

Osher Lifelong Learning Institute

Emory Continuing Education

2023 Summer

June - August

Courses and social opportunities for Adults 50+

No tests, no homework,...just the joy of learning

Stay curious. Never stop learning!

Website: olli.emory.edu | Email: olli@emory.edu 2635 Century Pkwy NE, Suite 300 Atlanta, 30345 | 404-727-5489

Welcome to OLLI at Emory

The Organization

The Osher Lifelong Learning Institute at Emory University (OLLI at Emory) is a community of seasoned adults who wish to stay mentally alert and physically active through classes and social programs that nourish the mind, body, and soul. OLLI provides educational, cultural, volunteer, and social opportunities designed for individuals 50 years and older, through courses, lectures, seminars, special interest groups, special events, and trips. The educational programming is centered on courses developed and taught by volunteers who share their time, passion, and knowledge. OLLI at Emory is a member driven, community-based program, housed within Emory Continuing Education.

No tests, no grades...just the joy of learning from one another!

The Staff

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OLLI Office 2635 Century Pkwy NE, Suite 300 Atlanta, GA 30345 Phone: 404-727-5489 Email: olli@emory.edu

Office Hours: Mon-Fri 9AM-4PM Please leave a message if we do not answer, your call will be returned as soon as possible.

Membership

OLLI at Emory is a member only organization. Annual memberships are \$50 for one year, September 1 – August 31.

Course Fees

Unless indicated otherwise in the course description, the flat fee for every course is \$10 per session when registering with the Early Bird Discount. On occasions, some courses may have an additional fee for instructional or supplies associated with the course.

If registering less than 5 days prior to class, there is a \$10 late enrollment fee added. (example: 4-Week Class \$40 if registering before 5 days before the start of class, \$50 if registering late)

Registration

No payments will be processed before the start of registration for in-person seats. **Online registration is preferred.** We cannot guarantee seats for checks sent in the mail. If registering by phone, 404-727-5489, 9AM-4PM.

Course Cancellation Policy

Courses that do not meet minimum student registration numbers are subject to cancellation. If a course is cancelled, students will be notified by email and issued a refund, in the manner in which you paid.

Refund Policy

Provided that requests are received in writing before 5:00 PM Eastern time, no fewer than five days prior to the class start date, refunds will be made in the form of the original payment. A \$10 administrative fee will be charged. Failure to attend class or stopping payment on a check or credit card does not constitute grounds for a refund.

No Refunds will be Processed after the Start of a Course

A \$35 fee will be charged for returned checks and stop payments

Online Courses

All OLLI online courses are conducted via Zoom, a web conferencing platform that is used for audio and/or video conferencing. It is free to sign-up to use Zoom for attending courses. If you have not already done so, you can create a free account at www.zoom.us. After setting up an account you simply login using the credentials you registered with and click on a Zoom link sent for any courses registered.

Online Course Zoom Links

All Zoom links are sent the evening or afternoon before the scheduled start date of a course. The same link is used for the entirely of the course. Although, the OLLI Office does try to send reminders each week, please save and keep your original email handy to access the course.

IMPORTANT COVID POLICY INFORMATION

COVID-19 VACCINATION AND TESTING

Effective February 2023, Emory University will no longer require COVID-19 vaccinations or tests for students, faculty, staff, or visitors.

Beginning on March 21, 2022, masks are optional for participants and visitors in the Emory Continuing Education suite.

Emory University COVID Policy Information

How to register

OLLI at Emory is offering Online (Zoom) and In-Classroom course options. Each course will note what format the course is offered. If a course is listed as Hyflex, you will have two separate section options, either in- classroom or online. Students will register in the course section of their preferred choice, please look carefully when registering online. Also, keep in mind, all classroom seats are first come first serve. Zoom sections generally do not have an enrollment max, unless the instructor prefers to limit the number of enrollments.

EXAMPLE:

Dissecting The Novel With June Converse

Delivery Options: Online (Instructor-led) and Classroom

Course Description

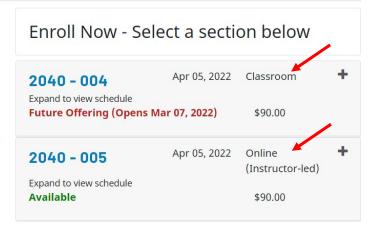
Instructor: June Converse

Book Selection for April 2022 - The Lincoln Highway by Amor Towles ISBN-13 : 978-0735222359

Students purchase their own book and **DO NOT read ahead**. Instructor will give instructions on how to read each week.

