reichardt and David Gordon Green to film giants like John Ford, Michelangelo Antonioni, and Werner Fassbender. Besides looking at the formal elements of film from cinematography to casting, more importantly perhaps, we'll be considering what it means to have "authorship" and how successful these filmmakers are at character development and eliciting great performances. The last or eighth week of documentary films will be self-guided. Courses 1 and 2 are not prerequisites.

TUESDAY

Italian Language for Beginners

Instructor: Antonella Giannasca Date: 10/3/2023 - 11/7/2023 Time: 10:00 AM - 11:30 AM Day: Tuesday Format: Online

Let's start our journey! Do you want to learn the

beautiful language La Bella Lingua?

This is the class for you. You will start learning the basic of the Italian Language, how to connect with other Italians. You will learn how to introduce yourself, how to say where you are from and where you go. You will be able to tell time, talk about the weather, the days of the week and the seasons. We will learn fun facts about the regions of Italy and how to talk about our families. Join this class if you want to start your journey to the Italian Language.

Iconic Photographs of the Twentieth Century

Instructor: Jeff Milsteen

Date: 10/3/2023 - 11/14/2023 Time: 10:00 AM - 11:00 AM Day: Tuesday Format: Hyflex

Photographs can capture powerful and unforgettable moments in time and become forever burned in our collective memories. In this class, we will examine some of the most iconic photographs of the Twentieth Century and develop a better understanding of why those photographs have had such a lasting impact. We'll look behind the lens to discover the stories behind these famous photographs and the photographers who took them. Each week we'll consider a different genre of images —from politics, culture, war and protest to entertainment, sports, science and nature. And just for fun, we'll also talk about some iconic photographs that turned out to be hoaxes!

Ikebana: Japanese Art of Flower Arrangement

Instructor: Nutan Ahuja

Date: 10/3/2023 - 10/24/2023 Time: 11:00 AM - 12:30 PM

Day: Tuesday Format: Classroom

More than merely decoration, the Ikebana way of flower arranging encourages to fully express by infusing each arrangement with a sense of space, motion, season, rhythm and emotion. Students need to bring a tall vase (approx. 8-12 inch tall), Shears and any fresh leaves with 2-3 stems. Fresh Flowers will be provided.

Censorship in the US

Instructor: Steven Harbour

Date: 10/3/2023 - 11/7/2023

Time: 11:15 AM - 12:15 PM

Day: Tuesday Format: Classroom

This course will look at attempts to impose censorship in the United States. We begin with a brief history of the censorship of motion pictures, by state and local

governments and by the

How to Develop Your Story Intelligence to Lead a Richer Life

Instructor: Rick Stone

Date: 10/3/2023 - 11/21/2023 **Time:** 11:15 AM - 12:45 PM **Day:** Tuesday **Format:** Classroom

Over the eight weeks of the course we'll journey together into the world of story, exploring a facet of your intelligence that you may never have considered—Story Intelligence. As far as we can tell, "story" has been around as long as humans have walked this earth. Our evolution is intimately intertwined with story. In a stair-step fashion, our brains have evolved to be powerful simulation machines, attuned to using the structure of story to make sense of our world, learn, envision possibilities, and even heal old psychic and spiritual wounds. Did our brains evolve to the point that they invented stories, or did telling stories impact how our

Let's Travel to Italy

brains grew and changed?

Instructor: Antonella Giannasca Date: 10/3/2023 - 11/7/2023 Time: 12:00 PM - 1:30 PM Day: Tuesday Format: Online

Are you finally planning a trip to Italy after Covid? Do you want to learn the expressions and the words that will help you interact with locals? Do you want to learn how to order food, ask for directions, etc.? This is the class for you! Let's travel together to this beautiful country and discover the traditions and the culture of Italy. No grammar, no rules just practical sentences and suggestions. Get ready for your trip! Buon Viaggio.