The Lincoln Highway: A Novel: Towles, Amor: 9780735222359: Amazon.com: Books

What makes a bestseller a bestseller? Is it the plot or the characters or some mystical combination? Is there some subliminal expectation readers have that bestsellers exploit? Does it have to do with progressive escalation or our desire to escape from reality. Maybe it's schadenfreude? In this class, we read one bestselling novel and try to find that mystical power. We look at plot and arcs and marketing. We put on the hat of author, character, reader and publisher. It's a book club on steroids. And, like magic, what you learn applies to all stories (TV, movies, books) and makes every experience that much deeper. Readers, writers and any story love will enjoy this class.



REGISTRATION

All seats are first come, first serve. Online registration is preferred on our <u>website</u> or you can register by phone at **404-727-5489.**

Login to your account before registration opens to make sure you have no problems. You can reset your password on the website and through your email. After you reset your password, be sure to close your browser completely and reopen to attempt a new login.

Website: oll.emory.edu

June Short Session

MONDAY

10:00 -11:00AM

Parsing Sir Gawain and the Green Knight

Instructor: Liza E Davis Dates: 6/5/2023 - 7/10/2023 Time: 10:00 AM - 11:00 AM Day: Monday Method: Hyflex

In this class we'll examine the themes, structure, diction, and poetic devices that make "Sir Gawain and the Green Knight" such a delightful and sophisticated poem, even in translation. We'll look at the poem's roots in Arthurian legend before diving into

Write What You Got: A Practical Plan for Writing With Confidence

Instructor: John Brown

Dates: 6/12/2023 - 7/17/2023 Time: 10:00 AM - 11:00 AM Day: Monday Method: Hyflex

This course will help students overcome the fear of the blank page by showing them that words are indeed everywhere, and we cannot function without them. Your words matter and it's time to put them out into the world!

Chair Yoga

Instructor: Nutan Ahuja Dates: 6/5/2023 - 6/26/2023 Time: 10:00 AM - 11:00 AM Day: Monday Method: Zoom

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace.

Water Aerobics Holbrook

Instructor: Holbrook Staff

Dates: - 6/6/2023 - 6/27/2023 Time: 10:00 AM - 11:00 AM Day: Tuesday & Thursday Method: Off Site Water Aerobics is a fun way to indulge in physical activities without putting too much strain on your body. Join in this low-impact workout that allows you to benefit from exercise without placing too much pressure on your joints.

TUESDAY

10:00 -11:00AM

<u>A Look at Budapest and Prague - the past and present in art, design and architecture</u>

Instructor: Allan Hing Dates: 6/6/2023 - 6/27/2023 Time: 10:00 AM - 11:00 AM Day: Tuesday Method: Hyflex

Experience Budapest and Prague from its Roman roots to now, as countries in the European community in art, design and architecture. Central Europe is the meeting point of many different cultures and tradition - the beauty of art nouveau in both cities is noteworthy for their unique beauty in two and three imensions. Other European reactions to art nouveau will be discussed as a comparison such as the works of Mackintosh, Guimard, Horta, Gaudi and Hoffmann. The class continues with the cities' Jewish cultural heritage, reactions to both WWI and WWII and concluded with current contemporary design.

11:15AM - 12:45PM

The Wars of the Roses

Instructor: Peter Edward Campos

Dates: 6/6/2023 - 6/27/2023 Time: 11:15 AM - 12:45 PM Day: Tuesday Method: Hyflex

The Wars of the Roses was a conflict five hundred years ago between two cadet branches of the English royal Plantagenet family: The Lancastrians and the Yorkists. We will examine the origin of this conflict, the major battles fought during the reigns of Kings Henry IV and Edward IV, and the final reigns of Plantagenet Kings Edward V and Richard III. We will consider how Yorkist claims to the throne continued well in the reign of Henry VIII and what became of those claimants. We will also address some of the misconceptions and myths that have become part of established history.

1:00 - 2:00PM

Wild About Weill: The Operas of Kurt Weill

Instructor: John Bayne

Dates: 6/6/2023 - 6/27/2023 Time: 1:00 PM - 2:00 PM

Day: Tuesday Method: Hyflex

Kurt Weill had a very successful career as a composer, often collaborating with Bertolt Brecht, in Germany until he left in 1933 to avoid the Nazis. He moved to the US in 1935 and composed for the Broadway stage. This four-week Zoom class will consider both the German and American theater pieces, including Die Dreigroschenoper (The Three penny Opera) and Street Scene. Please Note: In-classroom section is for those students who wish to view the Zoom class in the classroom. The instructor will be teaching on Zoom.

WEDNESDAY

1:00 – 2:00PM Learn to Crochet!

Instructor: Angela Tarah Dates: 6/7/2023 - 6/28/2023 Time: 1:00 PM - 2:30 PM

Day: Wednesday Method: Hyflex

Today is the day you learn how to crochet and discover a relaxing hobby you'll enjoy for life! Join crochet instructor Angela Tarah as she makes learning how to crochet fun and easy. You will quickly learn all the basics of crochet, from how to hold the yarn and hook to crocheting all the basic stitches, including chain stitches, slip stitches, single crochet, half-double crochet, double crochet and treble crochet. Soon you'll be crocheting delightful items to make as gifts, to decorate your home, and simply put, to impress family and friends! And you'll love how portable crochet is -- it's perfect for always having a project with you on the go. The truth is "If you can hold a pencil, you can learn to crochet".

THURSDAY

10:45AM - 12:45PM

Basic Hand Sewing Made Fun and Easy

Instructor: Virginia Milner Dates: 6/1/2023 - 6/29/2023 Time: 10:45 AM - 12:45 PM

Day: Thursday Method: Hyflex

This series will teach the basics of hand sewing from choosing the needles and thread needed for a project to learning several types of stitches to baste, hem, sew/repair seams, sew on shank and flat buttons and more!

11:15AM – 12:45PM

Thoughtful Lessons for Today in the Childhood Messages of Yesterday

Instructor: Abby Drue; Irma Starr Dates: 6/7/2023 - 6/28/2023 Time: 11:15 AM - 12:45 PM Day: Thursday Method: Hyflex In our continuing series aimed at promoting selfawareness and well being through the practice of kindness, empathy and fairness (for ourselves and others!), we are pleased to offer a 4-week short session this summer, exploring thoughtful lessons for today found in childhood lessons of yesterday. Through lively discussion, film and books, we will take a closer look at those childhood messages that are still with us and how they impact us today.

1:00 - 2:00PM

Juneteenth

Instructor: Denise B Raynor Dates: 6/8/2023 - 6/29/2023

Time: 1:00 PM - 2:00 PM Day: Thursday Method: Hyflex

Juneteenth, now a federal holiday, is a celebration of Juneteenth, now a federal holiday, is a celebration of freedom from enslavement. June 19th, 1865, two years after the Emancipation Proclamation, seems like a miscarriage of justice. Why weren't the enslaved in Texas liberated earlier? The course examines the Emancipation Proclamation and the path to freedom that Juneteenth celebrates.

2:00 - 3:00PM

Meet the Artists

Instructor: Multiple Presenters Dates: 6/1/2023 - 6/22/2023 Time: 2:00 PM - 3:00 PM Day: Thursday Method: Hyflex

This four-week course will introduce four Georgia artists from a variety of artistic perspectives such as fabric art, choreography, and the visual arts. Artist details can be found on our online description. June 1 - Ricardo Aponte June 8 - Elizabeth Katherine June 15 - Holly Nelson

June 22 - Lisa Tuttle

Video Streaming 4 Lessons

Instructor: BH TECHNOLOGY GROUP Dates: 6/8/2023 - 6/29/2023 Time: 2:00 PM - 3:00 PM Day: Thursday Method: Hyflex

Video streaming is a continuous transmission of video files from a server to a client. Video streaming enables users to view videos online without having to download them. Users can stream from their desktop computers, smartphones, tablets and smart TVs, or through other devices. Curious and want to learn more?