The Operas of Puccini

Instructor: John Bayne

Date: 10/3/2023 - 11/14/2023 **Time:** 1:00 PM - 2:00 PM **Day:** Tuesday **Format:** Online

Take a journey through the life and works of one of the most influential and beloved opera composers of all time, Giacomo Puccini (1858-1924). Puccini's operas are known for their emotional depth, memorable melodies, and powerful storytelling, making them staples of the operatic repertoire. The operas of Giacomo Puccini stir audiences worldwide.

Estate Planning and Probate Issues

Instructor: Everett Morris
Date: 10/3/2023 - 11/14/2023
Time: 1:00 PM - 2:30 PM
Day: Tuesday Format: Online

This basic level course will survey the current legal issues and techniques for controlling property while you are alive, if you become disabled, and when you pass away, while minimizing the impact of taxes, professional fees, and court costs. You will be provided a framework for handling the probate of a loved one's estate. Concepts perceived as complex are explained in terms everyone can understand and apply to their own situation. 7 weeks.

A Close Study of William Faulkner's Absalom, Absalom

Instructor: Jay Miller

Date: 10/10/2023 - 10/31/2023

Time: 1:00 PM - 2:30 PM

Day: Tuesday Format: Classroom

The class will involve an active reading and discussion of what many critics consider to be William Faulkner's greatest novel. I use the word "discussion" intentionally. I may lecture briefly, but the bulk of our time will be spent exchanging thoughts about what we read for that week. I will post questions in advance to aid each

week's discussion.

1864-65: The Conflict Draws to an End

Instructor: Michael K. Shaffer Date: 11/7/2023 - 11/28/2023 Time: 1:30 PM - 3:00 PM Day: Tuesday Format: Online

Beginning in May 1864, and stretching for almost 12 months, pivotal military events occurred, east and west, as Confederate and Federal forces fought to determine the destiny of a nation. This course will cover 1864 events in Georgia, including the Atlanta Campaign and the March to the Sea, and will explore the Carolinas Campaign and other important battles in the western theater. Beginning with the Overland Campaign in Virginia, and running through the stacking of arms at Appomattox Court House, we will also review military actions in the east. Students will gain a better understanding of key wartime figures in reviewing the actions of Presidents Abraham Lincoln and Jefferson Davis; Lieutenant General U.S. Grant and General Robert E. Lee; Major General William T. Sherman and General Joseph E. Johnston, and many others.

WEDNESDAY

Chair Yoga Bands

Instructor: Nutan Ahuja

Date: 10/4/2023 - 11/15/2023 **Time:** 10:00 AM - 11:00 AM

Day: Wednesday Format: Online

Chair yoga is a way to Sit Your Way to Better Health. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open your body on the path to peace. Resistance bands are incorporated in chair yoga to challenge your muscles by exerting resistance in multiple directions. Your entire body can get a workout with increased joint mobility and muscular strength. The simple & easy movements are great for people in any condition, to do anytime and anywhere.

Anton Chekhov: Master Story Teller - Diagnostician

Instructor: Jill Parks

Date: 10/4/2023 - 11/8/2023 Time: 11:15 AM - 12:45 PM Day: Wednesday Format: Hyflex

What makes Chekov perhaps the most admired and beloved short story writer of them all? He portrays the loss of communal connections in modern civilization, life with amazing compassion, vividness, and honesty. The stories we will read reveal, why Chekhov is the master of his craft and a genius for creating gripping, unforgettable characters. Textbook info available online.

The History of the American Common Law System

Instructor: Roy Sobelson

Date: 10/4/2023 - 11/15/2023

Time: 11:15 AM - 12:45 PM

Day: Wednesday Format: Hyflex

The United States is one of only about 40 countries with a "common law" legal tradition. About 10 of the 40 are major first world countries with long ties to Great Britain. Most other countries have what is known as a "civil law" tradition, which is quite different. This course will examine the mostly English (and some Roman) origins of our common law, how it developed and continues to develop, and how many modern rights, privileges, immunities, claims and defenses have come to be and still affect us. We will also focus on some current legal battles to see how they arose and how they will be sorted out through public court opinions and precedent.