- Video Streaming and Live TV vs. Content Providers.
- •: Mobile Device Video Streaming and Live TV Provider.
- Content Providers Netflix and Amazon Prime.
- •: Content Providers Apple TV and Hulu.
- Review of Streaming principals

July/August Long Session

10:00 -11:00AM

Chair Yoga

Instructor: Nutan Ahuja Dates: 7/10/2023 - 8/21/2023 Time: 10:00 AM - 11:00 AM Day: Monday Method: Zoom

Chair Yoga is a way to Sit Your Way to Better Health. Chair yoga's therapeutic adaptive exercises work your body from head to toe. The simple and easy movements are great for people in any condition, to do anytime and anywhere. Chair Yoga promotes well-being through breathing correctly and stretching in ways that will open up your body on the path to peace.

11:00AM - 12:00PM

Talmudic Ethics: Finding Your Way to Good

Decisions

Instructor: Rabbi Ari Sollish Dates: 7/17/2023 - 8/21/2023

Time: 11:00 AM - 12:00 PM

Day: Monday Method: Classroom Off Site

We all have moments when we are faced with tough ethical decisions and need to pick a course of action that will let us live with ourselves. Traditionally, Jews have looked to the Talmud to help them unravel tangled instincts. The Talmud recognizes that ethics is complex and subtle, and knows that complicated questions cannot be answered with a simple yes or no. The Talmud offers perspectives to help us make sense of life's most wrenching dilemmas. This course tackles ethical issues such as the right to live, the right to die, freedom of expression, and intellectual property. Discover how Judaism offers a moral compass to help us find direction through the labyrinth of life. At The Atlanta Torah Center.

1:00 – 2:00PM

Auteurs: Debut Films and Masterpieces

Instructor: Robin Bernat Dates: 7/10/2023 - 8/28/2023 Time: 1:00 PM - 2:00 PM

Day: Monday Method: Zoom

In this eight-week class, we'll look at the debut works of film giants like Agnes Varda, Roman Polanski, Ingmar Bergman, and several independent filmmakers. Most of the films are available to rent on Amazon and several are available for FREE on Kanopy.com, you just need to have an up-to-date local library card to access the site. Full list available online.

1:00 – 2:30PM

The Art of Writing: How to Write Anything & Everything

Instructor: Georgia Lee Dates: 7/10/2023 - 8/21/2023 Time: 1:00 PM - 2:30 PM Day: Monday Method: Classroom

Writing, along with public speaking and death, is an intimidating prospect for many people. This course will de-mystify, simplify and enable you to write anything with ease, and have fun doing it! From technical (emails, texts, social media and blogs) to personal (keeping a journal, essays, beginning a memoir, short story or novel) we will explore how to make your writing compelling, clear and concise. Forget everything you learned in grade school about perfect, proper grammar and pseudo-impressive big words and begin to develop your personal voice and style. Beyond writing, this course will help you verbally communicate and articulate your ideas with creativity and confidence.

TUESDAY

9:30 -11:00AM

Origins Of Rock and Roll Part - 1959 – 1963

Instructor: Tom Dell Dates: 7/11/2023 - 8/22/2023 Time: 9:30 AM - 11:00 AM Day: Monday Method: Classroom

A look at the world of Rock and Roll in the late 50's and early 60's. We will hear, see, and talk about what became of our music after Buddy Holly died, Elvis went into the Army and then movies. We will talk about the rebirth of the Blues thru R&B and the changing world of rock and roll in the early 1960's.

10:00 -11:30AM

Let's Travel to Italy

Instructor: Antonella Giannasca **Dates:** 7/11/2023 - 8/22/2023 **Time:** 10:00 AM - 11:30 AM

Day: Tuesday Method: Hyflex

Are you finally planning a trip to Italy after Covid? Do you want to learn the expressions and the words that will help you interact with locals? Do you want to learn how to order food, ask for directions, etc.? This is the class for you! Let's travel together to this beautiful country and discover the traditions and the culture of Italy. No grammar, no rules just practical sentences and suggestions. Get ready for your trip! Buon Viaggio.

11:15AM – 12:45PM

On Gratitude

Instructor: Ross Friedman Dates: 7/11/2023 - 8/22/2023 Time: 11:15 AM - 12:45 PM Day: Tuesday Method: Classroom

For almost three years I have been preparing to teach a literature class at OLLI with the theme of gratitude in honor of us all having made it through the pandemic. The class has been self-postponed several times, but I plan to teach it for seven weeks this summer. The class will be comprised of stories, poems, essays, songs, and videos, most of which will be announced the week before so students can come to class prepared while some of which will be cool surprises. I'm looking forward to coming back to the podium, and I expect this class to be a pleasing and uplifting meander through inspiring and uplifting works.

12:00 – 1:30PM Italian 4

Instructor: Antonella Giannasca Dates: 7/11/2023 - 8/22/2023 Time: 12:00 PM - 1:30 PM

Day: Tuesday Method: Zoom

In this class, students will be able to understand the main points of a conversation about everyday life. They can deal with most situations while travelling to Italy. Can describe experiences and events that occurred in the past using the basic past tenses. Students will enrich the vocabulary of daily life; they will be exposed to videos and audios to improve their ability to understand the language.

1:00 - 2:30PM

Music, Media and the Counterculture 1950-80

Instructor: James Pagliasotti Dates: 7/11/2023 - 8/15/2023 Time: 1:00 PM - 2:30 PM Day: Tuesday Method: Zoom

This class examines music, media, and culture at a time of profound social upheaval. The intersection where they met in post-War America was pivotal, the affect they had on each other was unprecedented and altered them in ways that still impact society today. At its core is a classic struggle between art and commerce, innovation and orthodoxy, freedom and control. And it's only rock 'n' roll. With a mix of lecture, audio-visual, music, and discussion, we study why it's a story worth remembering and retelling through our personal narrative of the time.

1:30 – 3:00PM

Civil War Leaders

Instructor: Michael K. Shaffer Dates: 7/11/2023 - 8/1/2023 Time: 1:30 PM - 3:00 PM Day: Tuesday Method: Zoom

The American Civil War contains a rich history beyond the battlefield, as politicians, North and South, struggled to secure the best generals - those who could deliver victories. Students will learn about the two presidents, Abraham Lincoln and Jefferson Davis, as well as their primary military chieftains, during this course, which will focus on the personalities, on and off the field of battle.

WENDESDAY

9:30 -11:00AM

The 25 Top Film Scores of All Time

Instructor: Emanuel Abromovits Dates: 7/12/2023 - 8/16/2023 Time: 9:30 AM - 11:00 AM Day: Wednesday Method: Online

The American Film Institute released a list of the best film scores, that includes many well-known classics and some surprises. Some of these scores even outlive the film they soundtracked. The composers of those scores had fascinating lives and solid careers. Let's enjoy the ride through the process of creating those historical pieces that convey what the movie is trying to say without words and evoke an emotional response even the most brilliant bit of dialogue cannot. And even more exciting, let's build our own Top 25 list!

Intermediate Italian Conversation

Instructor: Antonella Giannasca Dates: 7/12/2023 - 8/23/2023 Time: 9:30 AM - 11:00 AM Day: Wednesday Method: Hyflex In this class students will practice speaking skills necessary for maintaining conversations and participating in discussions. Practice will include questions and answers, listening to audios and videos, interacting with each other in class about a specific subject.To participate to this class students must have completed at least 4 levels of Italian classes or must be able to have conversation using the past tense. This class is not for beginners.

10:00 -11:00AM

Basic Meditation/Mindfulness/Awareness

Instructor: Cookie Lily Rubin Dates: 7/12/2023 - 8/23/2023 Time: 10:00 AM - 11:00 AM Day: Wednesday Method: Classroom This class will include introduction to basic mindfulness/awareness practice. Part of the class will include explanations by experts of why, how and when to meditate. We will explore body scans, walking meditation, sitting meditation, including mindful eating. This class is an opportunity to learn how to relax and use our minds in a skillful way.

11:15AM - 12:45PM

Visiting London, England

Instructor: Peter Campos Dates: 8/2/2023 - 8/23/2023 Time: 11:15 AM - 12:45 PM

Day: Wednesday Method: Hyflex

Join me on a visit to London, England! Over four weekly class periods we will explore selected sights, disclose travel tips and information, and perhaps entice you to visit this vibrant city. In week 1 we will cover all you need to know about visiting London: Airport arrival, getting into and around the city; currency; traffic; weather; where to stay and eat; etc. We will begin our tour with the five most notable sights in London: Westminster Abbey; Buckingham Palace; the Tower of London; Windsor Castle; and Parliament. Week 2 will find us exploring some of the many museums and galleries, including the British Museum, Museum of Natural History, Tate Modern, Albert and Victoria, and National Gallery. Week 3 brings us to places of worship and tranquility: St. Paul's Cathedral, St Martin-in-the-Fields, St. George's Chapel at Windsor, Hyde Park, the Embankment Gardens, and local temples and green spaces. Week 4 concludes with Art and Leisure: West End theatres, The Savoy Theatre, sporting venues, and a cruise on the river Themes.