The Surprising Economics of Immigrants

Instructor: Shai Robkin

Date: 10/4/2023 - 11/15/2023 Time: 11:15 AM - 12:15 PM Day: Wednesday Format: Hyflex

Immigration is a fraught and misunderstood topic in America's social discourse, with much of what we believe based largely on myth. How different were the experiences of immigrants from the nineteenth and early twentieth centuries to those of immigrants today? How different are the children of immigrants from countries like El Salvador, Mexico and Guatemala coming to the US today from those who arrived on our shores from Great Britain and Norway 150 years ago? How do immigrants and their children compare educationally, professionally and economically with US born residents? We'll dig into these questions along with many others and discuss the policy implications of what we find.

Advanced Italian Conversation

Instructor: Antonella Giannasca Date: 10/4/2023 - 11/8/2023 Time: 12:00 PM - 1:30 PM

Day: Wednesday Format: Online

This is the highest level of the Italian Conversation. In this class, students will have a chance to talk and exchange ideas in Italian regarding past experiences, trip, everyday life and Italian culture. Through videos and audios, they will continue growing in their knowledge of the language. Students must be able to carry on a conversation in Italian in order to attend this class. Be ready to speak Italian!!

Intermediate Italian Conversation

Instructor: Antonella Giannasca **Date:** 10/4/2023 - 11/8/2023 **Time:** 1:00 PM - 2:30 PM

Day: Wednesday Format: Online

In this class students will practice speaking skills necessary for maintaining conversations and participating in discussions. Practice will include questions and answers, listening to audios and videos, interacting with each other in class about a specific subject. To participate to this class students must have completed at least 4 levels of Italian classes or must be able to have conversation using the past tense. This class is not for beginners.

Themes in Philosophy 3

Instructor: David Smith

Date: 10/4/2023 - 11/15/2023 **Time:** 1:00 PM - 2:00 PM

Day: Wednesday Format: Online

Explanation and discussion of more fascinating themes in philosophy—a third philosophy buffet. Topics include philosophy of language (two lectures), philosophy of culture (two lectures), philosophy of happiness (two lectures), and the process of belief formation (one lecture). Themes in Philosophy 1 and 2 are not prerequisites.

The Six Most Unwanted! Coping with Folks Who Drive You Crazy

Instructor: Abby Drue

Date: 10/4/2023 - 11/15/2023 **Time:** 2:00 PM - 3:30 PM

Day: Wednesday Format: Classroom

As the world becomes smaller and time more compressed; new, difficult people are presenting themselves all the time! Have you ever dealt with an individual trying to take credit for your good actions; or a family member who knows no personal boundaries; or, perhaps, a loud cell phone talker online in a grocery store? In our time together, we will identify the six different behavioral types who have the uncanny ability to sabotage, derail, and interfere with our lives, plans, needs and wants. Through lively discussion (and some humor!), we will explore effective ways to address these folks' negative shenanigans, allowing us a more enjoyable communication with them, without the depleting impact their behaviors cause us.

THURSDAY

Aging Well: Let's Come Up with Your Plan

Instructor: Fran Clowse

Date: 10/5/2023 - 11/16/2023 **Time:** 9:30 AM - 11:00 AM

Day: Thursday Format: Classroom

This course is about inspiring you to grow and move into your healthiest second half of life. Wellness has many aspects from how we move, what we eat, how we feel, who we are with, what we believe (about life, others and even ourselves). This will be a safe place to explore how you want to live in all aspects of life. Wellness is a continuum and wherever you are on the continuum moving forward is progress. We are saturated with information, but have you ever stopped to think about what it is you really envision for living your best life? We have spent the first half of life building and serving family, work and community; what's next? What is important to you about aging well? This course will create a space for finding your vision for the next phase of life and ways to begin implementing it. It is an interactive class of thoughtprovoking discussion, supportive inquiry, and challenging...