Pathways In Religion

Instructor: Beth Skinner Dates: 7/12/2023 - 8/9/2023 Time: 11:15 AM - 12:45 PM

Day: Wednesday Method: Zoom

This course provides a foundational understanding of the world's main religions, spirituality, and their influence on culture. Taking a classroom trip through the Far East, the Middle East, and Western cultures, we will look at the significance of religion upon human development. As well consideration for the relevance of religion in today's world. The distinctions between religion and spirituality are also discussed. Religions covered: Confucianism, Taoism, Judaism, Christianity, Islam, Buddhism, and Hinduism.

12:00 - 1:30PM

Advanced Italian Conversation

Instructor: Antonella Giannasca Dates: 7/12/2023 - 8/23/2023 Time: 12:00 PM - 1:30 PM

Day: Wednesday Method: Hyflex

This is the highest level of the Italian Conversation. In this class, students will have a chance to talk and exchange ideas in Italian regarding past experiences, trip, everyday life and Italian culture. Through videos and audios, they will continue grow

THURSDAY

9:30 -11:00AM

Aging Well: Let's Come Up with Your Plan

Instructor: Fran Clowse Dates: 7/13/2023 - 8/24/2023 Time: 9:30 AM - 11:00 AM

Day: Thursday Method: Classroom

This course is about inspiring you to grow and move into your healthiest second half of life. Wellness has many aspects from how we move, what we eat, how we feel, who we are with, what we believe (about life, others and even ourselves). This will be a safe place to explore how you want to live in all aspects of life. Wellness is a continuum and wherever you are on the continuum moving forward is progress. Move info online.

10:00 -11:00AM

A Guide To Self-Awareness

Instructor: Enid Susan Carlin Dates: 7/13/2023 - 8/24/2023 Time: 10:00 AM - 11:00 AM Day: Thursday Method: Classroom

This class will enable the students to uncover their thinking processes, emotions, goals and values through a variety of questions presented to the group to discuss. We will also use books and films as s guide to selfawareness. This is a discussion and interactive class, it will be insightful, fun, and creative.

11:15AM - 12:15PM

No Boundaries: Music From 6 Continents Insructor: Howard S Cohen Dates: 7/25/2023 - 8/22/2023 Time: 11:15 AM - 12:15 PM

Day: Thursday **Method:** Hyflex Travel around the globe and sample popular, folk, and ethnic music. Argentine tangos, Brazilian samba, Andean flutes, Japanese shakuhachi, French chansons, Celtic ballads, Portuguese fado are some of the enchanting musical styles covered in this 5-week course. Howard will emphasize the inevitable interconnectedness of world music.

1:00 – 2:00PM

<u>Themes in Philosophy 2 - Another Philosophy</u> <u>Buffet</u>

Instructor: David Smith Dates: 7/13/2023 - 8/24/2023 Time: 1:00 PM - 2:00 PM Day: Thursday Method: Zoom

Last year, we did Themes in Philosophy 1, a philosophy buffet! We looked at rationality, free will, anti-vaxxing movements, and philosophy of humor. In this series we look at more fascinating themes in philosophy—another philosophy buffet! Topics include epistemology (philosophy of knowledge, one lecture), human rights theory and application (two lectures), philosophy of democracy (two lectures), and religion and politics in America (two lectures). Themes in Philosophy 1 is not a prerequisite.

1:00 - 3:00PM

Drawing & Watercolor Level 2, Figure and Portrait

Instructor: Elizabeth Samoluk **Dates:** 7/13/2023 - 8/24/2023 **Time:** 1:00 PM - 3:00 PM

Day: Thursday Method: Classroom

Drwing & Watercolor Level 2 concentrates on the human figure and portrait. *Level 1 Drawing is a perquisite for this class taught by Elizabeth Samoluk. Supplies: Most students probably already have the supplies needed. Supply list can be found online.

SUMMER ONE DAY COURSES June

Vietnam and Cambodia: A Photographic Journey Instructor: Jeff Milsteen Dates: 6/1/2023 - 6/1/2023

Time: 10:00 AM - 12:00 PM

Day: Thursday Method: Hyflex

Join Jeff on a journey from Hanoi to Ho Chi Minh City (Saigon), with a side trip to the largest religious monument in the world, Angkor Wat. Despite the impact of the Vietnam War on both countries, Americans are welcomed with open arms to experience these rich and ancient cultures of Southeast Asia. Jeff's trip includes a cruise down a section of the Mekong River, one of the longest and most important waterways on the planet, with a sobering stop in the Cambodian capital of Phnom Penh.

H. Pylori: How Stomach Ulcers Won a Nobel Prize

Instructor: Emory Medical Students Dates: 6/5/2023 - 6/5/2023

Time: 1:30 PM - 2:30 PM

Day: Monday Method: Hyflex Free to Members

Come join students from the Emory School of Medicine for their final presentation of the year and learn about how a unique medical finding solved a century-old mystery while earning a Nobel Prize in medicine for its discoverer. We'll give a brief overview on this historical topic before delving into an overview on symptoms, risk factors, diagnosis, and treatment of stomach ulcers.

Eros Ascendant

Instructor: George DeMan Dates: 6/14/2023 - 6/14/2023

Time: 10:00 AM - 11:00 AM

Day: Wednesday Method: Hyflex

How Sex in Literature has "spiced it up" from the Bible (Old Testament!), through Chaucer (Wife of Bath!) in the English Renaissance, to the moderns: Lawrence, Miller, Updike. Some tawdry, almost pornographic, some transcendently beautiful as in the Song of Solomon - - and how necessary is it to the fulfillment of character or the advancement of plot? How film adaptations often err in over-censoring, or contrarywise in over-emphasizing what should be subtleties.

A Sense of Time: Proust, Einstein & Eiseley Instructor: George DeMan Dates: 6/21/2023 - 6/21/2023

Time: 10:00 AM - 11:00 AM

Day: Wednesday Method: Hyflex

Three of the 20th century's greatest thinkers and two of its best prose stylists reappraised through a lens of their perceptions of time's passage and its conditioning of human experience. Marcel Proust's elegant and epically scaled Remembrance of Time Past -- Einstein's concept of a fourth dimension of space/time -- and Loren Eiseley's companion essays: The Immense Journey and The Firmament of Time -- together form the framework to an examination of what the human experience of time means. No prior knowledge of these works or concepts is necessary to an appreciation of the insights and teleology of this overview.

Consciousness: Awake and Aware -- Dream State

Instructor: George DeMan

Dates: 6/28/2023 - 6/28/2023

Time: 10:00 AM - 11:00 AM Day: Wednesday Method: Hyflex

Whether uncontrollable imagination or self-directed religion, the course will examine current research and theory on the "Hard Problem" of consciousness. And the mysterious dream state, natural and induced, will be explored and speculated on. Possible areas for the development of controllable dream states will be entertained and suggested as religion-substitutes.

July

Alliance Theater, Water for Elephants, Go with OLLI Performance, Sunday, July 9th 2:30pm. Group Tickets Instructor: Dates: 7/9/2023 - 7/9/2023

Time: 2:00 PM - 5:00 PM

Day: Sunday Method: Off-Site

Join other OLLI Members in a group meet-up for, Water for Elephants, Performance on Sunday, July 9th at 2:30pm. Held on The Coca-Cola Stage at the Alliance Theatre. OLLI has reserved orchestra seats. \$32.00 per person. Limited seats. More info online.

ONE DAY COURSES, Cont'd

Alzheimer's Association, Georgia Chapter -10 Warning Signs of Alzheimer's Instructor: Jhazzmyn Joiner Dates: 6/28/2023 - 6/28/2023 Time: 11:35 AM - 12:35 PM Day: Wednesday Method: Classroom Alzheimer's and other dementias cause memory, thinking, and behavior problems that interfere with daily living. The Alzheimer's Association® developed the new 10 Warning Signs of Alzheimer's education program to help people recognize common signs of the disease and know what to watch for in themselves and others.