Acting Up

Instructor: Jane Shalhoub

Date: 11/2/2023 - 11/16/2023

Time: 9:45 AM - 11:00 AM

Day: Thursday Format: Classroom

Reader's Theater is a great way to shine the spotlight on the hidden actors in each of us!Monologues, dialogues, 1, 2, + 3 Act plays, famous scenes, familiar and funny scripts and a wonderful way to hear our own, and each other's voices as we sit together, read our lines, mind our p's and cues, and prepare for a delightful experience in the magical world of play-acting.The only requirement . . . is an interest in becoming famous in just one month. And a willingness to pretend.Our final class will include a performance in front of a live audience. (Probably)~Characters Welcome~Max students 12, register early.

iPhone basics

Instructor: BH TECHNOLOGY GROUP; Dave Oblinger

Date: 10/5/2023 - 11/16/2023 **Time:** 10:00 AM - 11:30 AM

Day: Thursday Format: Classroom

This iPhone course is designed to provide participants with a comprehensive understanding of the features, functions, and capabilities of Apple's iPhone. Whether you are a new iPhone user or looking to enhance your existing knowledge, this course will help you become proficient in using your iPhone effectively and efficiently. Course Objectives: iPhone starting from navigating, Using the buttons and screen, Major settings, Adding contacts, Using the phone, Different Camera modes, Using the Photo App, Introduction to Messaging.

<u>History of the Muscogee (Creek) Indians in Georgia</u> 1700's - 1821

Instructor: Susan K Barnard
Date: 10/5/2023 - 11/9/2023
Time: 11:15 AM - 12:15 PM
Day: Thursday Format: Hyflex

Do you know which Native Americans lived in the Atlanta area during the mid 1700s until 1821? If you said - the Creek Indians - you would be correct. This course will cover the Muscogee (Creek) history, their society and customs, the War of 1812 and the Creek Indian War and its impact on their village at Standing Peach Tree in todays Buckhead. I will show how politics and intriguing treaties with the federal government eroded their presence in Georgia until they were forced to give up all of their land in the state.

Comedy - Selected Origins and Highlights

Instructor: Abe Vorensky
Date: 10/5/2023 - 11/2/2023
Time: 11:15 AM - 12:45 PM
Day: Thursday Format: Online

Through the ages, what are the many things that have made us laugh? This course highlights the subject of Comedy dating back to ancient Greece and the Hebrew Bible. Topics will include theories on what makes us laugh, vaudeville, film, radio and television, along with a class detailing Stand-up comedians who learned craft entertaining in nightclubs and hotels.

The Mindset: Embracing the Sandwich Generation

Instructor: Kathleen Carr

Date: 10/05/2023 - 11/16/2023 **Time:** 12:00 PM - 1:30 PM

Day: Thursday Format: Classroom

Aging v. Maturing. When we get to be about 50 years old, plenty of challenges crop up, and tackling any of those issues requires having the proper mindset. What's your mindset? Are you aging, declining, and fading OR are you maturing, evolving, and advancing? If the latter, join us as we discuss positive ways that we can address some of the challenges life throws us in this stage of life. This course will cover a variety of topics for this - Sandwich Generation, from planning for your kids' college years, to helping your older parents into their next phase, to finding happiness while planning for your own next phase.

Thank You for Your Service!

Instructor: Dan Zins

Date: 10/12/2023 - 11/16/2023

Time: 1:00 PM - 2:30 PM

Day: Thursday Format: Hyflex

Reading Paths of Dissent: Soldiers Speak Out Against America's Misguided Wars, a 2022 anthology edited by retired military officers Andrew Bacevich and Danny Sjursen, we will explore what veterans of the

Afghanistan and Iraq wars suggest all of us can do if we are actually serious about supporting the troops.

FRIDAY

No-Nonsense Conversational Spanish – Level I

Instructor: Reed Crouch

Date: 10/6/2023 - 11/17/2023 Time: 10:00 AM - 11:30 AM Day: Friday Format: Hyflex

Are you ready to learn Spanish? This 7-week course will teach the basic rules of grammar, punctuation, sentence structure, exceptions to rules, alphabet, vowel sounds, how to speak in present, past, and future tenses. You will learn how easily to convert many English words to Spanish to increase vocabulary. You will memorize vocabulary for everyday situations and use common parts of speech to converse in an effective way. There will be no required homework or exams, however, progress is significantly dependent upon immersing yourself in the language through reading, writing, listening, and pronouncing aloud. Book listed online.