Reimagining Old Jewelry

Instructor: Virginia Milner Dates: 6/29/2023 - 6/29/2023

Time: 1:00 PM - 3:00 PM Day: Thursday Method: Hyflex

Why give up on old and/or broken jewelry when all it needs is a little imagination? Do you have beaded necklaces, bracelets or earrings that you're unable to wear because they're in a plastic bag or the bottom of your jewelry box broken into a bazillion pieces? Have a bunch of jewelry laying around that you can't or won't wear because it's out of date? That "one bead" that you want to preserve on an otherwise expendable piece of

jewelry? Holding on to one special earring hoping to find the other? Necklace too short or long? Bracelet too big or too small? This class is for you. Upcycle your broken jewelry, beads, and components to create something fabulous and new. More info online.

Let's Chat About Artificial Intelligence (AI)

Instructor: Bonnie Davis Dates: 7/6/2023 - 7/6/2023

Time: 1:00 PM - 2:00 PM

Day: Thursday Method: Hyflex

With this closer look at AI, we continue our tech talk from my May "Tech Friend or Foe" course. Because OpenAI's ChatGPT moved AI center stage, this course defines AI and zooms in on ChatGPT. Of course, this includes learning what ChatGPT says it can do for us. So, join us to learn what AI has to say and to share your opinions.

The Evolution of Spain from Dictatorship to

Democracy Instructor: Isidra Mencos Dates: 7/19/2023 - 7/19/2023

Time: 1:00 PM - 2:30 PM

Day: Wednesday Method: Online

The Evolution of Spain and its Citizens from Dictatorship to Democracy (1936-1992). When a country is sick, the population shows the symptoms. In this presentation Isidra Mencos examines the intersection between politics and private lives at a pivotal time in the history of Spain. Dr. Mencos grew up under the Franco dictatorship. She was 17 when Franco died in 1975. The transition to democracy took some years, but the cultural and sexual revolution happened fast. It was a time of hope, but also of political and social conflict. With democracy under threat around the world, Mencos reflects on the impact that authoritarianism has in every aspect of a person's life, and the decades-long shadow it casts.

First Aid, CPR, AED (National Safety Council)

Instructor: Jim Spano Dates: 7/21/2023 - 7/21/2023

Time: 9:30 AM - 2:30 PM Day: Thursday Method: Hyflex This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 "C" method of CHECK – CALL - CARE! Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported/ evaluated by medical qualified staff members. Each participant will receive a student book and pocket guide and 2 year certificate. Limited to 15 students per class.

Defensive Driving Course: National Safety Council Instructor: Jim Spano

Dates: 7/24/2023 - 7/24/2023

Time: 9:30 AM - 2:30 PM Day: Monday Method: Hyflex

By recognizing that safe driving is a matter of personal choices, participants will develop the mental skills and knowledge to become a defensive driver. The class focus will be on the seven most common driving mistakes and how to overcome them, along with the five conditions that affect your driving skills and response time. Completion of this course may result in a discount on auto insurance.

OLLI Member Ice Cream Social Dates: 7/26/2023 - 7/26/2023

Time: 1:00 PM - 2:00 PM

Day: Wednesday Method: Classroom

Come join us on **Wednesday, July 26th at 1PM** for an Ice Cream Social. Hang out with new and old friends while getting a much-needed break from the heat. Everyone must register to attend, so we know how many to expect.

August

iPhone 2.0

Instructor: BH TECHNOLOGY GROUP; Dave Oblinger Dates: 8/10/2023 - 8/10/2023 Time: 10:00 AM - 11:30 AM

Day: Thursday **Method:** Hyflex This is lesson one of additional topics on using the iPhone. These items are not normally covered in an iPhone class by BH Technology Group. More information in desciption online.

Dreams Speak

Instructor: Carolyn Stephens Dates: 8/16/2023 - 8/16/2023 Time: 1:00 PM - 2:30 PM Day: Wednesday Method: Classroom Dreams are a form of communication beyond our five

senses. In antiquity, people believed God spoke to them through dreams. Today, God still speaks. Let's explore a few biblical dreams to enhance our lives plus a couple of my dreams for connectivity.



Free to Members Sign-up here.