No-Nonsense Conversational Spanish – Level 2

Instructor: Reed Crouch
Date: 10/6/2023 - 11/17/2023
Time: 12:00 PM - 1:30 PM
Day: Friday Format: Hyflex

Assuming you have a basic grasp of Spanish grammar, parts of speech, and vocabulary, this course can help you to create more advanced sentences, conjugate verbs in all tenses, and improve vocabulary for more advanced conversations. It will teach you how to ask and answer simple questions about familiar topics and adequately handle simple to more complex situations. The course is designed to advance your skills beyond those learned from the No-Nonsense Conversational Spanish - Level I course. There will be no required homework or exams, however, progress is significantly dependent upon immersing yourself in the language through reading, writing, listening, and pronouncing aloud.

ONE DAY OCT-DEC COURSES

Medicare Basics and What's New for 2024

Instructor: Bonnie Dobbs

Date: 10/9/2023 - 10/9/2023

Time: 1:00 PM - 2:00 PM

Day: Monday Format: Online

Are you confused about Medicare? Wondering what changes there might be in 2024? This workshop is a must if you are turning 65, over 65 and getting ready to retire, under 65 and on disability, already on Medicare, or a caregiver for a loved one who is Medicare eligible. This class will cover basic information and upcoming

changes.

Smart Driver Technology Workshop

Date: 10/9/2023 - 10/9/2023 **Time:** 11:15 AM - 12:45 PM

Day: Monday Format: Classroom

The 90-minute Smart DriverTEK Workshop - learn what new technologies are available, how they work, and how they can help make driving safer and more enjoyable. Topics covered are Forward Collision Warnings, Reverse Monitoring, Blind Spot Detection, Smart Headlights, Drowsy Driver Alert, and more.

Army 101

Instructor: Lawrence H Saul Date: 10/12/2023 - 10/12/2023 Time: 10:00 AM - 12:30 PM

Day: Thursday Format: Classroom

Army 101 – an introduction to the US Army. This course will serve as a primer for the Army. We will look at organizational structure, ranks, equipment, tactics, and personalities. Beginning with the pre-Revolutionary War and ending with today, we will find answers to questions like: Why does a Major outrank a Lieutenant, but a Lieutenant General outrank a Major general? What does an MRE taste like? How heavy was the M1 Garand? What foreign army has had the biggest influence on the US Army? How do we recruit, educate, and train soldiers.

The (very!) Early History of the Earth (George deMan)

Instructor: George DeMan
Date: 10/17/2023 - 10/17/2023
Time: 11:15 AM - 12:15 PM
Day: Tuesday Format: Hyflex

When most of us took geology (some 60 years ago) neither plate-tectonics nor its mechanism had been confirmed, though Alfred Wegener had proposed it in 1912. Today science has confirmed the movement of continental masses upon the "conveyor-belts" of the mantle and gone so far as to speculate on the pre-existence of as many as seven super-continents in the Earth's early geologic history. The course will explore these in detail along with their anticipated positions and the co-development of evolutionary periods.

SNAFU-Accidents and Incidents in War

Instructor: Lawrence H Saul Date: 10/19/2023 - 10/19/2023 Time: 10:00 AM - 12:30 PM

Day: Thursday Format: Classroom

SNAFU – Accidents and Incidents in War: Accidents, calamities, disasters, and tragedies in war -- often little known -- can affect the outcome of battle, or the writing of the history. This course will examine many of the unreported disasters of WW II. Some SNAFUs are caused by bad luck, bad leadership, organizational flaws, or just plain stupidity. This course will examine some of the incidents that escaped scrutiny.

First Aid, CPR, AED (National Safety Council)

Instructor: Jim Spano

Date: 10/20/2023 - 10/20/2023

Time: 9:30 AM - 2:30 PM

Day: Friday Format: Classroom

This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 "C" method of CHECK – CALL - CARE! Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported/ evaluated by medical qualified staff members. Each participant will receive a student book and pocket guide and 2 year certificate. Limited to 15 students per class.

Great Commanders

Instructor: Lawrence H Saul Date: 10/26/2023 - 10/26/2023 Time: 10:00 AM - 12:30 PM

Day: Thursday Format: Classroom

Throughout the history of warfare, a select group of men have risen to a level of greatness for their acumen and prowess on the battlefield. This course will examine some of these great men and their impact, not just on warfare, but on history. Some will be familiar to the course participants, otherwise will be, heretofore unknown.

Vietnam

Instructor: Lawrence H Saul Date: 11/2/2023 - 11/2/2023 Time: 10:00 AM - 12:30 PM

Day: Thursday Format: Classroom

Vietnam - One Man's Perspective - As a young, noncommissioned office, in 1970, then 19-year old US Army Sergeant Larry Saul served a combat tour in Vietnam. Fifty years later he returned to Vietnam to explore and beautiful country and see the fascinating people, moreover, how the country had fared over the intervening half-century. The purpose of the journey was two-fold: to see the modern Vietnam, but, also, to rediscover himself. This two and a half-hour lecture will look at the history, culture and geography of Vietnam, from the late 19th century up to 1975. Beginning with the Big Picture, he will use the mission of his unit and their experiences to present a snapshot of the US involvement...then, fast forward to late 2018 and how Vietnam has progressed. He has made two subsequent trips, seeking something...

Iconic Images of War

Instructor: Lawrence H Saul Date: 11/9/2023 - 11/9/2023 Time: 10:00 AM - 12:30 PM

Day: Thursday Format: Classroom

Iconic Images of War: Explore warfare through imagery - using historical paintings and modern photographs, we will look at the men, the myths and the legends of warfare from the late 18th century until today.

Understand how imagery can enhance patriotism, enflame nationalism, or incite violence. More importantly, this course goes deeper into the background of the imagery to discover hidden truths, historical errors, or misconceptions. Think of the great historical images of military history and see how those images come alive.

Road to Roubaix

Instructor: Lawrence H Saul **Date:** 11/16/2023 - 11/16/2023 **Time:** 10:00 AM - 12:30 PM

Day: Thursday Format: Classroom

Road to Roubaix - Paris-Roubaix is a one-day professional bicycle road race in northern France, starting north of Paris and finishing in Roubaix, at the border with Belgium. It is one of cycling's oldest races and is one of the 'Monuments' or classics of the European calendar. Paris-Roubaix is one of the oldest races of professional road cycling. It was first run in 1896 and has stopped only for the two world wars and the COVID-19 pandemic. The race usually leaves riders caked in mud and grit, from the cobbled roads and rutted tracks of northern France's former coal-mining region. However, this is not how this race earned the name l'enfer du Nord, or Hell of the North. The term was used to describe the route of the race after World War I. Our instructor participated in the 2023 Paris-Roubaix Challenge, the amateur version ran on the course the day before the professional race. He will share with us his experiences and observations.

Aging in Place: Understanding the Concept and Facilitating Successful Transitions

Instructor: Stephanie Tarpley **Date:** 12/5/2023 - 12/5/2023 **Time:** 10:00 AM - 11:30 AM

Day: Tuesday Format: Classroom

Join Gerontologist and OLLI Program Manager
Stephanie Tarpley as we explore the concept of Aging in
Place and its importance in our society. What does it
truly mean? This presentation aims to define it and
highlight the numerous benefits as well as various
strategies to support this growing trend. We will also
discuss some challenges it brings and how to implement
supportive strategies. Everyone's main goal is to ensure
a better quality of life. Are you prepared? What are
some items to address that can help you be better
prepared? We will discuss many options, including
furniture, home modifications and simple tips and tricks
that will help you on the right path.

Putting The Pieces Together-Timing is everything in Senior Living

Instructor: Jennifer Franks **Date:** 12/5/2023 - 12/5/2023 **Time:** 11:45 AM - 12:45 PM

Day: Tuesday Format: Classroom

Let's explore the many facets of senior living and when to have an Initial discussion and when to make a move! Making decisions about senior living options can be both exciting and daunting. This engaging presentation aims to provide a comprehensive exploration of the various facets of senior living and offer guidance on when to initiate discussions about this crucial life transition and when to take the next step.

AI -Artificial Intelligence for Grandparents

Instructor: Stuart Zola

Date: 12/7/2023 - 12/7/2023 **Time:** 11:00 AM - 12:00 PM

Day: Thursday Format: Classroom

Amaze your children and grandchildren with how savvy you are, about (AI) Artificial Intelligence and using ChatGPT. Suited for any audience that has an interest in a simple basic understanding of Artificial Intelligence, how it works, and how we can use it. Join us as we discuss ask it questions, have it tell us stores, and create pictures.

Slavery and Freedom in Civil War Era Atlanta

Instructor: Wendy Venet Date: 12/7/2023 - 12/7/2023 Time: 1:00 PM - 2:30 PM

Day: Thursday **Format:** Hyflex

This one-day class focuses on Atlanta's history at a pivotal time: the Civil War and its immediate aftermath. It examines the city's transformation from Unionist enclave to Confederate city and the circumstances that led to freedom for Atlanta's enslaved population. The end of slavery was an important milestone, but it led to limited opportunities for African Americans.

Volunteers

Volunteers are the backbone of our organization. OLLI at Emory could not function without the dedicated service of the members who volunteer. Volunteering creates a more vibrant learning community and connects you to other OLLI members. It's a great way to make new friends and is personally satisfying and rewarding. Volunteer jobs vary in time, commitment, skills needed and frequency.

2022-2023 Leadership Council

Chair: Joan Cioffi

Co-Chair: Alice Weinberg **Secretary:** Sara June McDavid

Allan Hing (At-Large)
Jeff Milsteen (At-Large)
Pat Miller (At-Large)
Peter Campos (At-Large)
Denise Raynor (At-Large)

Committee Chair Representatives

Muriel Littman (Events and Hospitality) Eric Bussian (Technology) Sheila Segal (Travel) Judy Smith and Jon Kaplan (Membership)

Special Interest Groups

Special Interest Group (SIG) is a group of OLLI members who share a common interest and like to meet outside the normal class environment to discuss and enjoy this mutual interest. Each group is different depending on its focus, and all provide interesting lifelong learning opportunities as well as fun social experiences.

OLLI SIGs are independent and self-managed with members deciding when they will meet and planning how the group will function. Initially, members volunteer to be leaders or co-leaders, and leader roles may rotate. Volunteers also handle administrative and communication details. Most SIGs meet once a month although they may meet more or less often if members wish.

Active Groups

TRAVEL GROUP

If you are interested in travel areas around us in Atlanta, nationally or internationally, join us for fun, conversation and of course learning more about this big world we live in.

OLLI BOOK CLUBS

OLLI has several book clubs that meet on different days, once per month. If you are interested in reading and discussion, please join.

OLLI FILM GROUP

For those individuals that enjoy going to the movies at local theaters. Join us, we schedule meetups every Tuesday around the area. We often also go to a late lunch or early dinner at restaurants after the movie. Join our email list to be included in weekly information.

JOY (JUST OLDER YOUTH) SOCIAL GROUP

A group of individuals who would like to meet-up, make new friends, meet for lunch or dinner, see a movie or other items of interest.

HIKING GROUP

Group of individuals that would like to meet for hiking opportunities locally.

GOLF GROUP

Group of individuals interested in meeting up to play golf around the area together.

PICKELBALL GROUP

Group of individuals interested in meeting up to play pickleball around the area together.

Volunteering

Discover the joy of enriching lives by joining the Osher Lifelong Learning Institute (OLLI) as a volunteer. Your passion and expertise will directly impact our dynamic community of learners, fostering personal growth, meaningful connections, and a vibrant culture of lifelong learning. Whether you're interested in sharing your knowledge, organizing events, or contributing administratively, your involvement matters. Flexible opportunities await—reach out to OLLI at olli@emory.edu or call 404-727-5489to learn more. Be a part of OLLI's journey and help us create an environment where curiosity thrives without limits.